# The Old Catholic Apostolic Church

# **Weekly Liturgy Year 1**



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#### **General Information**

I have done my best to bring this book into the 21st century, to make it more inclusive and to use the language, not of Jacobian England, but that which is understandable to all modern English speakers. The spelling is that of the U.K. There may be those who prefer the earlier version. I have heard it argued that using much older language makes it seem more sacred, even though it is less inclusive. The choice is yours.

At present this covers just one year, but later I will be adding both responsorial psalms and alternate Bible readings to cover a three year cycle.

Easter is a movable feast of course, so you will find 56 rather than 52 weeks of readings in an attempt to allow for this. Different books of liturgy label the weeks after Easter in a number of different ways, such as Ordinary Time, Weeks after Trinity etc. In this book they are counted as being after Pentecost.

I am, like all the rest, an imperfect person, so it is possible that this document contains mistakes, or spelling errors or omission perhaps. If you spot any such thing, please inform me so that any necessary changes can be made. This book only covers readings for normal weekly services, plus occasional special days such as Ascension tide. If you require a service for a particular occasion such as a baptism or a wedding, or the full text for a mass, you can find these on the O.C.A.C. web site.

Yours in Christ, Margaret Watson. O.C.A.C.

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+ A.M.D.G.

The Old Catholic Apostolic Church is part of the Liberal Catholic movement and exists to further the work of Christ in the World, and to feed and nurture his flock. It draws its main inspiration for its work from an intense faith in the living Christ, believing that the vitality of the church increases as its members cease to think only of a Christ who lived two thousand years ago, and instead strive the eternal Christ, lives as an almighty spiritual Presence in our world today, guiding and sustaining his people.

'Remember, I am with you each and every day until the end of the age.' Matthew 28 v20, (New International Version).

The Old Catholic Apostolic Church is an independent and self-governing body. 'Old', because we can show our history right back to the first Apostles. 'Catholic', because that means 'universal' and we are part of Christ's work for everyone. 'Apostolic', because Christ told us to go out into the world, 'to preach, baptise and fulfil My mission'. 'Church', because we are! We are modern in vision, because we strive to be as relevant for today, as the 'Acts 2' church was as relevant for their 'today'.

The church is a 'family' and families have family trees. The Old Catholic Apostolic Church is a significant branch of the church that derived from the Roman Catholics who separated to form the 'Old Catholics of Utrecht'. Many of their successors embraced a liberality and openness which was successful in creating the 'Liberal Catholic' churches. Our church is related to them all through our 'family tree' and the coming together of Liberal Catholic, Old Catholic and Apostolic churches which led to the OCAC of today. The OCAC derives its Apostolic Successions from the historic Churches of the East and West, and can trace those successions through multiple lines right back to the first Apostles.

The OCAC has significant ties with the historic Old Catholics and Liberal Catholic movement and is spiritual protector of the worldwide Independent Liberal Catholic Fellowship. OCAC is a worldwide church and has a small, growing, and significant presence through the world.

Other churches are organised as dioceses of congregations, that is great. We are organised as dioceses of ministries, so we serve as Christ calls us (street pastors, chaplains, Christian broadcasters etc.) and can still be with other denominations - our local church! – to worship on a Sunday. We are part-time and unpaid, so have secular work too. But then Paul was a tent maker, the Apostles: fishermen, a tax-collector and the rest, and Jesus himself was a carpenter!

The Old Catholic Apostolic Church is a member of the Independent Catholic Churches Council. Many of its members are part of the Independent Liberal Catholic Fellowship and its bishops are members of the United Free Catholic Bishops Conference.

The church aims to combine traditional sacramental worship with deep mysticism and an abiding witness to the reality of sacramental grace, while at the same time allowing the widest measure of intellectual liberty and respect for individual conscience. It therefore permits its members freedom of interpretation of the scriptures, the creeds and the liturgy.

The church welcomes to its worship all who reverently and sincerely approach them, erecting no barriers in the nature of dogmatic belief. It has no wish to proselytize in an aggressive form from among the adherents of any other denomination. For this reason we welcome people to worship with us without asking or expecting them to leave their original church.

The church is 'modern' in that it holds that the practice of religion should keep pace with human development, growth and enlightenment: but at the same time it is 'historic' in that it holds that the church has handed down a precious heritage from Christ himself.

# **Liturgical Colours**

**White** - the colour of joy. It is used on great festivals, and also on feast days of those who are not martyrs. It takes to itself all other colours.

**Red** - the colour of fire and of blood, is used on days celebrating the Holy Spirit, of the apostles and of martyrs, and at services of healing.

**Violet** - This is used during both Lent and Advent, times of self-examination and self –preparation. It is also used when visiting the sick and at funerals. Its influence is said to be cleansing.

**Green** - This is used after Epiphany and Trinity. It comes in the middle of the spectrum and is said to be associated with good will and of sympathy.

**Rose** - According to well established custom, this supersedes Violet on the fourth Sunday in Lent and the third Sunday in Advent. It is said to be associated with love.

# A table of feasts and holy days observed in the Old Catholic Apostolic Churches throughout the year, including all Sundays in the year

This list does not include the many Saints days, as these are so numerous, and in different places there will be much variety.

The Church Year and its two cycles are based on a fixed calendar of Holy Days (Christmas is always on December 25) and a moveable calendar of Sundays and other important days which depend upon the date of Easter. The earliest day on which Easter can fall is March 22nd, and the latest date is April 25th. This variation depends upon the lunar cycle, and is related to the Jewish religious calendar and its celebration of Passover.

The letters ABC refer to priorities. See notes after this list.

Ist Sunday after Advent 4th Sunday before Christmas Eve		Violet	Α
2nd Sunday after Advent	3rd Sunday before Christmas Eve	Violet	С
3rd Sunday after Advent	2nd Sunday before Christmas Eve	Rose or Violet	В
4th Sunday after Advent	Ist Sunday before Christmas Eve	Violet	С
Nativity of Christ	December 25 <sup>th</sup>	White	Α
Ist Sunday after Christmas		White	С
2nd Sunday after Christmas		White	С
Epiphany	January 6 <sup>th</sup>	White	Α
Ist Sunday after Epiphany		White	С
Baptism of our Lord	January 15 <sup>th</sup>	White	С
2 <sup>nd</sup> Sunday after Epiphany		Green	С
3rd Sunday after Epiphany		Green	С
Presentation of Jesus in the Temple February 2 <sup>nd</sup> (Candlemas)		White	В
4th Sunday after Epiphany		Green	С
5th Sunday after Epiphany		Green	С
6th Sunday after Epiphany		Green	С
Septuagesima	9 weeks before Easter	Red	В

Sexagesima	8 weeks before Easter	Red	В
Quinquagesima	7 weeks before Easter	Red	Α
The First Day of Lent (Ash Wednesday)	movable	Violet	Α
Annunciation	March 25 <sup>th</sup>	White	С
1st Sunday in Lent	movable	Violet	В
2nd Sunday in Lent	movable	Violet	С
3rd Sunday in Lent	movable	Violet	С
4th Sunday in Lent	movable	Rose /Violet	В
5th (Passion) Sunday	movable	Violet	С
Palm Sunday	movable	Violet	Α
Maundy Thursday	movable	White	Α
Good Friday	movable	Violet	Α
Holy Saturday	movable	Violet	Α
Easter Sunday	movable	White	Α
Low Sunday	movable	White	В
2nd Sunday after Easter	movable	White	С
3rd Sunday after Easter	movable	White	С
4th Sunday after Easter	movable	White	С
5th Sunday after Easter	movable	White	С
Ascension Day	40 days after Easter	White	Α
Sunday after	movable	White	С
Ascension Day			
Whit Sunday	7 weeks after Easter	Red	Α
Trinity Sunday	8 weeks after Easter	White	Α
Corpus Christi	Thursday after Trinity Sunday	White	Α
2nd Sunday after Pentecost	movable	White	С

3rd Sunday after Pentecost	movable	Green	D
4th Sunday after Pentecost	movable	Green	D
5th Sunday after Pentecost	movable	Green	D
6th Sunday after Pentecost	movable	Green	D

These colours continue until Advent comes round once more, except on Saints days etc.

# With Regard to the Precedence of Feasts and Holy days

- 1. When two holy days fall upon the same day, the Collect, Epistle and Gospel shall be those of the higher day, but the collect of the day shall be used after that of the day preferred.
- 2. When two holy days of the same rank are on the same day, the priest can decide which one to give precedence to, but should use the collect of the other day as well.
- 3. When a holy day falls into the octave of another holy day the collect epistle and gospel of the former are to be used after that of the day; except on the actual day of a class A festival the collect of the festival shall be used. The exception is All Souls Day when the collect for All Saints is used.
- 4. When a Sunday of Class C or D falls within the Octave of a festival, the collect, epistle and gospel of the festival shall be used, but the Collect of the Sunday shall be used after that of the day.
- 5. A church's dedication festival takes precedence over all but the great festivals of the church.
- 6. The festival of the patron saint of a church has an octave and is accepted as class A.

#### The Sign of the Cross

The use of this sign, whether liturgical or personal, can be traced to the earliest times of the Christian church. When a person makes it over themselves, its purpose is to promote a sense of self-collectedness; to remind them of the Person it symbolises and to help them to realise afresh that where the Person is invoked we trust that no evil can ensue. It can be thought of as a creed in miniature acted out rather than in words. As we touch the forehead and then the solar plexus we are reminded that Christ came down for all humanity, for us, and for our salvation. When we touch first the left, and then the right shoulders, we remember that Christ passed from Earth to Hades and then to glory. The further suggestion about making the sign of the cross is that we consecrate our mind, heart and the organs of action.

Also the sign of the cross is the Christian 'sign of power', a vehicle of spiritual force which flows sometimes from the priest to the people, sometimes from on high into both priest and people.

Made over ourselves, it will draw around us unseen influences which will tend to drive away unwholesome thoughts, while at the same time encouraging the retaining of what is good.

#### Hymns

Hymns included in this book are translations or adaptions of ancient Latin hymns, together with a small number from more recent authors, and to all the writers we say thank you.

#### On the Saying of Services

In general the liturgy is arranged for the singing of the public offices. Where they are said, the sentences of antiphons and psalms or canticles are repeated together by both priest and people. All

join together in the Glorias, the introit, the Kyrie, the Gloria in Excelsis, the Creed, the Sanctus and the Communia. The full liturgies can be found in the church's web page.

In the case of a private daily celebration the priest (and server if one is present) should recite the parts assigned to the people.

# **Omission of Passages**

Any passages or words enclosed in square brackets may be omitted if desired.

# THE COLLECTS, EPISTLES, OLD TESTAMENT & APOCRYPHA and GOSPEL READINGS

Three readings are given for each Sunday. The third is almost always from the gospels, but the first may come from the Old Testament or the Apocrypha, and the second from the New Testament Epistles or other New Testament book.

The Collect, Epistle and Gospel appointed for the Sunday shall be used all the week after, where it Is not otherwise ordered within this book.

The Collect appointed for any Sunday, or other Feast day, could be used at Evening Service of the day before, if that service is at 6pm or later.

# First Sunday in Advent

#### **Collect**

Almighty God, who most wonderfully created humanity in Your own image, we pray for strength so that we can cast away the works of darkness and don the armour of light; that we, being ever mindful of our spiritual heritage, may hasten the coming of Your kingdom on earth; Through Christ our Saviour we ask, Amen.

This collect is to be repeated every day, after the collect appointed for the day, until Christmas Eve.

## **Psalm**

#### Psalm 85 v 8-13

Righteousness goes before him and prepares the way for his steps.

I will listen to what God the Lord says; he promises peace to his people, his faithful servants—but let them not turn to folly.

Righteousness goes before him and prepares the way for his steps.

Surely his salvation is near those who fear him that his glory may dwell in our land. Love and faithfulness meet together; righteousness and peace kiss each other.

Righteousness goes before him and prepares the way for his steps.

Faithfulness springs forth from the earth, and righteousness looks down from heaven.

The Lord will indeed give what is good, and our land will yield its harvest.

Righteousness goes before him, and prepares the way for his steps.

# **Old Testament**

## Isaiah 55 v 1-11

"Come, all you who are thirsty, come to the waters; and you who have no money, come, buy and eat! Come, buy wine and milk without money and without cost. Why spend money on what is not bread, and your labour on what does not satisfy? Listen, listen to me, and eat what is good, and you will delight in the richest of fare. Give ear and come to me; listen, that you may live. I will make an everlasting covenant with you, my faithful love promised to David. See, I have made him a witness to the peoples, a ruler and commander of the peoples. Surely you will summon nations you know not, and nations you do not know will come running to you, because of the Lord your God, the Holy One of Israel, for he has endowed you with splendour." Seek the Lord while he may be found; call on him while he is near .Let the wicked forsake their ways and the unrighteous their thoughts. Let them turn to the Lord, and he will have mercy on them, and to our God, for he will freely pardon. "For my thoughts are not your thoughts, neither are your ways my ways," declares the Lord. "As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than

your thoughts. As the rain and the snow come down from heaven, and do not return to it without watering the earth and making it bud and flourish, so that it yields seed for the sower and bread for the eater, so is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it.

# The Epistle

#### Romans, 13 v 1-14

Let everyone be subject to the governing authorities, for there is no authority except that which God has established. The authorities that exist have been established by God. Consequently, whoever rebels against the authority is rebelling against what God has instituted, and those who do so will bring judgment on themselves. For rulers hold no terror for those who do right, but for those who do wrong. Do you want to be free from fear of the one in authority? Then do what is right and you will be commended. For the one in authority is God's servant for your good. But if you do wrong, be afraid, for rulers do not bear the sword for no reason. They are God's servants, agents of wrath to bring punishment on the wrongdoer. Therefore, it is necessary to submit to the authorities, not only because of possible punishment but also as a matter of conscience. This is also why you pay taxes, for the authorities are God's servants, who give their full time to governing. Give to everyone what you owe them: If you owe taxes, pay taxes; if revenue, then revenue; if respect, then respect; if honour, then honour. Let no debt remain outstanding, except the continuing debt to love one another, for whoever loves others has fulfilled the law. The commandments, "You shall not commit adultery," "You shall not murder," "You shall not steal," "You shall not covet," and whatever other command there may be, are summed up in this one command: "Love your neighbour as yourself." Love does no harm to a neighbour. Therefore love is the fulfilment of the law.

And do this, understanding the present time: The hour has already come for you to wake up from your slumber, because our salvation is nearer now than when we first believed. The night is nearly over; the day is almost here. So let us put aside the deeds of darkness and put on the armour of light. Let us behave decently, as in the daytime, not in carousing and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy. Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the flesh.

## The Gospel

#### Luke 21 v 27 - 32

At that time they will see the Son of Man coming in a cloud with power and great glory. When these things begin to take place, stand up and lift up your heads, because your redemption is drawing near." He told them this parable: "Look at the fig tree and all the trees. When they sprout leaves, you can see for yourselves and know that summer is near. Even so, when you see these things happening, you know that the kingdom of God is near. "Truly I tell you, this generation will certainly not pass away until all these things have happened. Heaven and earth will pass away, but my words will never pass away.

# **Second Sunday in Advent**

## **Collect**

O God, our creator and preserver, we thank you for your never-failing love; and earnestly dissolve and resolve to praise You not only with our lips, but in our lives, as we walk before you in holiness and righteousness every day, through Christ our Saviour, Amen

#### **Psalm**

## Psalm 33, verses 1-9 and 20-22

We wait on the Lord; he is our help and our shield.

Rejoice in the Lord, righteous ones; for the praise of the upright is beautiful. With the lyre, give thanks to the Lord; with the ten stringed harp, play music to him; with a new song, sing to him; with shouts of joy, play skilfully.

We wait on the Lord; he is our help and our shield.

For the word of the Lord is upright; and all his works are done in faithfulness. He loves righteousness and justice; the world is filled with the gracious love of the Lord. By the word of the Lord the heavens were made; all the heavenly bodies by the breath of his mouth.

We wait on the Lord; he is our help and our shield.

He gathered the oceans into a single place; he put the deep water into storehouses. Let all the world fear the Lord; let all the inhabitants of the world stand in awe of him; because he spoke and it came to be, because he commanded, it stood firm.

We wait on the Lord; he is our help and our shield.

Indeed, our heart will rejoice in him, because we have placed our trust in his holy name. Lord, may your gracious love be upon us, even as we hope in you.

We wait on the Lord; he is our help and our shield.

## **Old Testament**

#### Isaiah 11 v 1-10

A shoot will come up from the stump of Jesse; from his roots a Branch will bear fruit. The Spirit of the Lord will rest on him— the Spirit of wisdom and of understanding, the Spirit of counsel and of might, the Spirit of the knowledge and fear of the Lord—and he will delight in the fear of the Lord. He will not judge by what he sees with his eyes, or decide by what he hears with his ears; but with righteousness he will judge the needy, with justice he will give decisions for the poor of the earth. He will strike the earth with the rod of his mouth; with the breath of his lips he will slay the wicked. Righteousness will be his belt and faithfulness the sash around his waist. The wolf will live with the lamb, the leopard will lie down with the goat, the calf and the lion and the yearling together; and a little child will lead them. The cow will feed with the bear, their young will lie down together, and the lion will eat straw like the ox. The infant will play near the cobra's den, and the young child will put its hand into the viper's nest. They will neither harm nor destroy on all my holy mountain, for the earth will be filled with the knowledge of the Lord as the waters cover the sea. In that day the

Root of Jesse will stand as a banner for the peoples; the nations will rally to him, and his resting place will be glorious.

# **Epistle**

#### 1 Thessalonians 5 v 11-18.

Encourage one another and build each other up, just as in fact you are doing. Now we ask you, brothers and sisters, to acknowledge those who work hard among you, who care for you in the Lord and who admonish you. Hold them in the highest regard in love because of their work. Live in peace with each other. And we urge you, brothers and sisters, warn those who are idle and disruptive, encourage the disheartened, help the weak, be patient with everyone. Make sure that nobody pays back wrong for wrong, but always strive to do what is good for each other and for everyone else. Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. Do not quench the Spirit. Do not treat prophecies with contempt, but test them all; hold on to what is good, reject every kind of evil. May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do it. Brothers and sisters, pray for us. Greet all God's people with a holy kiss. I charge you before the Lord to have this letter read to all the brothers and sisters. The grace of our Lord Jesus Christ be with you.

# Gospel

## St Mark 4, v 24 - 32.

Consider carefully what you hear," he continued. "With the measure you use, it will be measured to you—and even more. Whoever has will be given more; whoever does not have, even what they have will be taken from them." He also said, "This is what the kingdom of God is like. A man scatters seed on the ground. Night and day, whether he sleeps or gets up, the seed sprouts and grows, though he does not know how. All by itself the soil produces grain—first the stalk, then the head, then the full kernel in the head. As soon as the grain is ripe, he puts the sickle to it, because the harvest has come." Again he said, "What shall we say the kingdom of God is like, or what parable shall we use to describe it? It is like a mustard seed, which is the smallest of all seeds on earth. Yet when planted, it grows and becomes the largest of all garden plants, with such big branches that the birds can perch in its shade."

# 3rd Sunday in Advent

## **Collect**

O Christ our Lord, we pray for strength to increase and to multiply within us your heavenly grace, so that we, loving you above all else, may faithfully serve you in good works; you who live and reign in the unity of the Trinity, one God throughout all ages. Amen.

#### **Psalm**

#### Psalm 126 v 1-6

The great things that the Lord has done for us gladden us.

When the Lord brought back Zion's exiles, we were like dreamers. Then our mouths were filled with laughter, and our tongues formed joyful shouts. Then it was said among the nations, "The Lord has done great things for them."

The great things that the Lord has done for us gladden us.

Restore our exiles, Lord, like the streams of the Negev. Those who weep while they plant will sing for joy while they harvest. The one who goes out weeping, carrying a bag of seeds, will surely return with a joyful song, bearing sheaves from his harvest.

The great things that the Lord has done for us gladden us.

# The Old Testament

## Malachi 1 v 11 - 14.

My name will be great among the nations, from where the sun rises to where it sets. In every place incense and pure offerings will be brought to me, because my name will be great among the nations," says the Lord Almighty. "But you profane it by saying, 'The Lord's table is defiled,' and, 'Its food is contemptible.' And you say, 'What a burden!' and you sniff at it contemptuously," says the Lord Almighty. "When you bring injured, lame or diseased animals and offer them as sacrifices, should I accept them from your hands?" says the Lord. 1"Cursed is the cheat who has an acceptable male in his flock and vows to give it, but then sacrifices a blemished animal to the Lord. For I am a great king," says the Lord Almighty, "and my name is to be feared among the nations.

## The Epistle

# James 5 v 7-10

Be patient, then, brothers and sisters, until the Lord's coming. See how the farmer waits for the land to yield its valuable crop, patiently waiting for the autumn and spring rains. You too, be patient and stand firm, because the Lord's coming is near. Don't grumble against one another, brothers and sisters, or you will be judged. The Judge is standing at the door! Brothers and sisters, as an example of patience in the face of suffering, take the prophets who spoke in the name of the Lord.

# The Gospel

#### Mark 1 v 1-8

The beginning of the good news about Jesus the Messiah, the Son of God, as it is written in Isaiah the prophet: "I will send my messenger ahead of you who will prepare your way, a voice of one calling in the wilderness, 'Prepare the way for the Lord, make straight paths for him.'" And so John the Baptist appeared in the wilderness, preaching a baptism of repentance for the forgiveness of sins. The whole Judean countryside and all the people of Jerusalem went out to him. Confessing their sins, they were baptized by him in the Jordan River. John wore clothing made of camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. And this was his message: "After me comes the one more powerful than I, the straps of whose sandals I am not worthy to stoop down and untie. I baptize you with water, but he will baptize you with the Holy Spirit.

# **Fourth Sunday in Advent**

## The Collect

Almighty and everlasting God, we pray that You will always inspire your church universal with the spirit of truth, unity and concord, that all who confess your holy name may agree in the truth of your holy word and live in unity and godly love, through Christ our Lord, Amen.

#### **Psalm**

# Psalm 89 verses 1-4 and 19-24

I will declare that your gracious love was established forever; in the heavens itself, you have established your faithfulness.

I will sing forever about the gracious love of the Lord; from generation to generation I will declare your faithfulness with my mouth I have made a covenant with my chosen one; I have made a promise to David, my servant. "I will establish your dynasty forever, and I will lift up one who will build your throne from generation to generation."

I will declare that your gracious love was established forever; in the heavens itself, you have established your faithfulness.

You spoke to your faithful ones through a vision: "I will set a helper over a warrior. I will raise up a chosen one from the people. I have found my servant David; I have anointed him with my sacred oil, with whom my power will be firmly established; for my arm will strengthen him.

I will declare that your gracious love was established forever; in the heavens itself, you have established your faithfulness.

No enemy will deceive him; no wicked person will afflict him. I will crush his enemies before him and strike those who hate him. My faithfulness and gracious love will be with him, and in my name his power will be exalted

I will declare that your gracious love was established forever; in the heavens itself, you have established your faithfulness.

## **Old Testament**

#### Isaiah 7 v 10-14

The Lord spoke to Ahaz, Ask the Lord your God for a sign, whether in the deepest depths or in the highest heights." But Ahaz said, "I will not ask; I will not put the Lord to the test." Then Isaiah said, "Hear now, you house of David! Is it not enough to try the patience of humans? Will you try the patience of my God also? Therefore the Lord himself will give you a sign: The virgin will conceive and give birth to a son, and will call him Immanuel.

# The Epistle

#### 1 Corinthians 12 v 12-27

Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ. For we were all baptized by one Spirit so as to form one body—whether Jews or Gentiles, slave or free—and we were all given the one Spirit to drink. Even so the body is not made up of one part but of many. Now if the foot should say, "Because I am not a hand, I do not belong to the body," it would not for that reason stop being part of the body. And if the ear should say, "Because I am not an eye, I do not belong to the body," it would not for that reason stop being part of the body. If the whole body were an eye, where would the sense of hearing be? If the whole body were an ear, where would the sense of smell be? But in fact God has placed the parts in the body, every one of them, just as he wanted them to be. If they were all one part, where would the body be? As it is, there are many parts, but one body. The eye cannot say to the hand, "I don't need you!" And the head cannot say to the feet, "I don't need you!" On the contrary, those parts of the body that seem to be weaker are indispensable, and the parts that we think are less honourable we treat with special honour. And the parts that are unpresentable are treated with special modesty, while our presentable parts need no special treatment. But God has put the body together, giving greater honour to the parts that lacked it, so that there should be no division in the body, but that its parts should have equal concern for each other. If one part suffers, every part suffers with it; if one part is honoured, every part rejoices with it. Now you are the body of Christ, and each one of you is a part of it.

# The Gospel

#### John 13 v 3-20 & verses 34 and 35.

Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God; so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him. He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" Jesus replied, "You do not realize now what I am doing, but later you will understand." "No," said Peter, "you shall never wash my feet." Jesus answered, "Unless I wash you, you have no part with me." "Then, Lord," Simon Peter replied, "not just my feet but my hands and my head as well!" Jesus answered, "Those who have had a bath need only to wash their feet; their whole body is clean. And you are clean, though not every one of you." For he knew who was going to betray him, and that was why he said not everyone was clean. When he had

finished washing their feet, he put on his clothes and returned to his place. "Do you understand what I have done for you?" he asked them. "You call me 'Teacher' and 'Lord,' and rightly so, for that is what I am. Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. I have set you an example that you should do as I have done for you. Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. Now that you know these things, you will be blessed if you do them. I am not referring to all of you; I know those I have chosen. But this is to fulfil this passage of Scripture: 'He who shared my bread has turned against me.' I am telling you now before it happens, so that when it does happen you will believe that I am who I am. Very truly I tell you, whoever accepts anyone I send accepts me; and whoever accepts me accepts the one who sent me. A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another."

# The Nativity, Christmas Day

#### **Collect**

Dear and Holy Lord, we praise you, we bless you, we wholeheartedly thank and glorify you for this glorious feast of Christmas, praying that, just as you were born on earth for us, may you be born and live forever in the hearts of all people, together in the glorious Trinity with God the father and the Holy Spirit, through all the ages, Amen.

# **Psalm**

#### Psalm 111 v 1-10

Hallelujah! I will give thanks to the Lord with all of my heart in the congregation of his people

Great are the acts of the Lord; they are within reach of all who desire them. Splendid and glorious are his awesome deeds, and his righteousness endures forever. He is remembered for his awesome deeds; the Lord is gracious and compassionate.

Hallelujah! I will give thanks to the Lord with all of my heart in the congregation of his people

He prepares food for those who fear him; he is ever mindful of his covenant. He revealed his mighty deeds to his people by giving them a country of their own.

Hallelujah! I will give thanks to the Lord with all of my heart in the congregation of his people

Whatever he does is reliable and just, and all his precepts are trustworthy, sustained through all eternity, and fashioned in both truth and righteousness.

Hallelujah! I will give thanks to the Lord with all of my heart in the congregation of his people

He sent deliverance to his people; he ordained his covenant to last forever; his name is holy and awesome. The fear of the Lord is the beginning of wisdom; sound understanding belongs to those who practice it. Praise of God endures forever.

Hallelujah! I will give thanks to the Lord with all of my heart in the congregation of his people

# **Old Testament**

#### Isaiah 9 v 2 - 7

The people walking in darkness have seen a great light; on those living in the land of deep darkness a light has dawned. You have enlarged the nation and increased their joy; they rejoice before you as people rejoice at the harvest, as warriors rejoice when dividing the plunder. For as in the day of Midian's defeat, you have shattered the yoke that burdens them, the bar across their shoulders, the rod of their oppressor. Every warrior's boot used in battle and every garment rolled in blood will be destined for burning, will be fuel for the fire. For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counsellor, Mighty God, Everlasting Father, Prince of Peace. Of the greatness of his government and peace there will be no end. He will reign on David's throne and over his kingdom, establishing and upholding it with justice and righteousness from that time on and forever. The zeal of the Lord Almighty will accomplish this.

# The Epistle

#### **Hebrews 1 v 1-14**

In the past God spoke to our ancestors through the prophets at many times and in various ways, but in these last days he has spoken to us by his Son, whom he appointed heir of all things, and through whom also he made the universe. The Son is the radiance of God's glory and the exact representation of his being, sustaining all things by his powerful word. After he had provided purification for sins, he sat down at the right hand of the Majesty in heaven. So he became as much superior to the angels as the name he has inherited is superior to theirs .For to which of the angels did God ever say, "You are my Son; today I have become your Father"? Or again, "I will be his Father, and he will be my Son"? And again, when God brings his firstborn into the world, he says, "Let all God's angels worship him." In speaking of the angels he says, "He makes his angels spirits, and his servants flames of fire." But about the Son he says, "Your throne, O God, will last for ever and ever; a sceptre of justice will be the sceptre of your kingdom. You have loved righteousness and hated wickedness; therefore God, your God, has set you above your companions by anointing you with the oil of joy. He also says, "In the beginning, Lord, you laid the foundations of the earth, and the heavens are the work of your hands. They will perish, but you remain; they will all wear out like a garment You will roll them up like a robe; like a garment they will be changed .But you remain the same, and your years will never end." To which of the angels did God ever say, "Sit at my right hand until I make your enemies a footstool for your feet"? Are not all angels ministering spirits sent to serve those who will inherit salvation?

# The Gospel (1)

## John 1 v 1-14

In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning. Through him all things were made; without him nothing was made that has been made. In him was life, and that life was the light of all mankind. The light shines in the darkness, and the darkness has not overcome it. There was a man sent from God whose name was John. He came as a witness to testify concerning that light, so that through him all might believe. He himself was not the light; he came only as a witness to the light. The true light that gives light to everyone was coming into the world. He was in the world, and though the world was made through

him, the world did not recognize him. He came to that which was his own, but his own did not receive him. Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God— children born not of natural descent, nor of human decision or a husband's will, but born of God. The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth.

# The Gospel (2)

## Matthew 2 v 1-12

After Jesus was born in Bethlehem in Judea, during the time of King Herod, Magi[a] from the east came to Jerusalem and asked, "Where is the one who has been born king of the Jews? We saw his star when it rose and have come to worship him." When King Herod heard this he was disturbed, and all Jerusalem with him. When he had called together all the people's chief priests and teachers of the law, he asked them where the Messiah was to be born. "In Bethlehem in Judea," they replied, "for this is what the prophet has written: "'But you, Bethlehem, in the land of Judah, are by no means least among the rulers of Judah; for out of you will come a ruler who will shepherd my people Israel. "Then Herod called the Magi secretly and found out from them the exact time the star had appeared. He sent them to Bethlehem and said, "Go and search carefully for the child. As soon as you find him, report to me, so that I too may go and worship him." After they had heard the king, they went on their way, and the star they had seen when it rose went ahead of them until it stopped over the place where the child was. When they saw the star, they were overjoyed. On coming to the house, they saw the child with his mother Mary, and they bowed down and worshiped him. Then they opened their treasures and presented him with gifts of gold, frankincense and myrrh. And having been warned in a dream not to go back to Herod, they returned to their country by another route.

#### **Christmas 1**

# Collect

Almighty God, who wonderfully created us in your own image and yet more wonderfully restored us, through your Son Jesus Christ, grant that, just as he came to share in our humanity, we in turn may share in his divine life, as he lives and reigns with you and the Holy Spirit, Amen.

# **Psalm**

## Psalm 116 v 12-18

What shall I return to the Lord for all his goodness to me?

I will lift up the cup of salvation and call on the name of the Lord. I will fulfil my vows to the Lord in the presence of all his people. Precious in the sight of the Lord is the death of his faithful servants. Truly I am your servant, Lord;

What shall I return to the Lord for all his goodness to me?

I serve you just as my mother did; you have freed me from my chains .I will sacrifice a thank offering to you and call on the name of the Lord. I will fulfil my vows to the Lord in the presence of all his people.

#### **Old Testament**

#### I Samuel 1 v 20-28

In the course of time Hannah became pregnant and gave birth to a son. She named him Samuel, saying, "Because I asked the LORD for him." When her husband Elkanah went up with all his family to offer the annual sacrifice to the LORD and to fulfil his vow, Hannah did not go. She said to her husband, "After the boy is weaned, I will take him and present him before the LORD, and he will live there always." "Do what seems best to you," her husband Elkanah told her. "Stay here until you have weaned him; only may the LORD make good his word." So the woman stayed at home and nursed her son until she had weaned him. After he was weaned, she took the boy with her, young as he was, along with a three-year-old bull, an ephah of flour and a skin of wine, and brought him to the house of the LORD at Shiloh. When the bull had been sacrificed, they brought the boy to Eli, and she said to him, "Pardon me, my lord. As surely as you live, I am the woman who stood here beside you praying to the LORD. I prayed for this child, and the LORD has granted me what I asked of him. So now I give him to the LORD. For his whole life he will be given over to the LORD." And he worshiped the LORD there.

# **Epistle**

## Galatians 4 v 1-7

What I am saying is this: As long as an heir is a child, he is no better off than a slave, even though he owns everything. Instead, he is placed under the care of guardians and servant managers until the time set by the father. It was the same way with us. While we were children, we were slaves to the basic principles of the world. But when the appropriate time had come, God sent his Son, born by a woman, born under the Law, in order to redeem those who were under the Law, and thus to adopt them as his children. Now because you are his children, God has sent the Spirit of his Son into our[c] hearts to cry out, "Abba! Father!" So you are no longer a slave but a child, and if you are a child, then you are also an heir because of what God did.

# Gospel

#### John 1 v 14-18

The Word became flesh and lived among us. We gazed on his glory, the kind of glory that belongs to the Father's uniquely existing Son,[I] who is full of grace and truth. John told the truth about him when he cried out, "This is the person about whom I said, 'The one who comes after me ranks higher than me, because he existed before me.'" We have all received one gracious gift after another from his abundance, because while the Law was given through Moses, grace and truth came through Jesus the Messiah. No one has ever seen God. The uniquely existing God, who is close to the Father's side, has revealed him.

# **New Year's Day**

## **Collect**

Jesus Christ, the new born child, yet also the Ancient of Days, we dedicate this new-born year to you, praying that your holy church may love you more, and serve you better, growing ever in your heavenly wisdom as the years roll by , who, throughout eternity lives and reigns, one God with Father and Holy Spirit.

#### **Psalm**

## Psalm 67 v 1-7

May God be gracious to us and bless us and make his face shine on us

So that your ways may be known on earth, your salvation among all nations.

May the peoples praise you, God; may all the peoples praise you.

May the nations be glad and sing for joy, for you rule the peoples with equity and guide the nations of the earth. May the peoples praise you, God; may all the peoples praise you.

May the peoples praise you, God; may all the peoples praise you.

The land yields its harvest; God, our God, blesses us. May God bless us still, so that all the ends of the earth will fear him.

May the peoples praise you, God; may all the peoples praise you.

## **Old Testament**

#### Isaiah 7 v 10-14

Again the Lord spoke to Ahaz, "Ask the Lord your God for a sign, whether in the deepest depths or in the highest heights." But Ahaz said, "I will not ask; I will not put the Lord to the test." Then Isaiah said, "Hear now, you house of David! Is it not enough to try the patience of humans. Will you try the patience of my God also? Therefore the Lord himself will give you a sign: The virgin will conceive and give birth to a son, and will call him Immanuel.

# **Epistle**

# Romans 6 v 3 -23

Don't you know that all of us who were baptized into Christ Jesus were baptized into his death? We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life. For if we have been united with him in a death like his, we will certainly also be united with him in a resurrection like his. For we know that our old self was crucified with him, so that the body ruled by sin might be done away with, that we should no longer be slaves to sin— because anyone who has died has been set free from sin. Now if we died with Christ, we believe that we will also live with him. For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him. The death he died, he died to sin once for all; but the life he lives, he lives to God. In the same

way, count yourselves dead to sin but alive to God in Christ Jesus. Therefore do not let sin reign in your mortal body so that you obey its evil desires. Do not offer any part of yourself to sin as an instrument of wickedness, but rather offer yourselves to God as those who have been brought from death to life; and offer every part of yourself to him as an instrument of righteousness. For sin shall no longer be your master, because you are not under the law, but under grace. What then? Shall we sin because we are not under the law but under grace? By no means! Don't you know that when you offer yourselves to someone as obedient slaves, you are slaves of the one you obey—whether you are slaves to sin, which leads to death, or to obedience, which leads to righteousness? But thanks be to God that, though you used to be slaves to sin, you have come to obey from your heart the pattern of teaching that has now claimed your allegiance. You have been set free from sin and have become slaves to righteousness. I am using an example from everyday life because of your human limitations. Just as you used to offer yourselves as slaves to impurity and to ever-increasing wickedness, so now offer yourselves as slaves to righteousness leading to holiness. When you were slaves to sin, you were free from the control of righteousness. What benefit did you reap at that time from the things you are now ashamed of? Those things result in death. But now that you have been set free from sin and have become slaves of God, the benefit you reap leads to holiness, and the result is eternal life, for the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

## Gospel

#### Matthew 5 v 14 -16 & 43-48.

You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

"You have heard that it was said, 'Love your neighbour and hate your enemy.' But I tell you, love your enemies and pray for those who persecute you, that you may be children of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. If you love those who love you, what reward will you get? Are not even the tax collectors doing that? And if you greet only your own people, what are you doing more than others? Do not even pagans do that? Be perfect, therefore, as your heavenly Father is perfect. The wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

# **Epiphany**

#### Collect

O God, who by the leading of a star showed our Lord to the Wise Men of old, we ask for both zeal and wisdom in guiding longing souls to you, who are ever Abba God to all.

#### **Psalm**

## Psalm 72, 17-19

May his name endure forever; may it continue as long as the sun.

Then all nations will be blessed through him, and they will call him blessed. Praise be to the LORD God, the God of Israel, who alone does marvellous deeds.

May his name endure forever; may it continue as long as the sun.

Praise be to his glorious name forever; may the whole earth be filled with his glory. Amen and Amen.

May his name endure forever; may it continue as long as the sun.

## **Old Testament**

#### Isaiah 49 v 1-6

Listen to me, you islands; hear this, you distant nations: Before I was born the Lord called me; from my mother's womb he has spoken my name. He made my mouth like a sharpened sword, in the shadow of his hand he hid me; he made me into a polished arrow and concealed me in his quiver. He said to me, "You are my servant, Israel, in whom I will display my splendour." But I said, "I have laboured in vain; I have spent my strength for nothing at all. Yet what is due me is in the Lord's hand, and my reward is with my God." And now the Lord says—he who formed me in the womb to be his servant to bring Jacob back to him and gather Israel to himself, for I am honoured in the eyes of the Lord and my God has been my strength—he says: "It is too small a thing for you to be my servant to restore the tribes of Jacob and bring back those of Israel I have kept. I will also make you a light for the Gentiles, that my salvation may reach to the ends of the earth."

#### **New Testament**

## Revelation 21 v 3 - 7 and Revelation 22 v 17 - 18

I heard a loud voice from the throne saying, "Look! God's dwelling place is now among the people, and he will dwell with them. They will be his people, and God himself will be with them and be their God. 'He will wipe every tear from their eyes. There will be no more death] or mourning or crying or pain, for the old order of things has passed away." He who was seated on the throne said, "I am making everything new!" Then he said, "Write this down, for these words are trustworthy and true." He said to me: "It is done. I am the Alpha and the Omega, the Beginning and the End. To the thirsty I will give water without cost from the spring of the water of life. 7 Those who are victorious will inherit all this, and I will be their God and they will be my children. "Look, I am coming soon! My reward is with me, and I will give to each person according to what they have done. I am the Alpha and the Omega, the First and the Last, the Beginning and the End. "Blessed are those who wash their robes, that they may have the right to the tree of life and may go through the gates into the city. "I, Jesus, have sent my angel to give you this testimony for the churches. I am the Root and the Offspring of David, and the bright Morning Star." The Spirit and the bride say, "Come!" And let the one who hears say, "Come!" Let the one who is thirsty come; and let the one who wishes take the free gift of the water of life. I warn everyone who hears the words of the prophecy of this scroll: If anyone adds anything to them, God will add to that person the plagues described in this scroll. And if anyone takes words away from this scroll of prophecy, God will take away from that person any share in the tree of life and in the Holy City, which are described in this scroll.

# Gospel

#### Luke 7 v 2 - 10

A centurion's servant, whom he valued highly, was sick and about to die. When the centurion heard about Jesus, he sent some Jewish elders to him to ask him to come and save his servant's life. So they went to Jesus and begged him repeatedly, "He deserves to have this done for him, because he loves our people and built our synagogue for us." So Jesus went with them. He was not far from the house when the centurion sent friends to tell Jesus, "Sir, stop troubling yourself, because I'm not worthy to have you come under my roof. That's why I didn't presume to come to you. But just say the word, and let my servant be healed, because I, too, am a man under authority and have soldiers under me. I say to one 'Go' and he goes, to another 'Come' and he comes, and to my servant 'Do this' and he does it." When Jesus heard this, he was amazed at him. Turning to the crowd that was following him, he said, "I tell you, not even in Israel have I found this kind of faith!" Then the men who had been sent returned to the house and found the servant in perfect health.

# **Epiphany 2**

#### **Collect**

Almighty God, who, at his baptism anointed Jesus with your Holy Spirit, and revealed him as your beloved Son, inspire us as your children who are born of water and the Spirit, to surrender our lives to your service, that we may rejoice to be called the children of God, through our Lord Jesus Christ.

#### **Psalm**

#### Psalm 112, v 3-13

Great is the Lord and most worthy of praise; his greatness no one can fathom.

One generation commends your works to another; they tell of your mighty acts. They speak of the glorious splendour of your majesty— and I will meditate on your wonderful works. They tell of the power of your awesome works— and I will proclaim your great deeds.

Great is the Lord and most worthy of praise; his greatness no one can fathom.

They celebrate your abundant goodness and joyfully sing of your righteousness. The Lord is gracious and compassionate, slow to anger and rich in love. The Lord is good to all; he has compassion on all he has made. All your works praise you, Lord; your faithful people extol you.

Great is the Lord and most worthy of praise; his greatness no one can fathom.

They tell of the glory of your kingdom and speak of your might, so that all people may know of your mighty acts and the glorious splendour of your kingdom. Your kingdom is an everlasting kingdom, and your dominion endures through all generations.

Great is the Lord and most worthy of praise; his greatness no one can fathom.

#### **Old Testament**

#### 1 Samuel 3 v 1-10 & verse 19,

The boy Samuel ministered before the Lord under Eli. In those days the word of the Lord was rare; there were not many visions. One night Eli, whose eyes were becoming so weak that he could barely see, was lying down in his usual place. he lamp of God had not yet gone out, and Samuel was lying down in the house of the Lord, where the ark of God was. Then the Lord called Samuel. Samuel answered, "Here I am." And he ran to Eli and said, "Here I am; you called me." But Eli said, "I did not call; go back and lie down." So he went and lay down again. Again the Lord called, "Samuel!" And Samuel got up and went to Eli and said, "Here I am; you called me." "My son," Eli said, "I did not call; go back and lie down." Now Samuel did not yet know the Lord: The word of the Lord had not yet been revealed to him. A third time the Lord called, "Samuel!" And Samuel got up and went to Eli and said, "Here I am; you called me." Then Eli realized that the Lord was calling the boy. So Eli told Samuel, "Go and lie down, and if he calls you, say, 'Speak, Lord, for your servant is listening." So Samuel went and lay down in his place. The Lord came and stood there, calling as at the other times, "Samuel! Samuel!" Then Samuel said, "Speak, for your servant is listening." The Lord was with Samuel as he grew up, and he let none of Samuel's words fall to the ground.

#### **New Testament**

#### Acts 26 v 1- 9 & v20

Agrippa said to Paul, "You have permission to speak for yourself. Paul responded, "I too was convinced that I ought to do all that was possible to oppose the name of Jesus of Nazareth. And that is just what I did in Jerusalem. On the authority of the chief priests I put many of the Lord's people in prison, and when they were put to death, I cast my vote against them. Many a time I went from one synagogue to another to have them punished, and I tried to force them to blaspheme. I was so obsessed with persecuting them that I even hunted them down in foreign cities. On one of these journeys I was going to Damascus with the authority and commission of the chief priests. About noon, King Agrippa, as I was on the road, I saw a light from heaven, brighter than the sun, blazing around me and my companions. We all fell to the ground, and I heard a voice saying to me in Aramaic, 'Saul, Saul, why do you persecute me? It is hard for you to kick against the goads.' "Then I asked, 'Who are you, Lord?" "'I am Jesus, whom you are persecuting,' the Lord replied. 'Now get up and stand on your feet. I have appeared to you to appoint you as a servant and as a witness of what you have seen and will see of me. I will rescue you from your own people and from the Gentiles. I am sending you to them to open their eyes and turn them from darkness to light, and from the power of Satan to God, so that they may receive forgiveness of sins and a place among those who are sanctified by faith in me." "So then, King Agrippa, I was not disobedient to the vision from heaven. First to those in Damascus, then to those in Jerusalem and in all Judea, and then to the Gentiles, I preached that they should repent and turn to God and demonstrate their repentance by their deeds.

# Gospel

#### Mark 1 v 1-14

This is the beginning of the gospel of Jesus the Messiah, the Son of God. As it is written in the prophet Isaiah, "See! I am sending my messenger ahead of you, who will prepare your way. He is a voice calling out in the wilderness: 'Prepare the way for the Lord! Make his paths straight!'" John was baptizing in the wilderness, proclaiming a baptism about repentance for the forgiveness of sins. People from the whole Judean countryside and all the people of Jerusalem were flocking to him, being baptized by him while they confessed their sins. Now John was dressed in camel's hair with a leather belt around his waist. He ate grasshoppers and wild honey. He kept proclaiming, "The one who is coming after me is stronger than I am, and I am not worthy to bend down and untie his sandal straps. I baptized you with water, but it is he who will baptize you with the Holy Spirit." In those days Jesus came from Nazareth in Galilee and was baptized by John in the Jordan. Just as he was coming up out of the water, he saw the heavens split open and the Spirit descending on him like a dove. Then a voice came from heaven: "You are my Son, whom I love. I am pleased with you!" At once the Spirit drove him into the wilderness. He was in the wilderness for 40 days being tempted by Satan. He was among wild animals, and angels were ministering to him. Now after John had been arrested, Jesus went to Galilee and proclaimed the gospel about the kingdom of God. He said, "The time is now! The kingdom of God is near! Repent, and keep believing the gospel!"

# **Epiphany 3**

#### **Collect**

God of all who sent your son into our dark places, into the border lands, may his dawning light give hope to the broken and persecuted, the alien and the excluded, so that we might know the kingdom is coming, though Christ, the light of our path.

#### **Psalm**

#### Psalm 46

God is our refuge and strength, an ever-present help in trouble.

Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging. There is a river whose streams make glad the city of God, the holy place where the Most High dwells.

God is our refuge and strength, an ever-present help in trouble.

God is within her, she will not fall; God will help her at break of day. Nations are in uproar, kingdoms fall; he lifts his voice, the earth melts. The Lord Almighty is with us; the God of Jacob is our fortress.

God is our refuge and strength, an ever-present help in trouble.

Come and see what the Lord has done, the desolations he has brought on the earth. He makes wars cease to the ends of the earth. He breaks the bow and shatters the spear; he burns the shield, with fire. He says, "Be still, and know that I am God;

God is our refuge and strength, an ever-present help in trouble.

I will be exalted among the nations, I will be exalted in the earth." The Lord Almighty is with us; the God of Jacob is our fortress.

God is our refuge and strength, an ever-present help in trouble.

# First Reading

# Sirach chapter 19 v 6 - 8 & v 13 - 16 (Good News Translation)

Avoid idle talk, and you will avoid a lot of trouble. Never repeat what you hear, and you will have no regrets. Don't tell it to your friends or your enemies unless it would be sinful to keep it to yourself. If you hear that a friend has done something wrong, ask him about it. Maybe it isn't true. If it is true, he won't do it again. If you hear that a neighbour has said something he shouldn't, ask him about it. Maybe he didn't say it. If he did, he won't say it again. If you hear something bad about a friend, ask him about it. It might be a lie. Don't believe everything you hear. A person may say something carelessly and not really mean it. Everyone has sinned in this way at one time or another.

#### **New Testament**

#### Acts 10 v 34-38

Peter began to speak: "I now realize how true it is that God does not show favouritism but accepts from every nation the one who fears him and does what is right. You know the message God sent to the people of Israel, announcing the good news of peace through Jesus Christ, who is Lord of all. You know what has happened throughout the province of Judea, beginning in Galilee after the baptism that John preached— how God anointed Jesus of Nazareth with the Holy Spirit and power, and how he went around doing good and healing all who were under the power of the devil, because God was with him.

# Gospel

# Matthew 23 v 13 - 22 & v 12

Woe to you, teachers of the law and Pharisees, you hypocrites! You shut the door of the kingdom of heaven in people's faces. You yourselves do not enter, nor will you let those enter who are trying to. "Woe to you, teachers of the law and Pharisees, you hypocrites! You travel over land and sea to win a single convert, and when you have succeeded, you make them twice as much a child of hell as you are. "Woe to you, blind guides! You say, 'If anyone swears by the temple, it means nothing; but anyone who swears by the gold of the temple is bound by that oath.' You blind fools! Which is greater: the gold, or the temple that makes the gold sacred? You also say, 'If anyone swears by the altar, it means nothing; but anyone who swears by the gift on the altar is bound by that oath.' You blind men! Which is greater: the gift, or the altar that makes the gift sacred? Therefore, anyone who swears by the altar swears by it and by everything on it. And anyone who swears by the temple swears by it and by the one who dwells in it. And anyone who swears by heaven swears by God's throne and by the one who sits on it. For those who exalt themselves will be humbled, and those who humble themselves will be exalted.

# The Fourth Sunday after Epiphany

## **Collect**

Almighty God, we pray for minds which are calm and steadfast, so that we can deal with the blows of life with both courage and cheerfulness, and always lift our hearts with gladness, to you who are the fullness of joy, Through our Lord Jesus Christ, Amen.

#### **Psalm**

## Psalm 84, 1-7

How lovely is your dwelling place, Lord Almighty!

My soul yearns, even faints, for the courts of the Lord; my heart and my flesh cry out for the living God. Even the sparrow has found a home, and the swallow a nest for herself, where she may have her young—a place near your altar,

How lovely is your dwelling place, Lord Almighty!

Lord Almighty, my King and my God. Blessed are those who dwell in your house; they are ever praising you. Blessed are those whose strength is in you, whose hearts are set on pilgrimage. As they pass through the Valley of Baka, they make it a place of springs the autumn rains also cover it with pools.

How lovely is your dwelling place, Lord Almighty!

They go from strength to strength, till each appears before God in Zion.

How lovely is your dwelling place, Lord Almighty!

## **Old Testament**

## I Kings 8 v 22-30

Solomon stood before the altar of the Lord in front of the whole assembly of Israel, spread out his hands toward heaven and said: "Lord, the God of Israel, there is no God like you in heaven above or on earth below—you who keep your covenant of love with your servants who continue wholeheartedly in your way. You have kept your promise to your servant David my father; with your mouth you have promised and with your hand you have fulfilled it—as it is today. Now Lord, the God of Israel, keep for your servant David my father the promises you made to him when you said, 'You shall never fail to have a successor to sit before me on the throne of Israel, if only your descendants are careful in all they do to walk before me faithfully as you have done.' And now, God of Israel, let your word that you promised your servant David my father came true But will God really dwell on earth? The heavens, even the highest heaven, cannot contain you. How much less this temple I have built! Yet give attention to your servant's prayer and his plea for mercy, Lord my God. Hear the cry and the prayer that your servant is praying in your presence this day. May your eyes be open toward this temple night and day, this place of which you said, 'My Name shall be there,' so that you will hear the prayer your servant prays toward this place. Hear the supplication of your servant and of your people Israel when they pray toward this place. Hear from heaven, your dwelling place, and when you hear, forgive.

# **Epistle**

#### 1 Peter v 3 - 16.

Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish, spoil or fade. This inheritance is kept in heaven for you, who through faith are shielded by God's power until the coming of the salvation that is ready to be revealed in the last time. In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials. These have come so that the proven genuineness of your faith—of greater worth than gold, which perishes even though refined by fire—may result in praise, glory and honour when Jesus Christ is revealed. Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious joy, for you are receiving the end result of your faith, the salvation of your souls. Concerning this salvation, the prophets, who spoke of the grace that was to come to you, searched intently and with the greatest care, trying to find out the time and circumstances to which the Spirit of Christ in them was pointing when he predicted the sufferings of the Messiah and the glories that would follow. It was revealed to them that they were not serving themselves but you, when they spoke of the things that have now been told you by those who have preached the gospel to you by the Holy Spirit sent from heaven. Even angels long to look into these things. Therefore, with minds that are alert and fully sober, set your hope on the grace to be brought to you when Jesus Christ is revealed at his coming. As obedient children, do not conform to the evil desires you had when you lived in ignorance. But just as he who called you is holy, so be holy in all you do; for it is written: "Be holy, because I am holy.

#### The Gospel

# John 16, verses 20- 24 and chapter 15 v 12-17

Very truly I tell you, you will weep and mourn while the world rejoices. You will grieve, but your grief will turn to joy. A woman giving birth to a child has pain because her time has come; but when her baby is born she forgets the anguish because of her joy that a child is born into the world. So with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy. In that day you will no longer ask me anything. Very truly I tell you, my Father will give you whatever you ask in my name. Until now you have not asked for anything in my name. Ask and you will receive, and your joy will be complete. My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one's life for one's friends. You are my friends if you do what I command. I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you. You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last—and so that whatever you ask in my name the Father will give you. This is my command: Love each other.

# The Fifth Sunday after Epiphany

## Collect

O God, whose never ending watchfulness sweetens all, we ask for steadfastness, that we may leave behind sloth, the sin which so often overwhelms us, and that we may always show diligence in your holy service, through Christ our Lord, Amen.

## **Psalm**

#### Psalm 49, v 1, 15-19

Hear this, all you peoples; listen, all who live in this world,

God will redeem me from the realm of the dead; he will surely take me to himself. Do not be overawed when others grow rich, when the splendour of their houses increases; for they will take nothing with them when they die.

Hear this, all you peoples; listen, all who live in this world,

Their splendour will not descend with them. Though while they live they count themselves blessed— and people praise you when you prosper— they will join those who have gone before them, who will never again see the light of life.

Hear this, all you peoples; listen, all who live in this world

#### **Old Testament**

#### Proverbs 2 v 1-9

My child, if you accept my words and store up my commands within you, turning your ear to wisdom and applying your heart to understanding— indeed, if you call out for insight and cry aloud for understanding, and if you look for it as for silver and search for it as for hidden treasure, then you will understand the fear of the Lord and find the knowledge of God .For the Lord gives wisdom; from his mouth come knowledge and understanding. He holds success in store for the upright, he is a shield to those whose walk is blameless, for he guards the course of the just and protects the way of his faithful ones. Then you will understand what is right and just and fair—every good path.

## **Epistle**

## Hebrews 6 v 10 -11 & chapter 12 v 1-14

God is not unjust; he will not forget your work and the love you have shown him as you have helped his people and continue to help them. We want each of you to show this same diligence to the very end, so that what you hope for may be fully realized. Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart. In your struggle against sin, you have not yet resisted to the point of shedding your blood. And have you completely forgotten this word of encouragement that addresses you as a father addresses his son? It says "My son, do not make light

of the Lord's discipline, and do not lose heart when he rebukes you, because the Lord disciplines the one he loves, and he chastens everyone he accepts as his son." Endure hardship as discipline; God is treating you as his children. For what children are not disciplined by their father? If you are not disciplined—and everyone undergoes discipline—then you are not legitimate, not true sons and daughters at all. Moreover, we have all had human fathers who disciplined us and we respected them for it. How much more should we submit to the Father of spirits and live! They disciplined us for a little while as they thought best; but God disciplines us for our good, in order that we may share in his holiness. No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it. Therefore, strengthen your feeble arms and weak knees. "Make level paths for your feet, so that the lame may not be disabled, but rather healed. Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord.

## Gospel

## Matthew 25 v 14 ff

"Again, it will be like a man going on a journey, who called his servants and entrusted his wealth to them. To one he gave five bags of gold, to another two bags, and to another one bag, each according to his ability. Then he went on his journey. The man who had received five bags of gold went at once and put his money to work and gained five bags more. So also, the one with two bags of gold gained two more. But the man who had received one bag went off, dug a hole in the ground and hid his master's money. "After a long time the master of those servants returned and settled accounts with them. The man who had received five bags of gold brought the other five. 'Master,' he said, 'you entrusted me with five bags of gold. See, I have gained five more.' "His master replied, 'Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things. Come and share your master's happiness!' "The man with two bags of gold also came. 'Master,' he said, 'you entrusted me with two bags of gold; see, I have gained two more.' "His master replied, 'Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things. Come and share your master's happiness!" "Then the man who had received one bag of gold came. 'Master,' he said, 'I knew that you are a hard man, harvesting where you have not sown and gathering where you have not scattered seed. So I was afraid and went out and hid your gold in the ground. See, here is what belongs to you." "His master replied, 'You wicked, lazy servant! So you knew that I harvest where I have not sown and gather where I have not scattered seed? Well then, you should have put my money on deposit with the bankers, so that when I returned I would have received it back with interest. "'So take the bag of gold from him and give it to the one who has ten bags. For whoever has will be given more, and they will have an abundance. Whoever does not have, even what they have will be taken from them. And throw that worthless servant outside, into the darkness, where there will be weeping and gnashing of teeth.' "When the Son of Man comes in his glory, and all the angels with him, he will sit on his glorious throne. All the nations will be gathered before him, and he will separate the people one from another as a shepherd separates the sheep from the goats. He will put the sheep on his right and the goats on his left. Then the King will say to those on his right, 'Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.' "Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?' "The King will reply, 'Truly I tell you, whatever you did for

one of the least of these brothers and sisters of mine, you did for me.' "Then he will say to those on his left, 'Depart from me, you who are cursed, into the eternal fire prepared for the devil and his angels. For I was hungry and you gave me nothing to eat, I was thirsty and you gave me nothing to drink, I was a stranger and you did not invite me in, I needed clothes and you did not clothe me, I was sick and in prison and you did not look after me.' "They also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or needing clothes or sick or in prison, and did not help you?' "He will reply, 'Truly I tell you, whatever you did not do for one of the least of these, you did not do for me.' Then they will go away to eternal punishment, but the righteous to eternal life."

# The Sixth Sunday of Epiphany

#### **Collect**

Living One, in whose freedom creation was born as a gift; free us each one from any need to possess, define and silence other people, that we might rejoice together in your strange beauty revealed in flesh and blood; through Jesus Christ, the Reconciliation.

#### **Psalm**

#### Psalm 43 v 1-5

To God, my joy and my delight. I will praise you with the lyre

Vindicate me, my God, and plead my cause against an unfaithful nation. Rescue me from those who are deceitful and wicked. You are God my stronghold. Why have you rejected me? Why must I go about mourning, oppressed by the enemy?

To God, my joy and my delight. I will praise you with the lyre

Send me your light and your faithful care, let them lead me; let them bring me to your holy mountain, to the place where you dwell. Then I will go to the altar of God,

To God, my joy and my delight. I will praise you with the lyre

O God, my God Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Saviour and my God

To God, my joy and my delight. I will praise you with the lyre

# **Old Testament**

#### 2 Samuel 12 v 1-10

The Lord sent Nathan to David. When he came to him, he said, "There were two men in a certain town, one rich and the other poor. The rich man had a very large number of sheep and cattle, but the poor man had nothing except one little ewe lamb he had bought. He raised it, and it grew up with him and his children. It shared his food, drank from his cup and even slept in his arms. It was like a daughter to him. Now a traveller came to the rich man, but the rich man refrained from taking one of his own sheep or cattle to prepare a meal for the traveller who had come to him. Instead, he took the ewe lamb that belonged to the poor man and prepared it for the one who had come to him."

David burned with anger against the man and said to Nathan, "As surely as the Lord lives, the man who did this must die! He must pay for that lamb four times over, because he did such a thing and had no pity."

Then Nathan said to David, "You are the man! This is what the Lord, the God of Israel, says: 'I anointed you king over Israel, and I delivered you from the hand of Saul. I gave your master's house to you, and your master's wives into your arms. I gave you all Israel and Judah. And if all this had been too little, I would have given you even more. Why did you despise the word of the Lord by doing what is evil in his eyes? You struck down Uriah the Hittite with the sword and took his wife to be your own. You killed him with the sword of the Ammonites. Now, therefore, the sword will never depart from your house, because you despised me and took the wife of Uriah the Hittite to be your own.'

# **Epistle**

# James 1 v 2-12

Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything. If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. That person should not expect to receive anything from the Lord. Such a person is double-minded and unstable in all they do. Believers in humble circumstances ought to take pride in their high position. But the rich should take pride in their humiliation—since they will pass away like a wild flower. For the sun rises with scorching heat and withers the plant; its blossom falls and its beauty is destroyed. In the same way, the rich will fade away even while they go about their business. Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him.

# Gospel

# Matthew 24 v 37 - 39 & v 42 - 44

About that day or hour no one knows, not even the angels in heaven, nor the Son, but only the Father. As it was in the days of Noah, so it will be at the coming of the Son of Man. 38 For in the days before the flood, people were eating and drinking, marrying and giving in marriage, up to the day Noah entered the ark; and they knew nothing about what would happen until the flood came and took them all away. That is how it will be at the coming of the Son of Man. Therefore keep watch, because you do not know on what day your Lord will come. But understand this: if the owner of the house had known at what time of night the thief was coming, he would have kept watch and would not have let his house be broken into. So you also must be ready, because the Son of Man will come at an hour when you do not expect him.

# Septuagesima

## **Collect**

O Spirit of God pour out upon us, we pray, your wondrous gifts of wisdom and understanding , that, through them, we may learn to love you more and more , you who lives and reigns with God the Father and the Son, Amen.

#### **Psalm**

## Psalm 103, v 1-13

Bless the Lord, my soul, and all that is within me, bless his holy name.

Bless the Lord, my soul, and never forget any of his benefits: he continues to forgive all your sins, he continues to heal all your diseases, he continues to redeem your life from the pit, and he continuously surrounds you with gracious love and compassion.

Bless the Lord, my soul, and all that is within me, bless his holy name.

He keeps satisfying you with good things, and he keeps renewing your youth like the eagle's. The Lord continuously does what is right, executing justice for all who are being oppressed. He revealed his plans to Moses and his deeds to the people of Israel.

Bless the Lord, my soul, and all that is within me, bless his holy name.

The Lord is compassionate and gracious, patient, and abundantly rich in gracious love. He does not maintain a dispute continuously or remain angry for all time .He neither deals with us according to our sins, nor repays us equivalent to our iniquity.

Bless the Lord, my soul, and all that is within me, bless his holy name.

As high as heaven rises above earth, so his gracious love strengthens those who fear him. As distant as the east is from the west, that is how far he has removed our sins from us. As a father has compassion for his children, so the Lord has compassion for those who fear him.

Bless the Lord, my soul, and all that is within me, bless his holy name.

# Wisdom of Solomon, ch 7 v 22ff

Wisdom, who gave shape to everything that exists, was my teacher. The spirit of Wisdom is intelligent and holy. It is of one nature but reveals itself in many ways. It is not made of any material substance, and it moves about freely. It is clear, clean, and confident; it cannot be harmed. It loves what is good. It is sharp and unconquerable, kind, and a friend of humanity. It is dependable and sure, and has no worries. It has power over everything, and sees everything. It penetrates every spirit that is intelligent and pure, no matter how delicate its substance may be. Wisdom moves more easily than motion itself; she is so pure that she penetrates everything. She is a breath of God's power - a pure and radiant stream of glory from the Almighty. Nothing that is defiled can ever steal its way into Wisdom. She is a reflection of eternal light, a perfect mirror of God's activity and goodness. Even though Wisdom acts alone, she can do anything. She makes everything new, although she herself never changes. From generation to generation she enters the souls of holy people, and makes them God's friends and prophets. There is nothing that God loves more than

people who are at home with Wisdom. Wisdom is more beautiful than the sun and all the constellations. She is better than light itself, because night always follows day, but evil never overcomes Wisdom.

# **Epistle**

#### 1 Corinthians 2:1-10

And so it was with me, brothers and sisters. When I came to you, I did not come with eloquence or human wisdom as I proclaimed to you the testimony about God. For I resolved to know nothing while I was with you except Jesus Christ and him crucified. I came to you in weakness with great fear and trembling. My message and my preaching were not with wise and persuasive words, but with a demonstration of the Spirit's power, so that your faith might not rest on human wisdom, but on God's power. We do, however, speak a message of wisdom among the mature, but not the wisdom of this age or of the rulers of this age, who are coming to nothing. No, we declare God's wisdom, a mystery that has been hidden and that God destined for our glory before time began. None of the rulers of this age understood it, for if they had, they would not have crucified the Lord of glory. However, as it is written: "What no eye has seen, what no ear has heard, and what no human mind has conceived" the things God has prepared for those who love him— these are the things God has revealed to us by his Spirit. The Spirit searches all things, even the deep things of God.

# Gospel

## Matthew 25 v 1 - 13

At that time the kingdom of heaven will be like ten virgins who took their lamps and went out to meet the bridegroom. Five of them were foolish and five were wise. The foolish ones took their lamps but did not take any oil with them. The wise ones, however, took oil in jars along with their lamps. The bridegroom was a long time in coming, and they all became drowsy and fell asleep. At midnight the cry rang out: 'Here's the bridegroom! Come out to meet him!' Then all the virgins woke up and trimmed their lamps. The foolish ones said to the wise, 'Give us some of your oil; our lamps are going out.' 'No,' they replied, 'there may not be enough for both us and you. Instead, go to those who sell oil and buy some for yourselves.' But while they were on their way to buy the oil, the bridegroom arrived. The virgins who were ready went in with him to the wedding banquet. And the door was shut. Later the others also came. 'Lord, Lord,' they said, 'open the door for us!' "But he replied, 'Truly I tell you, I don't know you.' Therefore keep watch, because you do not know the day or the hour.

# Sexagesima

## **Collect**

O Holy Spirit, we pray directly to you, that our hearts and minds might be sanctified and governed in the works of your commandments, that through your mighty protection, both now and forever, we may be pure in body and soul; through Christ, we pray.

#### **Psalm**

## Psalm 147, v 1-11

Praise the Lord. How good it is to sing praises to our God,

How pleasant and fitting to praise him! The Lord builds up Jerusalem; he gathers the exiles of Israel. He heals the broken hearted and binds up their wounds.

He determines the number of the stars and calls them each by name.

Praise the Lord. How good it is to sing praises to our God,

Great is our Lord and mighty in power; his understanding has no limit. The Lord sustains the humble but casts the wicked to the ground .Sing to the Lord with grateful praise; make music to our God on the harp.

Praise the Lord. How good it is to sing praises to our God,

He covers the sky with clouds; he supplies the earth with rain and makes grass grow on the hills. He provides food for the cattle and for the young ravens when they call. His pleasure is not in the strength of the horse nor his delight in the legs of the warrior;

Praise the Lord. How good it is to sing praises to our God,

The Lord delights in those who fear him, who put their hope in his unfailing love.

#### **Old Testament**

## 2 Kings 2 v 1-12

When the Lord was about to take Elijah up to heaven in a whirlwind, Elijah and Elisha were on their way from Gilgal. Elijah said to Elisha, "Stay here; the Lord has sent me to Bethel."

But Elisha said, "As surely as the Lord lives and as you live, I will not leave you." So they went down to Bethel. The company of the prophets at Bethel came out to Elisha and asked, "Do you know that the Lord is going to take your master from you today?" "Yes, I know," Elisha replied, "so be quiet." Then Elijah said to him, "Stay here, Elisha; the Lord has sent me to Jericho." And he replied, "As surely as the Lord lives and as you live, I will not leave you." So they went to Jericho. The company of the prophets at Jericho went up to Elisha and asked him, "Do you know that the Lord is going to take your master from you today?" Yes, I know," he replied, "so be quiet." Then Elijah said to him, "Stay here; the Lord has sent me to the Jordan." And he replied, "As surely as the Lord lives and as you live, I will not leave you." So the two of them walked on. Fifty men from the company of the prophets went and stood at a distance, facing the place where Elijah and Elisha had stopped at the Jordan. Elijah took his cloak, rolled it up and struck the water with it. The water divided to the right

and to the left, and the two of them crossed over on dry ground. When they had crossed, Elijah said to Elisha, "Tell me, what can I do for you before I am taken from you?" "Let me inherit a double portion of your spirit," Elisha replied. "You have asked a difficult thing," Elijah said, "yet if you see me when I am taken from you, it will be yours—otherwise, it will not." As they were walking along and talking together, suddenly a chariot of fire and horses of fire appeared and separated the two of them, and Elijah went up to heaven in a whirlwind. Elisha saw this and cried out, "My father! My father! The chariots and horsemen of Israel!" And Elisha saw him no more. Then he took hold of his garment and tore it in two.

# **Epistle**

## 1 Corinthians 12 v 1-11

Now about the gifts of the Spirit, brothers and sisters, I do not want you to be uninformed. You know that when you were pagans, somehow or other you were influenced and led astray to mute idols. Therefore I want you to know that no one who is speaking by the Spirit of God says, "Jesus be cursed," and no one can say, "Jesus is Lord," except by the Holy Spirit. There are different kinds of gifts, but the same Spirit distributes them. There are different kinds of service, but the same Lord. There are different kinds of working, but in all of them and in everyone it is the same God at work. Now to each one the manifestation of the Spirit is given for the common good. To one there is given through the Spirit a message of wisdom, to another a message of knowledge by means of the same Spirit, to another faith by the same Spirit, to another gifts of healing by that one Spirit, to another miraculous powers, to another prophecy, to another distinguishing between spirits, to another speaking in different kinds of tongues, and to still another the interpretation of tongues. All these are the work of one and the same Spirit, and he distributes them to each one, just as the Spirit determines.

## Gospel

## Mark 12 v 28 -34

One of the teachers of the law came and heard them debating. Noticing that Jesus had given them a good answer, he asked him, "Of all the commandments, which is the most important?"

"The most important one," answered Jesus, "is this: 'Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'Love your neighbour as yourself. 'There is no commandment greater than these." "Well said, teacher," the man replied. "You are right in saying that God is one and there is no other but him. To love him with all your heart, with all your understanding and with all your strength, and to love your neighbour as yourself is more important than all burnt offerings and sacrifices." When Jesus saw that he had answered wisely, he said to him, "You are not far from the kingdom of God." And from then on no one dared ask him any more questions.

# Quinquagesima

## Collect

O Holy Spirit, who has taught us that without love anything we do is worthless, pour into our hearts we pray, your greatest gift, love, the bond of peace and all of the virtues without which we might as well be dead. To you who lives and reigns for eternity with both the Father and the Son. Amen.

## **Psalm**

### Psalm 119 v 65-72

Do good to your servant according to your word, Lord.

Teach me knowledge and good judgment, for I trust your commands. Before I was afflicted I went astray, but now I obey your word. You are good, and what you do is good; teach me your decrees.

Do good to your servant according to your word, Lord.

Though the arrogant have smeared me with lies, I keep your precepts with all my heart. Their hearts are callous and unfeeling but I delight in your law.

Do good to your servant according to your word, Lord.

It was good for me to be afflicted so that I might learn your decrees. The law from your mouth is more precious to me than thousands of pieces of silver and gold.

Do good to your servant according to your word, Lord.

### **Old Testament**

#### Hosea 2 v 14-20

Behold, I will allure her, and bring her into the wilderness, and speak comfortably unto her. And I will give her vineyards from thence, and the valley of Achor for a door of hope: and she shall sing there, as in the days of her youth, and as in the day when she came up out of the land of Egypt. And it shall be at that day, says the Lord, that you shall call me Ishi; and shall no longer call me Baali. For I will take away the names of Baalim out of her mouth, and they shall no more be remembered by their name. And in that day will I make a covenant for them with the beasts of the field and with the fowls of heaven, and with the creeping things of the ground: and I will break the bow and the sword and the battle out of the earth, and will make them to lie down safely. And I will betroth you to me for ever; yea, I will betroth you unto me in righteousness, and in judgment, and in lovingkindness, and in mercies. I will even betroth you unto me in faithfulness: and you shall know the Lord.

### **Epistle**

# 1 Corinthians 13 v 1 - 13

If I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal. If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but do not have love, I am nothing. If I give all I possess to

the poor and give over my body to hardship that I may boast, but do not have love, I gain nothing. Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonour others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away. For we know in part and we prophesy in part, but when completeness comes, what is in part disappears. When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put the ways of childhood behind me. For now we see only a reflection as in a mirror; then we shall see face to face. Now I know in part; then I shall know fully, even as I am fully known. And now these three remain: faith, hope and love. But the greatest of these is love.

## Gospel

### Matthew 20 v 1 -16

"For the kingdom of heaven is like a landowner who went out early in the morning to hire workers for his vineyard. He agreed to pay them a denarius for the day and sent them into his vineyard. About nine in the morning he went out and saw others standing in the marketplace doing nothing. He told them, 'You also go and work in my vineyard, and I will pay you whatever is right.' So they went. He went out again about noon and about three in the afternoon and did the same thing. About five in the afternoon he went out and found still others standing around. He asked them, 'Why have you been standing here all day long doing nothing?' "'Because no one has hired us,' they answered. "He said to them, 'You also go and work in my vineyard. "When evening came, the owner of the vineyard said to his foreman, 'Call the workers and pay them their wages, beginning with the last ones hired and going on to the first.' "The workers who were hired about five in the afternoon came and each received a denarius. So when those came who were hired first, they expected to receive more. But each one of them also received a denarius. When they received it, they began to grumble against the landowner. 'These who were hired last worked only one hour,' they said, 'and you have made them equal to us who have borne the burden of the work and the heat of the day." "But he answered one of them, 'I am not being unfair to you, friend. Didn't you agree to work for a denarius? Take your pay and go. I want to give the one who was hired last the same as I gave you. Don't I have the right to do what I want with my own money? Or are you envious because I am generous?' "So the last will be first, and the first will be last."

# **Ash Wednesday**

### **Collect**

Go ahead of us Lord, in all our doings, with your most gracious favour. Help our efforts for your kingdom's sake with your continual help and support, so that whatever we do in your name, may glorify you, through Christ our Lord, Amen.

### **Psalm**

#### Psalm 90 v 1- 12

Lord, you have been our dwelling place throughout all generations.

Before the mountains were born or you brought forth the whole world, from everlasting to everlasting you are God.

You turn people back to dust, saying, "Return to dust, you mortals."

Lord, you have been our dwelling place throughout all generations.

A thousand years in your sight are like a day that has just gone by, or like a watch in the night .Yet you sweep people away in the sleep of death— they are like the new grass of the morning: In the morning it springs up new, but by evening it is dry and withered.

Lord, you have been our dwelling place throughout all generations.

We are consumed by your anger and terrified by your indignation. You have set our iniquities before you, our secret sins in the light of your presence. All our days pass away under your wrath; we finish our years with a moan.

Lord, you have been our dwelling place throughout all generations.

Our days may come to seventy years, or eighty, if our strength endures; yet the best of them are but trouble and sorrow, for they quickly pass, and we fly away. If only we knew the power of your anger! Your wrath is as great as the fear that is your due.

Lord, you have been our dwelling place throughout all generations.

Teach us to number our days, that we may gain a heart of wisdom.

# **Old Testament**

### Genesis 9 v 8-17

Then God said to Noah and to his sons with him: "I now establish my covenant with you and with your descendants after you 10 and with every living creature that was with you—the birds, the livestock and all the wild animals, all those that came out of the ark with you—every living creature on earth. I establish my covenant with you: Never again will all life be destroyed by the waters of a flood; never again will there be a flood to destroy the earth. And God said, "This is the sign of the covenant I am making between me and you and every living creature with you, a covenant for all generations to come: I have set my rainbow in the clouds, and it will be the sign of the covenant between me and the earth. Whenever I bring clouds over the earth and the rainbow appears in the

clouds, I will remember my covenant between me and you and all living creatures of every kind. Never again will the waters become a flood to destroy all life. Whenever the rainbow appears in the clouds, I will see it and remember the everlasting covenant between God and all living creatures of every kind on the earth." So God said to Noah, "This is the sign of the covenant I have established between me and all life on the earth."

# The Second Reading

#### Acts 3 v 19 - 24

Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord, and that he may send the Messiah, who has been appointed for you—even Jesus. Heaven must receive him until the time comes for God to restore everything, as he promised long ago through his holy prophets. For Moses said, 'The Lord your God will raise up for you a prophet like me from among your own people; you must listen to everything he tells you. Anyone who does not listen to him will be completely cut off from their people.' "Indeed, beginning with Samuel, all the prophets who have spoken have foretold these days. And you are heirs of the prophets and of the covenant God made with your fathers. He said to Abraham, 'Through your offspring all peoples on earth will be blessed.' When God raised up his servant, he sent him first to you to bless you by turning each of you from your wicked ways."

# The Gospel

### John 3 v 3 -21

"Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit. Flesh gives birth to flesh, but the Spirit[b] gives birth to spirit. You should not be surprised at my saying, 'You must be born again.' The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit." "How can this be?" Nicodemus asked. "You are Israel's teacher," said Jesus, "and do you not understand these things? Very truly I tell you, we speak of what we know, and we testify to what we have seen, but still you people do not accept our testimony. I have spoken to you of earthly things and you do not believe; how then will you believe if I speak of heavenly things? No one has ever gone into heaven except the one who came from heaven—the Son of Man. Just as Moses lifted up the snake in the wilderness, so the Son of Man must be lifted up, that everyone who believes may have eternal life in him." For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him. Whoever believes in him is not condemned, but whoever does not believe stands condemned already because they have not believed in the name of God's one and only Son. This is the verdict: Light has come into the world, but people loved darkness instead of light because their deeds were evil. Everyone who does evil hates the light, and will not come into the light for fear that their deeds will be exposed. But whoever lives by the truth comes into the light, so that it may be seen plainly that what they have done has been done in the sight of God.

# The First Sunday in Lent

### The Collect

O Lord, who for our help and support has appointed various seasons within the church, enable us to discern our faults clearly, so that we can amend them and then prepare to fitly celebrate the feast of Easter, O risen Lord, to you be praise and adoration evermore, Amen.

### **Psalm**

# Psalm 119 v 1-8

I will praise you with an upright heart as I learn your righteous laws.

Blessed are those whose ways are blameless, who walk according to the law of the Lord. Blessed are those who keep his statutes and seek him with all their heart—they do no wrong but follow his ways.

I will praise you with an upright heart as I learn your righteous laws.

You have laid down precepts that are to be fully obeyed. Oh, that my ways were steadfast in obeying your decrees! Then I would not be put to shame when I consider all your commands. I will obey your decrees; do not utterly forsake me.

I will praise you with an upright heart as I learn your righteous laws.

## **Old Testament Reading**

#### Isaiah 43 v 18-25

"Don't remember the former things; don't dwell on things past. Watch! I'm about to carry out something new! And now it's springing up— don't you recognize it? I'm making a way in the wilderness and paths in the desert. Wild animals, jackals, and owls will honour me because I provide water in the desert and streams in the wilderness to give drink to my people, my chosen ones, the people whom I formed for myself and so that they may speak my praise." "And yet you didn't call upon me, Jacob; indeed, you are tired of me, Israel! You haven't brought me your sheep for a burnt offering, nor have you honoured me with your sacrifices, nor have you made meal offerings for me— yet I have not tired you about incense! You haven't bought me sweet cane with money, nor have you satisfied me with the fat of your sacrifices. You have only burdened me with your sins and made me tired with your iniquities. I, I am the one who blots out your transgression for my own sake, and I'll remember your sins no more.

## The Epistle

### 2 Corinthians 5 v 7 -21

We live by faith, not by sight. We are confident, I say, and would prefer to be away from the body and at home with the Lord. So we make it our goal to please him, whether we are at home in the body or away from it. For we must all appear before the judgment seat of Christ, so that each of us may receive what is due us for the things done while in the body, whether good or bad.

Since, then, we know what it is to fear the Lord, we try to persuade others. What we are is plain to God, and I hope it is also plain to your conscience. We are not trying to commend ourselves to you again, but are giving you an opportunity to take pride in us, so that you can answer those who take pride in what is seen rather than in what is in the heart. If we are "out of our mind," as some say, it is for God; if we are in our right mind, it is for you. For Christ's love compels us, because we are convinced that one died for all, and therefore all died. And he died for all, that those who live should no longer live for themselves but for him who died for them and was raised again.

So from now on we regard no one from a worldly point of view. Though we once regarded Christ in this way, we do so no longer. Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here! All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation: that God was reconciling the world to himself in Christ, not counting people's sins against them. And he has committed to us the message of reconciliation. We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf: Be reconciled to God. God made him who had no sin to be sin for us, so that in him we might become the righteousness of God.

# The Gospel

# John 3 v 16 - 21

God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him. Whoever believes in him is not condemned, but whoever does not believe stands condemned already because they have not believed in the name of God's one and only Son. This is the verdict: light has come into the world, but people loved darkness instead of light because their deeds were evil. Everyone who does evil hates the light, and will not come into the light for fear that their deeds will be exposed. But whoever lives by the truth comes into the light, so that it may be seen plainly that what they have done has been done in the sight of God.

# **Second Sunday in Lent**

### Collect

O God who has given to humanity the power of speech with which to praise our Creator, fill our hearts with love and wisdom that we may speak no evil, and never be failing in understanding and compassion for others. Through Christ the lord of Love, this we ask.

#### **Psalm**

## Psalm 1119, v 33-40

Fulfil your promise to your servant, so that you may be feared.

I run in the path of your commands, for you have broadened my understanding. Teach me, Lord, the way of your decrees, that I may follow it to the end. Give me understanding, so that I may keep your law and obey it with all my heart.

Fulfil your promise to your servant, so that you may be feared.

Direct me in the path of your commands, for there I find delight. Turn my heart toward your statute sand not toward selfish gain. Turn my eyes away from worthless things, preserve my life according to your word.

Fulfil your promise to your servant, so that you may be feared.

Take away the disgrace I dread, for your laws are good. How I long for your precepts! In your righteousness preserve my life.

Fulfil your promise to your servant, so that you may be feared.

### **Old Testament**

### Genesis 17 v 1-10 & 15-19

When Abram was ninety-nine years old, the Lord appeared to him and said, "I am God Almighty walk before me faithfully and be blameless. Then I will make my covenant between me and you and will greatly increase your numbers." Abram fell facedown, and God said to him, "As for me, this is my covenant with you: You will be the father of many nations. No longer will you be called Abram; your name will be Abraham, for I have made you a father of many nations. I will make you very fruitful; I will make nations of you, and kings will come from you. I will establish my covenant as an everlasting covenant between me and you and your descendants after you for the generations to come, to be your God and the God of your descendants after you. The whole land of Canaan, where you now reside as a foreigner, I will give as an everlasting possession to you and your descendants after you; and I will be their God." Then God said to Abraham, "As for you, you must keep my covenant, you and your descendants after you for the generations to come. This is my covenant with you and your descendants after you, the covenant you are to keep: Every male among you God also said to Abraham, "As for Sarai your wife, you are no longer to call her Sarai; her name will be Sarah. I will bless her and will surely give you a son by her. I will bless her so that she will be the mother of nations; kings of peoples will come from her." Abraham fell facedown; he laughed and said to himself, "Will a son be born to a man a hundred years old? Will Sarah bear a child at the age of ninety?" And Abraham said to God, "If only Ishmael might live under your blessing!" Then God said, "Yes, but your wife Sarah will bear you a son, and you will call him Isaac. I will establish my covenant with him as an everlasting covenant for his descendants after him.

# The Epistle

#### James 3 v 2 - 12

We all stumble in many ways. Anyone who is never at fault in what they say is perfect, able to keep their whole body in check. When we put bits into the mouths of horses to make them obey us, we can turn the whole animal. Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go. Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one's life on fire, and is itself set on fire by hell. All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind, but no human being can tame the tongue. It is a restless evil, full of deadly poison. With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God's likeness. Out of the same mouth come praise and cursing. My brothers and sisters, this

should not be. Can both fresh water and salt water flow from the same spring? My brothers and sisters, can a fig tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water.

# The Gospel

### Luke 6 v 41 - 45

Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, 'Brother, let me take the speck out of your eye,' when you yourself fail to see the plank in your own eye? You hypocrite, first take the plank out of your eye, and then you will see clearly to remove the speck from your brother's eye.

"No good tree bears bad fruit, nor does a bad tree bear good fruit. Each tree is recognized by its own fruit. People do not pick figs from thorn bushes, or grapes from briers. A good man brings good things out of the good stored up in his heart, and an evil man brings evil things out of the evil stored up in his heart. For the mouth speaks what the heart is full of.

# Third Sunday in Lent

#### The Collect

O God who knows all, and who are all-giving, give us grace we ask to be able to look into the hearts of our sisters and brothers, so that our understanding and compassion never fail. This we ask through Christ, Lord of Love.

# **Psalm**

## Psalm115, v 1-7

Not to us, Lord, not to us, but to your name be given glory

Not to us, Lord, not to us but to your name be given glory on account of your gracious love and faithfulness. Why should the nations ask

"Where now is their God?" when our God is in the heavens and he does whatever he desires?

Not to us, Lord, not to us, but to your name be given glory

Their idols are silver and gold, crafted by human hands. They have mouths, but cannot speak; they have eyes, but cannot see.

Not to us, Lord, not to us, but to your name be given glory.

They have ears, but cannot hear; they have noses, but cannot smell. They have hands, but cannot touch; feet, but cannot walk; they cannot even groan with their throats.

Not to us, Lord, not to us, but to your name be given glory.

## **Old Testament**

### Exodus 20 v 1-17

God spoke all these words: "I am the Lord your God, who brought you out of Egypt, out of the land of slavery. You shall have no other gods before me. You shall not make for yourself an image in the form of anything in heaven above or on the earth beneath or in the waters below. You shall not bow down to them or worship them; for I, the Lord your God, am a jealous God, punishing the children for the sin of the parents to the third and fourth generation of those who hate me, but showing love to a thousand generations of those who love me and keep my commandments. You shall not misuse the name of the Lord your God, for the Lord will not hold anyone guiltless who misuses his name. Remember the Sabbath day by keeping it holy. 9 Six days you shall labour and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy. Honour your father and your mother, so that you may live long in the land the Lord your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not give false testimony against your neighbour. You shall not covet your neighbour's house. You shall not covet your neighbour's spouse, or their male or female servant, their ox or donkey, or anything that belongs to your neighbour."

# The Epistle

#### I Peter 3 v 8 - 12

All of you, be like-minded, be sympathetic, love one another, be compassionate and humble. Do not repay evil with evil or insult with insult. On the contrary, repay evil with blessing, because to this you were called so that you may inherit a blessing. For whoever would love life and see good day must keep their tongue from evil and their lips from deceitful speech. They must turn from evil and do good; they must seek peace and pursue it. For the eyes of the Lord are on the righteous and his ears are attentive to their prayer, but the face of the Lord is against those who do evil."

# The Gospel

# John 8 v 3 - 14

The teachers of the law and the Pharisees brought in a woman caught in adultery. They made her stand before the group and said to Jesus, "Teacher, this woman was caught in the act of adultery. In the Law Moses commanded us to stone such women. Now what do you say?" They were using this question as a trap, in order to have a basis for accusing him. But Jesus bent down and started to write on the ground with his finger. When they kept on questioning him, he straightened up and said to them, "Let any one of you who is without sin be the first to throw a stone at her." Again he stooped down and wrote on the ground. At this, those who heard began to go away one at a time, the older ones first, until only Jesus was left, with the woman still standing there. Jesus straightened up and asked her, "Woman, where are they? Has no one condemned you?" "No one, sir," she said. "Then neither do I condemn you," Jesus declared. "Go now and leave your life of sin.

# **Fourth Sunday in Lent**

### **Collect**

God almighty, who are to us a fountain of wisdom, a tower of strength, and the ever shining sun of beauty and harmony, Help us O God, to prepare to celebrate the sacred events of the Passion and the Resurrection . May we be continuously refreshed by the outpouring of your power, through Jesus Christ, our Saviour. Amen.

#### **Psalm**

#### Psalm 119 v 153-160

The sum of your word is truth, and each righteous ordinance of yours is everlasting.

Look on my misery, and rescue me, for I do not ignore your instruction. Defend my case and redeem me; revive me according to your promises. Deliverance remains remote from the wicked, for they do not seek your statutes.

The sum of your word is truth, and each righteous ordinance of yours is everlasting.

Your mercies are magnificent, Lord; revive me according to your judgments. Though my persecutors and adversaries are numerous, I do not turn aside from your decrees .I watch the treacherous, and despise them, because they do not do what you have said.

The sum of your word is truth, and each righteous ordinance of yours is everlasting.

Look how I love your precepts, Lord; revive me according to your gracious love. The sum of your word is truth, and each righteous ordinance of yours is everlasting.

The sum of your word is truth, and each righteous ordinance of yours is everlasting.

#### **Old Testament**

## 2 Chronicles 36 v 14 -23

All the leaders of the priests and the people became more and more unfaithful, following all the detestable practices of the nations and defiling the temple of the Lord, which he had consecrated in Jerusalem. The Lord, the God of their ancestors, sent word to them through his messengers again and again, because he had pity on his people and on his dwelling place. But they mocked God's messengers, despised his words and scoffed at his prophets until the wrath of the Lord was aroused against his people and there was no remedy. He brought up against them the king of the Babylonians, who killed their young men with the sword in the sanctuary, and did not spare young men or young women, the elderly or the infirm. God gave them all into the hands of Nebuchadnezzar. He carried to Babylon all the articles from the temple of God, both large and small, and the treasures of the Lord's temple and the treasures of the king and his officials. They set fire to God's temple and broke down the wall of Jerusalem; they burned all the palaces and destroyed everything of value there. He carried into exile to Babylon the remnant, who escaped from the sword, and they became servants to him and his successors until the kingdom of Persia came to power. The land enjoyed its Sabbath rests; all the time of its desolation it rested, until the seventy years were completed in fulfilment of the word of the Lord spoken by Jeremiah. In the first year of Cyrus king of Persia, in order to fulfil the word of the Lord spoken by Jeremiah, the Lord

moved the heart of Cyrus king of Persia to make a proclamation throughout his realm and also to put it in writing: "This is what Cyrus king of Persia says: 'The Lord, the God of heaven, has given me all the kingdoms of the earth and he has appointed me to build a temple for him at Jerusalem in Judah. Any of his people among you may go up, and may the Lord their God be with them.'

# **Epistle**

# Philippians 4 v 11-19

I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength. Yet it was good of you to share in my troubles. Moreover, as you Philippians know, in the early days of your acquaintance with the gospel, when I set out from Macedonia, not one church shared with me in the matter of giving and receiving, except you only; for even when I was in Thessalonica, you sent me aid more than once when I was in need. Not that I desire your gifts; what I desire is that more be credited to your account. I have received full payment and have more than enough. I am amply supplied, now that I have received from Epaphroditus the gifts you sent. They are a fragrant offering, an acceptable sacrifice, pleasing to God. And my God will meet all your needs according to the riches of his glory in Christ Jesus.

# Gospel

### John 6 v 3-14

Jesus went up on a mountainside and sat down with his disciples. The Jewish Passover Festival was near. When Jesus looked up and saw a great crowd coming toward him, he said to Philip, "Where shall we buy bread for these people to eat?" He asked this only to test him, for he already had in mind what he was going to do. Philip answered him, "It would take more than half a year's wages to buy enough bread for each one to have a bite!" Another of his disciples, Andrew, Simon Peter's brother, spoke up, "Here is a boy with five small barley loaves and two small fish, but how far will they go among so many?" Jesus said, "Have the people sit down." There was plenty of grass in that place, and they sat down (about five thousand men were there). Jesus then took the loaves, gave thanks, and distributed to those who were seated as much as they wanted. He did the same with the fish. When they had all had enough to eat, he said to his disciples, "Gather the pieces that are left over. Let nothing be wasted." So they gathered them and filled twelve baskets with the pieces of the five barley loaves left over by those who had eaten. After the people saw the sign Jesus performed, they began to say, "Surely this is the Prophet who is to come into the world.

# The Fifth Sunday in Lent, Passion Sunday

(Crosses should be veiled in violet gauze)

### The Collect

O God, you laid aside your glory and became human flesh. May we be enabled to lay aside pride and to walk humbly and vigilant before you, who lives and reigns for ever. Amen.

(Crosses should be veiled in violet gauze).

### **Psalm**

### Psalm 76, v 1-9

You, God, rose up to judge, to save all the afflicted of the land.

God is renowned in Judah; in Israel his name is great. His tent is in Salem, his dwelling place in Zion. There he broke the flashing arrows, the shields and the swords, the weapons of war. You are radiant with light, more majestic than mountains rich with game.

You, God, rose up to judge, to save all the afflicted of the land.

The valiant lie plundered, they sleep their last sleep; not one of the warriors can lift his hands. At your rebuke, God of Jacob, both horse and chariot lie still. It is you alone who are to be feared. Who can stand before you when you are angry?

You, God, rose up to judge, to save all the afflicted of the land.

From heaven you pronounced judgment, and the land feared and was quiet—when you, God, rose up to judge, to save all the afflicted of the land.

You, God, rose up to judge, to save all the afflicted of the land.

### **Old Testament**

#### Jeremiah 31 v 31-34

"The days are coming," declares the Lord, "when I will make a new covenant with the people of Israel and with the people of Judah. It will not be like the covenant I made with their ancestors when I took them by the hand to lead them out of Egypt, because they broke my covenant, though I was a spouse to them," declares the Lord. "This is the covenant I will make with the people of Israel after that time," declares the Lord. "I will put my law in their minds and write it on their hearts. I will be their God, and they will be my people. No longer will they teach their neighbour, or say to one another, 'Know the Lord,' because they will all know me, from the least of them to the greatest," declares the Lord. "For I will forgive their wickedness and will remember their sins no more."

# The Epistle

## Romans 12 v 1-8

I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this

world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you. For just as each of us has one body with many members, and these members do not all have the same function, so in Christ we, though many, form one body, and each member belongs to all the others. We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your[a] faith; if it is serving, then serve; if it is teaching, then teach; if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully.

# The Gospel

### Luke 18 v 9-14

To some who were confident of their own righteousness and looked down on everyone else, Jesus told this parable: "Two men went up to the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood by himself and prayed: 'God, I thank you that I am not like other people—robbers, evildoers, adulterers—or even like this tax collector. I fast twice a week and give a tenth of all I get.' "But the tax collector stood at a distance. He would not even look up to heaven, but beat his breast and said, 'God, have mercy on me, a sinner.' "I tell you that this man, rather than the other, went home justified before God. For all those who exalt themselves will be humbled, and those who humble themselves will be exalted."

# **Palm Sunday**

The Blessing of the Palms

Hosanna to the Son of David: blessed is he who comes in the name of the Lord.

O King of Israel: Hosanna in the highest.

The palm crosses are uncovered and the priest sprinkles them three times with holy water.

Let us pray

O God, who gathers together things which were dispersed, and who preserves what is gathered; you who blessed the people who went out to greet Jesus while bearing branches , may you also purify and bless these palms which your servants faithfully take up in honour of your name. May the places to which these palms are taken be blessed so that those who live there may be blessed and protected from adversity. May you bless and protect those whom Christ watches over and loves. Through Christ our Lord, Amen.

The palms are incensed three times

Receive a branch of palm, you who desire to greet the Lord with joy and gladness.

The palms are distributed

Let us go forth in peace.

In the name of the Lord.

A hymn is sung, and at the end, with most people outside, the church door is shut.

The bearer of the processional cross knocks at the door with the base of the cross. It is immediately opened. All enter, singing another hymn, and mass proceeds as usual.

### The Collect

O Lord Christ, before whom in your triumph, the people cast their palms, grant to us, your servants, that we too may, in due time, bear the palm of victory. May we be worthy to stand in your holy presence, you who dwell together in unity with the Father and the Spirit throughout eternity. Amen.

(This collect is used through the week).

# **Old Testament Reading**

### Isaiah 50 v 4-9

The Sovereign Lord has given me a well-instructed tongue, to know the word that sustains the weary. He wakens me morning by morning, wakens my ear to listen like one being instructed. The Sovereign Lord has opened my ears; I have not been rebellious, I have not turned away. I offered my back to those who beat me, my cheeks to those who pulled out my beard; I did not hide my face from mocking and spitting. Because the Sovereign Lord helps me, I will not be disgraced. Therefore have I set my face like flint, and I know I will not be put to shame. He who vindicates me is near. Who then will bring charges against me? Let us face each other! Who is my accuser? Let him confront me! It is the Sovereign Lord who helps me. Who will condemn me? They will all wear out like a garment; the moths will eat them up.

# **New Testament Reading**

# Revelation 19 v 1-9

I heard what sounded like the roar of a great multitude in heaven shouting: "Hallelujah! Salvation and glory and power belong to our God, for true and just are his judgments. He has condemned the great prostitute who corrupted the earth by her adulteries. He has avenged on her the blood of his servants." And again they shouted: "Hallelujah! The smoke from her goes up for ever and ever." The twenty-four elders and the four living creatures fell down and worshiped God, who was seated on the throne. And they cried: "Amen, Hallelujah!" Then a voice came from the throne, saying: "Praise our God, all you his servants, you who fear him, both great and small!" Then I heard what sounded like a great multitude, like the roar of rushing waters and like loud peals of thunder, shouting: "Hallelujah! For our Lord God Almighty reigns .Let us rejoice and be glad and give him glory! For the wedding of the Lamb has come, and his bride has made herself ready. Fine linen, bright and clean, was given her to wear." Then the angel said to me, "Write this: Blessed are those who are invited to the wedding supper of the Lamb!" And he added, "These are the true words of God."

# **Monday of Holy Week**

### **Psalm**

### Psalm 55 v 1-9

Listen to my prayer, O God, hear me and answer me.

Do not ignore my plea; hear me and answer me. My thoughts trouble me and I am distraught because of what my enemy is saying, because of the threats of the wicked ;for they bring down suffering on me and assail me in their anger.

Listen to my prayer, O God, hear me and answer me.

My heart is in anguish within me; the terrors of death have fallen on me. Fear and trembling have beset me; horror has overwhelmed me. I said, "Oh, that I had the wings of a dove. I would fly away and be at rest.

Listen to my prayer, O God, hear me and answer me.

I would flee far away and stay in the desert I would hurry to my place of shelter, far from the tempest and storm. Lord, confuse the wicked, confound their words, for I see violence and strife in the city.

Listen to my prayer, O God, hear me and answer me.

## **Old Testament**

#### Isaiah 42 v 1-9

"Here is my servant, whom I uphold, my chosen one in whom I delight; I will put my Spirit on him, and he will bring justice to the nations. He will not shout or cry out or raise his voice in the streets. A bruised reed he will not break, and a smouldering wick he will not snuff out. In faithfulness he will bring forth justice; he will not falter or be discouraged till he establishes justice on earth. In his teaching the islands will put their hope." This is what God the Lord says—the Creator of the heavens, who stretches them out, who spreads out the earth with all that springs from it, who gives breath to its people, and life to those who walk on it: "I, the Lord, have called you in righteousness; I will take hold of your hand. I will keep you and will make you to be a covenant for the people and a light for the Gentiles, to open eyes that are blind, to free captives from prison and to release from the dungeon those who sit in darkness. I am the Lord; that is my name! I will not yield my glory to another or my praise to idols. See, the former things have taken place, and new things I declare; before they spring into being I announce them to you."

### **New Testament**

### Hebrews 9 v 11-15

Christ has now become the High Priest over all the good things that have come. He has entered that greater, more perfect Tabernacle in heaven, which was not made by human hands and is not part of this created world. With his own blood—not the blood of goats and calves—he entered the Most Holy Place once for all time and secured our redemption forever. Under the old system, the blood of

goats and bulls and the ashes of a heifer could cleanse people's bodies from ceremonial impurity. Just think how much more the blood of Christ will purify our consciences from sinful deeds so that we can worship the living God. For by the power of the eternal Spirit, Christ offered himself to God as a perfect sacrifice for our sins. That is why he is the one who mediates a new covenant between God and people, so that all who are called can receive the eternal inheritance God has promised them. For Christ died to set them free from the penalty of the sins they had committed under that first covenant.

# Gospel

#### John 12 v 1-11

Six days before the Passover, Jesus came to Bethany, where Lazarus lived, whom Jesus had raised from the dead. Here a dinner was given in Jesus' honour. Martha served, while Lazarus was among those reclining at the table with him. Then Mary took about a pint of pure nard, an expensive perfume; she poured it on Jesus' feet and wiped his feet with her hair. And the house was filled with the fragrance of the perfume. But one of his disciples, Judas Iscariot, who was later to betray him, objected, "Why wasn't this perfume sold and the money given to the poor? It was worth a year's wages." He did not say this because he cared about the poor but because he was a thief; as keeper of the money bag, he used to help himself to what was put into it. "Leave her alone," Jesus replied. "It was intended that she should save this perfume for the day of my burial. You will always have the poor among you, but you will not always have me." Meanwhile a large crowd of Jews found out that Jesus was there and came, not only because of him but also to see Lazarus, whom he had raised from the dead. So the chief priests made plans to kill Lazarus as well, for on account of him many of the Jews were going over to Jesus and believing in him.

# **Tuesday of Holy Week**

# **Psalm**

#### Psalm 55 v 18-23

## God is enthroned from long ago

He calmly ransomed my soul from the war waged against me, for there was a vast crowd who stood against me .God, who is enthroned from long ago, will hear me and humble them .Because they do not repent, they do not fear God.

# God is enthroned from long ago

Each of my friends raises his hand against his allies; each of my friends breaks his word] His mouth is as smooth as butter, while war is in his heart. His words were as smooth as olive oil, while his sword is drawn.

### God is enthroned from long ago

Cast on the Lord whatever he sends your way, and he will sustain you. He will never allow the righteous to be shaken. But you, God, bring them down to the Pit of corruption; bloodthirsty and deceitful people will not live out half their days .But I put my full confidence in you.

# God is enthroned from long ago

### **Old Testament**

### Exodus 14 v 10-31; 15 v 21

As Pharaoh approached, the Israelites looked up, and there were the Egyptians, marching after them. They were terrified and cried out to the Lord. They said to Moses, "Was it because there were no graves in Egypt that you brought us to the desert to die? What have you done to us by bringing us out of Egypt? Didn't we say to you in Egypt, 'Leave us alone; let us serve the Egyptians'? It would have been better for us to serve the Egyptians than to die in the desert!" Moses answered the people, "Do not be afraid. Stand firm and you will see the deliverance the Lord will bring you today. The Egyptians you see today you will never see again. The Lord will fight for you; you need only to be still." Then the Lord said to Moses, "Why are you crying out to me? Tell the Israelites to move on. Raise your staff and stretch out your hand over the sea to divide the water so that the Israelites can go through the sea on dry ground. I will harden the hearts of the Egyptians so that they will go in after them. And I will gain glory through Pharaoh and all his army, through his chariots and his horsemen. The Egyptians will know that I am the Lord when I gain glory through Pharaoh, his chariots and his horsemen." Then the angel of God, who had been traveling in front of Israel's army, withdrew and went behind them. The pillar of cloud also moved from in front and stood behind them, coming between the armies of Egypt and Israel. Throughout the night the cloud brought darkness to the one side and light to the other side; so neither went near the other all night long. Then Moses stretched out his hand over the sea, and all that night the Lord drove the sea back with a strong east wind and turned it into dry land. The waters were divided, and the Israelites went through the sea on dry ground, with a wall of water on their right and on their left. The Egyptians pursued them, and all Pharaoh's horses and chariots and horsemen followed them into the sea. During the last watch of the night the Lord looked down from the pillar of fire and cloud at the Egyptian army and threw it into confusion. He jammed the wheels of their chariots so that they had difficulty driving. And the Egyptians said, "Let's get away from the Israelites! The Lord is fighting for them against Egypt." Then the Lord said to Moses, "Stretch out your hand over the sea so that the waters may flow back over the Egyptians and their chariots and horsemen." Moses stretched out his hand over the sea, and at daybreak the sea went back to its place. The Egyptians were fleeing toward it, and the Lord swept them into the sea. The water flowed back and covered the chariots and horsemen—the entire army of Pharaoh that had followed the Israelites into the sea. Not one of them survived. But the Israelites went through the sea on dry ground, with a wall of water on their right and on their left. That day the Lord saved Israel from the hands of the Egyptians, and Israel saw the Egyptians lying dead on the shore. And when the Israelites saw the mighty hand of the Lord displayed against the Egyptians, the people feared the Lord and put their trust in him and in Moses his servant. Then Miriam the prophet, Aaron's sister, took a timbrel in her hand, and all the women followed her, with timbrels and dancing. Miriam sang to them: "Sing to the Lord, for he is highly exalted."

### **Epistle**

#### 1 Corinthians 1 v 18-31

The message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written: "I will destroy the wisdom of the wise; the intelligence of the intelligent I will frustrate." Where is the wise person? Where is the teacher of the law? Where is the philosopher of this age? Has not God made foolish the wisdom of the world? For since in the wisdom of God the world, through its wisdom did not know him, God was pleased through the

foolishness of what was preached to save those who believe. Jews demand signs and Greeks look for wisdom, but we preach Christ crucified: a stumbling block to Jews and foolishness to Gentiles, but to those whom God has called, both Jews and Greeks, Christ the power of God and the wisdom of God. For the foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength. Brothers and sisters, think of what you were when you were called. Not many of you were wise by human standards; not many were influential; not many were of noble birth. But God chose the foolish things of the world to shame the wise; God chose the weak things of the world to shame the strong. God chose the lowly things of this world and the despised things—and the things that are not—to nullify the things that are, so that no one may boast before him. It is because of him that you are in Christ Jesus, who has become for us wisdom from God—that is, our righteousness, holiness and redemption. Therefore, as it is written: "Let the one who boasts boast in the Lord."

## Gospel

## John 12 v 20-36

Now there were some Greeks among those who went up to worship at the festival. They came to Philip, who was from Bethsaida in Galilee, with a request. "Sir," they said, "we would like to see Jesus." Philip went to tell Andrew; Andrew and Philip in turn told Jesus. Jesus replied, "The hour has come for the Son of Man to be glorified. Very truly I tell you, unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds. Anyone who loves their life will lose it, while anyone who hates their life in this world will keep it for eternal life. Whoever serves me must follow me; and where I am, my servant also will be. My Father will honour the one who serves me. "Now my soul is troubled, and what shall I say? 'Father, save me from this hour'? No, it was for this very reason I came to this hour. Father, glorify your name!" Then a voice came from heaven, "I have glorified it, and will glorify it again." 29 The crowd that was there and heard it said it had thundered; others said an angel had spoken to him. Jesus said, "This voice was for your benefit, not mine. Now is the time for judgment on this world; now the prince of this world will be driven out. And I, when I am lifted up[a] from the earth, will draw all people to myself." He said this to show the kind of death he was going to die. The crowd spoke up, "We have heard from the Law that the Messiah will remain forever, so how can you say, 'The Son of Man must be lifted up'? Who is this 'Son of Man'?" Then Jesus told them, "You are going to have the light just a little while longer. Walk while you have the light, before darkness overtakes you. Whoever walks in the dark does not know where they are going. Believe in the light while you have the light, so that you may become children of light." When he had finished speaking, Jesus left and hid himself from them.

# Wednesday of Holy Week

## **Psalm**

### Psalm 102 v 1-12

May my cry for help come to you. When I call to out you, hurry to answer me!

Do not hide your face from me when I am in trouble. Listen to me. When I call to out you, hurry to answer me! For my days are vanishing like smoke; my bones are charred as in a fireplace.

May my cry for help come to you. When I call to out you, hurry to answer me!

Withered like grass, my heart is overwhelmed, and I have even forgotten to eat my food .Because of the sound of my sighing, my bones cling to my skin, I resemble a pelican in the wilderness or an owl in a desolate land.

May my cry for help come to you. When I call to out you, hurry to answer me!

I lie awake, yet I am like a bird isolated on a rooftop. My enemies revile me all day long; those who ridicule me use my name to curse. I have eaten ashes as food and mixed my drink with tears because of your indignation and wrath, when you lifted and threw me away.

May my cry for help come to you. When I call to out you, hurry to answer me!

My life is like a declining shadow, and I am withering like a plant. But you, Lord, are enthroned forever; You are remembered throughout all generations.

May my cry for help come to you. When I call to out you, hurry to answer me!

# **Old Testament Reading**

### Exodus 19 v 1-6a

On the third new moon after the people of Israel had gone out of the land of Egypt, on that day they came into the wilderness of Sinai. They set out from Rephidim and came into the wilderness of Sinai, and they encamped in the wilderness. There Israel encamped before the mountain, while Moses went up to God. The Lord called to him out of the mountain, saying, "Thus you shall say to the house of Jacob, and tell the people of Israel: 'You yourselves have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. Now therefore, if you will indeed obey my voice and keep my covenant, you shall be my treasured possession among all peoples, for all the earth is mine; and you shall be to me a kingdom of priests and a holy nation.

### **New Testament**

# Hebrews 12 v 14-29

Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord. See to it that no one falls short of the grace of God and that no bitter root grows up to cause trouble and defile many. See that no one is sexually immoral, or is godless like Esau, who for a single meal sold his inheritance rights as the oldest son. Afterward, as you know, when he wanted to

inherit this blessing, he was rejected. Even though he sought the blessing with tears, he could not change what he had done. You have not come to a mountain that can be touched and that is burning with fire; to darkness, gloom and storm; to a trumpet blast or to such a voice speaking words that those who heard it begged that no further word be spoken to them, because they could not bear what was commanded: "If even an animal touches the mountain, it must be stoned to death." The sight was so terrifying that Moses said, "I am trembling with fear."

But you have come to Mount Zion, to the city of the living God, the heavenly Jerusalem. You have come to thousands upon thousands of angels in joyful assembly, to the church of the firstborn, whose names are written in heaven. You have come to God, the Judge of all, to the spirits of the righteous made perfect, to Jesus the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel. See to it that you do not refuse him who speaks. If they did not escape when they refused him who warned them on earth, how much less will we, if we turn away from him who warns us from heaven? At that time his voice shook the earth, but now he has promised, "Once more I will shake not only the earth but also the heavens." The words "once more" indicate the removing of what can be shaken—that is, created things—so that what cannot be shaken may remain. Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, for our "God is a consuming fire.

### **New Testament**

#### John 13 v 21-32

Jesus was troubled in spirit and testified, "Very truly I tell you, one of you is going to betray me." His disciples stared at one another, at a loss to know which of them he meant. One of them, the disciple whom Jesus loved, was reclining next to him. Simon Peter motioned to this disciple and said, "Ask him which one he means." Leaning back against Jesus, he asked him, "Lord, who is it?" Jesus answered, "It is the one to whom I will give this piece of bread when I have dipped it in the dish." Then, dipping the piece of bread, he gave it to Judas, the son of Simon Iscariot. As soon as Judas took the bread, Satan entered into him. So Jesus told him, "What you are about to do, do quickly." But no one at the meal understood why Jesus said this to him. Since Judas had charge of the money, some thought Jesus was telling him to buy what was needed for the festival, or to give something to the poor. As soon as Judas had taken the bread, he went out. And it was night. When he was gone, Jesus said, "Now the Son of Man is glorified and God is glorified in him. If God is glorified in him, God will glorify the Son in himself, and will glorify him at once.

# **Maundy Thursday**

(White vestments are worn, and the cloths covering the altar and processional crosses are replaced by white veils.)

### The Collect

O God who in this wonderful Sacrament has left to us a perpetual memorial of your love, may we, by the inspiration of your Holy Spirit, give true reverence the sacred mysteries of your Body and Blood, so that we may worthily receive this your most glorious gift and blessing, through Christ our Lord. Amen.

# **Psalm**

### Psalm 116 v 1-8

I love the LORD, for he heard my voice; he heard my cry for mercy.

Because he turned his ear to me, I will call on him as long as I live. The cords of death entangled me, the anguish of the grave came over me; I was overcome by distress and sorrow. Then I called on the name of the LORD: "LORD, save me!"

I love the LORD, for he heard my voice; he heard my cry for mercy.

The LORD is gracious and righteous; our God is full of compassion. The LORD protects the unwary; when I was brought low, he saved me. Return to your rest, my soul, for the LORD has been good to you. For you, LORD, have delivered me from death, my eyes from tears, my feet from stumbling,

I love the LORD, for he heard my voice; he heard my cry for mercy.

### **Old Testament**

#### Exodus 12 v 1-11

The Lord said to Moses and Aaron in Egypt, "This month is to be for you the first month, the first month of your year. Tell the whole community of Israel that on the tenth day of this month each man is to take a lamb for his family, one for each household. If any household is too small for a whole lamb, they must share one with their nearest neighbour, having taken into account the number of people there are. You are to determine the amount of lamb needed in accordance with what each person will eat. The animals you choose must be year-old males without defect, and you may take them from the sheep or the goats. Take care of them until the fourteenth day of the month, when all the members of the community of Israel must slaughter them at twilight. Then they are to take some of the blood and put it on the sides and tops of the doorframes of the houses where they eat the lambs. That same night they are to eat the meat roasted over the fire, along with bitter herbs, and bread made without yeast. Do not eat the meat raw or boiled in water, but roast it over a fire—with the head, legs and internal organs. Do not leave any of it till morning; if some is left till morning, you must burn it. This is how you are to eat it: with your cloak tucked into your belt, your sandals on your feet and your staff in your hand. Eat it in haste; it is the Lord's Passover.

# The Epistle

### I Corinthians 11 v 23 - 26

I received from the Lord what I also passed on to you: the Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, 'This is my body, which is for you; do this in remembrance of me.' In the same way, after supper he took the cup, saying, 'This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.' For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.

# Gospel

### John 6 v 43-51

Very truly I tell you, the one who believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, yet they died. But here is the bread that comes down from heaven, which anyone may eat and not die. I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.

### **Good Friday**

(The altar should be covered in a plain white cloth with a violet frontal. No candles are lit. Prime may be sung.)

## **Collect**

Lord Christ, whose life lays before us as a perfect example for us to imitate, grant us the strength to try and do so., through suffering until we rise with you into the ineffable splendour of Easter, to you who lived and reigned through ages and ages. Amen

#### **Psalm**

#### Psalm 22 v 1-18

"You trust in the Lord," they say, "let the Lord rescue you. Let God deliver you, since you delight in God."

My God, my God, why have you forsaken me? Why are you so far from saving me, so far from my cries of anguish? My God, I cry out by day, but you do not answer, by night, but I find no rest. Yet you are enthroned as the Holy One; you are the one Israel praises.

"You trust in the Lord," they say, "let the Lord rescue you. Let God deliver you, since you delights in God ."

In you our ancestors put their trust; they trusted and you delivered them. To you they cried out and were saved in you they trusted and were not put to shame. But I am more worm than human, scorned by everyone, despised by the people. All who see me mock me; they hurl insults, shaking their heads.

"You trust in the Lord," they say, "let the Lord rescue you. Let God deliver you, since you delights in God ."

Yet you brought me out of the womb; you made me trust in you, even at my mother's breast. From birth I was cast on you; from my mother's womb you have been my God. Do not be far from me, for trouble is near and there is no one to help. Many bulls surround me; strong bulls of Bashan encircle me. Roaring lions that tear their prey open their mouths wide against me.

"You trust in the Lord," they say, "let the Lord rescue you. Let God deliver you, since you delights in God ."

I am poured out like water, and all my bones are out of joint. My heart has turned to wax; it has melted within me. My mouth is dried up like a potsherd, and my tongue sticks to the roof of my mouth; you lay me in the dust of death. Dogs surround me, a pack of villains encircles me; they pierce my hands and my feet. All my bones are on display; people stare and gloat over me.

"You trust in the Lord," they say, "let the Lord rescue you. Let God deliver you, since you delights in God ."

They divide my clothes among them and cast lots for my garment.

"You trust in the Lord," they say, "let the Lord rescue you. Let God deliver you, since you delights in God ."

### **Old Testament**

### Isaiah, chapter 58, verses 3-9.

'Why have we fasted,' they say' and you have not seen it? Why have we humbled ourselves and you have not noticed?' "Yet on the day of your fasting, you do as you please and exploit all your workers. Your fasting ends in quarrelling and strife, and in striking each other with wicked fists. You cannot fast as you do today and expect your voice to be heard on high. Is this the kind of fast I have chosen, only a day for people to humble themselves? Is it only for bowing one's head like a reed and for lying in sackcloth and ashes? Is that what you call a fast, a day acceptable to the Lord? "Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke to set the oppressed free and break every yoke? Is it not to share your food with the hungry and to provide the poor wanderer with shelter—when you see the naked, to clothe them, and not to turn away from your own flesh and blood? Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the glory of the Lord will be your rear guard. Then you will call, and the Lord will answer; "You will cry for help, and he will say: Here am I."

### **Epistle**

#### 2 Corinthians 1 v 3 -7

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God. For just as we share abundantly in the sufferings of Christ, so also our comfort abounds through Christ. If we are distressed, it is for your comfort and salvation; if we are comforted, it is for your comfort, which produces in you patient endurance of the same sufferings we suffer. And our hope for you is firm, because we know that just as you share in our sufferings, so also you share in our comfort.

### Gospel

### John 12 v 22b - 26

"Sir," they said, "we would like to see Jesus." Philip went to tell Andrew; Andrew and Philip in turn told Jesus. Jesus replied, "The hour has come for the Son of Man to be glorified. Very truly I tell you, unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds. Anyone who loves their life will lose it, while anyone who hates their life in this world will keep it for eternal life. Whoever serves me must follow me; and where I am, my servant also will be. My Father will honour the one who serves me.

### Alternatively Luke 9 v 18 -27

Once when Jesus was praying in private and his disciples were with him, he asked them, "Who do the crowds say I am?" They replied, "Some say John the Baptist; others say Elijah; and still others, that one of the prophets of long ago has come back to life." "But what about you?" he asked. "Who do you say I am?" Peter answered, "God's Messiah." Jesus strictly warned them not to tell this to anyone. And he said, "The Son of Man must suffer many things and be rejected by the elders, the chief priests and the teachers of the law, and he must be killed and on the third day be raised to life." Then he said to them all: "Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me. For whoever wants to save their life will lose it, but whoever loses their life for me will save it. What good is it for someone to gain the whole world, and yet lose or forfeit their very self? Whoever is ashamed of me and my words, the Son of Man will be ashamed of them when he comes in his glory and in the glory of the Father and of the holy angels. Truly I tell you, some who are standing here will not taste death before they see the kingdom of God."

## **Good Friday, the Veneration of the Cross**

(The cross is placed on the centre of the altar and then unveiled. The altar is approached in three stages by clergy. At the end of each stage they genuflect.)

1st stage

**Priest:** Holy are you, O God.

Congregation: Holy are you, O God.

2nd stage

Priest: Mighty are you, O God

Congregation: Mighty are you, O God.

3rd stage

**Priest:** Holy are you, O immortal One, pour out your love upon us.

**Congregation:** Holy are you, O immortal One, pour out your love upon us.

(After the third genuflection the following words are sung.)

All: Take up the cross, the Master said, If you would my disciple be;

Deny yourself, the world forsake and humbly follow after me.

Take up the cross; let not its weight fill your weak spirit with alarm;

His strength will lift your spirit up, and brace the heart and nerve your arm.

Take up the cross, heed not the shame, nor let your foolish pride rebel;

Your Lord for you the cross endured, to save your soul from death's dark spell.

Take up your cross, and follow Christ, nor think till death to lay it down;

For only those who bear the cross may hope to wear a glorious crown.

To you, great God, the One in Three, all praise for evermore ascend;

O grant us in our home to see the heavenly life which knows no end.

(Towards the end of this hymn the cross is returned to its usual place.)

# **Holy Saturday**

(The altar should have plain white linen with a purple/violet frontal. No candles are lit.)

### **Collect**

Lord Christ, whose life the gospels lay before us as a perfect example, grant that we may follow you through mystical burial Into newness of life, who lives and reigns for ever, Amen.

## **Psalm**

# Psalm 29 v 19 - 28

I will make him My firstborn, the highest of the kings of the earth.

My mercy I will keep for him forever, And My covenant shall stand firm with him. For our shield belongs to the Lord, ,And our king to the Holy One of Israel. Then You spoke in a vision to Your holy one, And said: "I have given help to one who is mighty; I have exalted one chosen from the people.

I will make him My firstborn, the highest of the kings of the earth.

I have found My servant David; With My holy oil I have anointed him, with whom My hand shall be established; Also My arm shall strengthen him. The enemy shall not outwit him, Nor the son of wickedness afflict him.

I will make him My firstborn, the highest of the kings of the earth

I will beat down his foes before his face, and plague those who hate him. "But My faithfulness and My mercy shall be with him, in My name his horn shall be exalted. Also I will set his hand over the sea, and his right hand over the rivers.

I will make him My firstborn, the highest of the kings of the earth

He shall cry to Me, 'You are my Father, My God, and the rock of my salvation. 'My mercy I will keep for him forever, And My covenant shall stand firm with him.

I will make him My firstborn, the highest of the kings of the earth

### **Old Testament**

### Isaiah 25 v 6 -9

On this mountain the Lord Almighty will prepare a feast of rich food for all peoples, a banquet of aged wine— the best of meats and the finest of wines. On this mountain he will destroy the shroud that enfolds all peoples, the sheet that covers all nations; he will swallow up death forever. The Sovereign Lord will wipe away the tears from all faces; he will remove his people's disgrace from all the earth. The Lord has spoken. In that day they will say, "Surely this is our God; we trusted in him, and he saved us. This is the Lord, we trusted in him; let us rejoice and be glad in his salvation."

# The Epistle

### I Peter 3 v 14 - 22

Who is going to harm you if you are eager to do good? But even if you should suffer for what is right, you are blessed. Do not fear their threats; do not be frightened, but in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect, keeping a clear conscience, so that those who speak maliciously against your good behaviour in Christ may be ashamed of their slander. For it is better, if it is God's will, to suffer for doing good than for doing evil. For Christ also suffered once for sins, the righteous for the unrighteous, to bring you to God. He was put to death in the body but made alive in the Spirit. After being made alive, he went and made proclamation to the imprisoned spirits— to those who were disobedient long ago when God waited patiently in the days of Noah while the ark was being built. In it only a few people, eight in all, were saved through water, and this water symbolizes baptism that now saves you also—not the removal of dirt from the body but the pledge of a clear conscience toward God. It saves you by the resurrection of Jesus Christ who has gone into heaven and is at God's right hand—with angels, authorities and powers in submission to him.

# Alternatively a reading from Psalm 37 v 3 - 5

Trust in the Lord and do good; dwell in the land and enjoy safe pasture. Take delight in the Lord, and he will give you the desires of your heart. Commit your way to the Lord; trust in him and he will do this.

### Gospel

### Matthew 27 v 57 - 61

As evening approached, there came a rich man from Arimathea, named Joseph, who had himself become a disciple of Jesus. Going to Pilate, he asked for Jesus' body, and Pilate ordered that it be given to him. Joseph took the body, wrapped it in a clean linen cloth, and placed it in his own new tomb that he had cut out of the rock. He rolled a big stone in front of the entrance to the tomb and went away. Mary Magdalene and the other Mary were sitting there opposite the tomb.

# The Blessing of the Fire

(At a convenient time and in a place outside the church building a fire is kindled. This can be done using a lens and sunlight or a flint and steel.

The rite of asperges is carried out. Asperges is a name given to the rite of sprinkling a congregation with holy water. The name comes from the first word in the 9th verse of Psalm 51 in the Latin translation which is sung during the traditional form of the rite except during Eastertide.

(Glowing embers of the fire are placed in a thurible, or other suitable vessel.)

**Priest:** let this fire be purified + and blessed + by God in whose honour it is kindled.

(Five pellets of incense are blessed.)

**Priest:** let this incense be + purified ad blessed + by God to whom its fragrance is dedicated.

(The triple candle is lit)

**Priest:** let this candle be purified + and blessed + by he who is the Light of the World.

(During procession which follows a deacon or other person carries the incense, or a sub deacon does this and the deacon carries the triple candle, lit from the new fire, otherwise the priest does this. Four genuflections are made by all in the procession. Each time the triple candle is raised and the deacon or priest sings:-)

**Deacon**: Christ is our light.

**Congregation :** May his light shine upon us.

Once arrived at the altar, the deacon says:

**Deacon:** Cleanse my heart and my lips, O God, who by the light of thy seraph cleansed the lips of the prophet Isaiah with a burning coal from your altar, and in your loving kindness so purify me that I may worthily proclaim your holy gospel: through Christ our Lord, Amen

(The priest blesses him or her in the usual manner)

**Priest:** May the Lord be in your heart + and on your lips +, that through your heart the love of God may shine out, and through your lips God's power may be manifested. Amen

Deacon: The Lord be with you.

**Priest:** And with your spirit.

Deacon: John 1 v 1-14

In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning. Through him all things were made; without him nothing was made that has been made. In him was life, and that life was the light of all mankind. The light shines in the darkness, and the darkness has not overcome it. There was a man sent from God whose name was John. He came as a witness to testify concerning that light, so that through him all might believe. He himself was not the light; he came only as a witness to the light. The true light that gives light to everyone was coming into the world. He was in the world, and though the world was made through him, the world did not recognize him. He came to that which was his own, but his own did not receive him. Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God— children born not of natural descent, nor of human decision or a

husband's will, but born of God. The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth.

(The deacon now fixes the five grains of incense into the Pascal candle.)

**Priest:** Let this candle be + purified and + blessed by him in whose honour it is burned.

(The deacon then lights the Pascal candle and altar candles.)

**Priest:** Let us pray

**Priest:** Blessed Lord, may our hearts be so stirred by your power during the Easter Festival, that, rising out of the darkness of sin and ignorance, we may shine with the splendour of your light, O Son of Righteousness.

(Any baptisms may be carried out at this point)

All: In the name of the + Father, and of the + Son and of the Holy +Spirit.

# **Easter Day**

### **Collect**

O God of Love, we praise you, we bless you, with all our hearts we give you thanks and magnify your name for this most glorious and holy Festival of Easter, for in the glorious victory which within it is symbolised and commemorated, you have given us the true and certain witness that good will finally overcome evil, and that death is but a gateway to the splendour of eternal life in you, O ever shining Son of Righteousness, who lives and reigns for ever and ever, Amen

# Psalm

### Psalm 118 v 19-24

Open for me the gates of the righteous; I will enter and give thanks to the Lord.

This is the gate of the Lord through which the righteous may enter .I will give you thanks, for you answered me; you have become my salvation.

Open for me the gates of the righteous; I will enter and give thanks to the Lord.

The stone the builders rejected has become the cornerstone; the Lord has done this, and it is marvellous in our eyes. The Lord has done it this very day; let us rejoice today and be glad.

Open for me the gates of the righteous; I will enter and give thanks to the Lord.

### **Old Testament**

#### Genesis 1 v 1-5

In the beginning God created the heavens and the earth. Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters. And God said, "Let there be light," and there was light. God saw that the light was good, and he

separated the light from the darkness. God called the light "day," and the darkness he called "night." And there was evening, and there was morning—the first day.

# **Epistle**

### 1 Corinthians 15 v 12 - 44

But if it is preached that Christ has been raised from the dead, how can some of you say that there is no resurrection of the dead? If there is no resurrection of the dead, then not even Christ has been raised. And if Christ has not been raised, our preaching is useless and so is your faith. More than that, we are then found to be false witnesses about God, for we have testified about God that he raised Christ from the dead. But he did not raise him if in fact the dead are not raised. For if the dead are not raised, then Christ has not been raised either. And if Christ has not been raised, your faith is futile; you are still in your sins. Then those also who have fallen asleep in Christ are lost. If only for this life we have hope in Christ, we are of all people most to be pitied. But Christ has indeed been raised from the dead, the first fruits of those who have fallen asleep. For since death came through a man, the resurrection of the dead comes also through a man. For as in Adam all die, so in Christ all will be made alive. But each in turn: Christ, the first fruits; then, when he comes, those who belong to him. Then the end will come, when he hands over the kingdom to God the Father after he has destroyed all dominion, authority and power. For he must reign until he has put all his enemies under his feet. The last enemy to be destroyed is death. For he "has put everything under his feet." Now when it says that "everything" has been put under him, it is clear that this does not include God himself, who put everything under Christ. When he has done this, then the Son himself will be made subject to him who put everything under him, so that God may be all in all. Now if there is no resurrection, what will those do who are baptized for the dead? If the dead are not raised at all, why are people baptized for them? And as for us, why do we endanger ourselves every hour? I face death every day—yes, just as surely as I boast about you in Christ Jesus our Lord. If I fought wild beasts in Ephesus with no more than human hopes, what have I gained? If the dead are not raised, "Let us eat and drink, for tomorrow we die." Do not be misled: "Bad company corrupts good character. "Come back to your senses as you ought, and stop sinning; for there are some who are ignorant of God—I say this to your shame. But someone will ask, "How are the dead raised? With what kind of body will they come?" How foolish! What you sow does not come to life unless it dies. When you sow, you do not plant the body that will be, but just a seed, perhaps of wheat or of something else. But God gives it a body as he has determined, and to each kind of seed he gives its own body. Not all flesh is the same: People have one kind of flesh, animals have another, birds another and fish another. There are also heavenly bodies and there are earthly bodies; but the splendour of the heavenly bodies is one kind, and the splendour of the earthly bodies is another. The sun has one kind of splendour, the moon another and the stars another; and star differs from star in splendour. So will it be with the resurrection of the dead. The body that is sown is perishable, it is raised imperishable; it is sown in dishonour, it is raised in glory; it is sown in weakness, it is raised in power; it is sown a natural body, it is raised a spiritual body.

# Gospel

# Matthew 28 v 1 -9

After the Sabbath, at dawn on the first day of the week, Mary Magdalene and the other Mary went to look at the tomb. There was a violent earthquake, for an angel of the Lord came down from heaven and, going to the tomb, rolled back the stone and sat on it. His appearance was like lightning,

and his clothes were white as snow. The guards were so afraid of him that they shook and became like dead men. The angel said to the women, "Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; he has risen, just as he said. Come and see the place where he lay. Then go quickly and tell his disciples: 'He has risen from the dead and is going ahead of you into Galilee. There you will see him.' Now I have told you." So the women hurried away from the tomb, afraid yet filled with joy, and ran to tell his disciples. Suddenly Jesus met them. "Greetings," he said. They came to him, clasped his feet and worshipped him.

# Low Sunday or the First Sunday after Easter

#### **Collect**

O Lord Christ, by whose eternal sacrifice we exist, and in whose victory we triumph, grant that, whether in joy or on sorrow, we may never lose the memory of your unchanging love, who lives and reigns, God throughout the ages.

#### **Psalm**

#### Psalm 133

How good and pleasant it is when God's people live together in unity!

It is like precious oil poured on the head, running down on the beard, running down on Aaron's beard, down on the collar of his robe.

How good and pleasant it is when God's people live together in unity!

It is as if the dew of Hermon were falling on Mount Zion. For there the Lord bestows his blessing, even life forevermore.

How good and pleasant it is when God's people live together in unity!

# **Epistle**

# Acts 10 v 34 - 43

Peter began to speak: "I now realize how true it is that God does not show favouritism but accepts from every nation the one who fears him and does what is right. You know the message God sent to the people of Israel, announcing the good news of peace through Jesus Christ, who is Lord of all. You know what has happened throughout the province of Judea, beginning in Galilee after the baptism that John preached— how God anointed Jesus of Nazareth with the Holy Spirit and power, and how he went around doing good and healing all who were under the power of the devil, because God was with him.

"We are witnesses of everything he did in the country of the Jews and in Jerusalem. They killed him by hanging him on a cross, but God raised him from the dead on the third day and caused him to be seen. He was not seen by all the people, but by witnesses whom God had already chosen—by us who ate and drank with him after he rose from the dead. He commanded us to preach to the people

and to testify that he is the one whom God appointed as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name."

# Gospel

## Luke 24 v 13 - 35

Now that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem. They were talking with each other about everything that had happened. As they talked and discussed these things with each other, Jesus himself came up and walked along with them; but they were kept from recognizing him. He asked them, "What are you discussing together as you walk along?" They stood still, their faces downcast. One of them, named Cleopas, asked him, "Are you the only one visiting Jerusalem who does not know the things that have happened there in these days?" "What things?" he asked. "About Jesus of Nazareth," they replied. "He was a prophet, powerful in word and deed before God and all the people. The chief priests and our rulers handed him over to be sentenced to death, and they crucified him; but we had hoped that he was the one who was going to redeem Israel. And what is more, it is the third day since all this took place. In addition, some of our women amazed us. They went to the tomb early this morning but didn't find his body. They came and told us that they had seen a vision of angels, who said he was alive. Then some of our companions went to the tomb and found it just as the women had said, but they did not see Jesus." He said to them, "How foolish you are, and how slow to believe all that the prophets have spoken! Did not the Messiah have to suffer these things and then enter his glory?" And beginning with Moses and all the Prophets, he explained to them what was said in all the Scriptures concerning himself. As they approached the village to which they were going, Jesus continued on as if he were going farther. But they urged him strongly, "Stay with us, for it is nearly evening; the day is almost over." So he went in to stay with them. When he was at the table with them, he took bread, gave thanks, broke it and began to give it to them. Then their eyes were opened and they recognized him, and he disappeared from their sight. They asked each other, "Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?" They got up and returned at once to Jerusalem. There they found the Eleven and those with them, assembled together 34 and saying, "It is true! The Lord has risen and has appeared to Simon." Then the two told what had happened on the way, and how Jesus was recognized by them when he broke the bread.

# **Second Sunday after Easter**

## **Collect**

O Lord Christ, Sun of Rightousness, who at holy Eastertide rose from the darkness of death with great glory to your people, grant that your church may make ready and prepare your way so that the earth may be filled with your glory, even as the waters cover the sea. To You who live and reign ever in unity with the Father and the Holy Spirit, God eternal. Amen.

#### **Psalm**

### Psalm 23 New International Version (NIV)

I will dwell in the house of the Lord forever.

The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters,

I will dwell in the house of the Lord forever.

He refreshes my soul. He guides me along the right paths for his name's sake.

I will dwell in the house of the Lord forever.

Even though I walk through the darkest valley, I will fear no evil, for you are with me;

I will dwell in the house of the Lord forever.

Your rod and your staff, they comfort me. You prepare a table before me, in the presence of my enemies.

I will dwell in the house of the Lord forever.

You anoint my head with oil; my cup overflows. Surely your goodness and love will follow me all the days of my life,

And I will dwell in the house of the Lord forever.

# **Epistle**

## 1 John 5 v 4-12

Everyone who is born from God has overcome the world. Our faith is the victory that overcomes the world. Who overcomes the world? Is it not the person who believes that Jesus is the Son of God? This man, Jesus the Messiah, is the one who came by water and blood—not with water only, but with water and with blood. The Spirit is the one who verifies this, because the Spirit is the truth. For there are three witnesses in heaven—the Father, the Word, and the Holy Spirit, and these three are one. And there are three witness on earth—the Spirit, the water, and the blood—and these three are one. If we accept human testimony, God's testimony is greater, because it is the testimony of God and because he has testified about his Son. The person who believes in the Son of God believes this testimony personally. The person who does not believe God has made him a liar by not believing the testimony that he has given about his Son. This is the testimony: God has given us eternal life,

and this life is found in his Son. The person who has the Son has this life. The person who does not have the Son of God does not have this life.

# Gospel

#### John 20 v 19 -23

On the evening of that first day of the week, when the disciples were together, with the doors locked for fear of the Jewish leaders, Jesus came and stood among them and said, 'Peace be with you!' After he said this, he showed them his hands and side. The disciples were overjoyed when they saw the Lord. Again Jesus said, 'Peace be with you! As the Father has sent me, I am sending you.' And with that he breathed on them and said, 'Receive the Holy Spirit. If you forgive anyone's sins, their sins are forgiven; if you do not forgive them, they are not forgiven.

# The Third Sunday after Easter

#### **Collect**

O Christ, as at this season you rose from death into the wondrous power of an eternal life, so may we too rise from the darkness of sin into the ineffable splendour of life in You, O Light of Light , who lives and reigns eternally. Amen.

#### **Psalm**

# Psalm 4

Answer me when I call to you, my righteous God.

Give me relief from my distress; have mercy on me and hear my prayer. How long will you people turn my glory into shame?

Answer me when I call to you, my righteous God.

How long will you love delusions and seek false gods Know that the Lord has set apart his faithful servant for himself;

Answer me when I call to you, my righteous God.

The LORD hears when I call to him. Tremble and do not sin; when you are on your beds, search your hearts and be silent.

Answer me when I call to you, my righteous God.

Offer the sacrifices of the righteous and trust in the Lord. Many, Lord, are asking, "Who will bring us prosperity?"

Answer me when I call to you, my righteous God.

Let the light of your face shine on us. Fill my heart with joy when their grain and new wine abound. In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety.

Answer me when I call to you, my righteous God.

## **Epistle**

### Colossians 2 v 6 -12 & Colossians 3 v 1-4

So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness. For in Christ all the fullness of the Deity lives in bodily form, and in Christ you have been brought to fullness. He is the head over every power and authority. In him you were also circumcised with a circumcision not performed by human hands. Your whole self, ruled by the flesh was put off when you were circumcised by Christ, having been buried with him in baptism, in which you were also raised with him through your faith in the working of God, who raised him from the dead. Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. Set your minds on things above, not on earthly things. For you died, and your life is now hidden with Christ in God. When Christ, who is your life, appears, then you also will appear with him in glory.

# Gospel

### Luke 24 v 36 - 48

While they were still talking about this, Jesus himself stood among them and said to them, "Peace be with you." They were startled and frightened, thinking they saw a ghost. He said to them, "Why are you troubled, and why do doubts rise in your minds? Look at my hands and my feet. It is I myself! Touch me and see; a ghost does not have flesh and bones, as you see I have." When he had said this, he showed them his hands and feet. And while they still did not believe it because of joy and amazement, he asked them, "Do you have anything here to eat?" They gave him a piece of broiled fish, and he took it and ate it in their presence. He said to them, "This is what I told you while I was still with you: Everything must be fulfilled that is written about me in the Law of Moses, the Prophets and the Psalms." Then he opened their minds so they could understand the Scriptures. He told them, "This is what is written: The Messiah will suffer and rise from the dead on the third day, and repentance for the forgiveness of sins will be preached in his name to all nations, beginning at Jerusalem. You are witnesses of these things.

## The Fourth Sunday after Easter

# **Collect**

Christ, Lord and Master, grant that, as you have risen from the dead, your people may rise from ignorance to true knowledge, and so press on towards the mount of heavenly wisdom, where justice and peace are present forever. You who live and reign from age to age, Amen.

#### **Psalm**

### Psalm 33 v 6 -14

By the word of the Lord the heavens were made, their starry host by the breath of his mouth.

He gathers the waters of the sea into jars; he puts the deep into storehouses. Let all the earth fear the Lord; let all the people of the world revere him.

By the word of the Lord the heavens were made, their starry host by the breath of his mouth.

For he spoke, and it came to be; he commanded, and it stood firm. The Lord foils the plans of the nations; he thwarts the purposes of the peoples. But the plans of the Lord stand firm forever, the purposes of his heart through all generations.

By the word of the Lord the heavens were made, their starry host by the breath of his mouth.

Blessed is the nation whose God is the Lord, the people he chose for his inheritance. From heaven the Lord looks down and sees all mankind; from his dwelling place he watches all who live on earth—

#### Proverbs 4 verses 10 -19

Listen, my child, accept what I say, and the years of your life will be many. I'll instruct you in the way of wisdom and lead you along straight paths. When you walk, your steps will not be hampered; when you run, you will not stumble. Hold on to instruction, do not let it go; guard it well, for it is your life. Do not set foot on the path of the wicked or walk in the way of evildoers. Avoid it, do not travel on it; turn from it and go on your way. For they cannot rest until they do evil; they are robbed of sleep till they make someone stumble. They eat the bread of wickedness and drink the wine of violence. The path of the righteous is like the morning sun, shining ever brighter till the full light of day. But the way of the wicked is like deep darkness; they do not know what makes them stumble.

# The First New Testament Reading

#### Acts 13 v 27 - 34

The people of Jerusalem and their rulers did not recognize Jesus, yet in condemning him they fulfilled the words of the prophets that are read every Sabbath. Though they found no proper ground for a death sentence, they asked Pilate to have him executed. When they had carried out all that was written about him, they took him down from the cross and laid him in a tomb. But God raised him from the dead, and for many days he was seen by those who had travelled with him from Galilee to Jerusalem. They are now his witnesses to our people. "We tell you the good news: What God promised our ancestors he has fulfilled for us, their children, by raising up Jesus. As it is written in the second Psalm: "You are my son; today I have become your father.' God raised him from the dead so that he will never be subject to decay. As God has said, "'I will give you the holy and sure blessings promised to David.'

### Gospel

### Mark 16 v 1ff

When the Sabbath was over, Mary Magdalene, Mary the mother of James, and Salome bought spices so that they might go to anoint Jesus' body. Very early on the first day of the week, just after sunrise, they were on their way to the tomb and they asked each other, "Who will roll the stone away from the entrance of the tomb?" But when they looked up, they saw that the stone, which was very large, had been rolled away. As they entered the tomb, they saw a young man dressed in a white robe sitting on the right side, and they were alarmed. "Don't be alarmed," he said. "You are looking for Jesus the Nazarene, who was crucified. He has risen! He is not here. See the place where

they laid him. But go, tell his disciples and Peter, 'He is going ahead of you into Galilee. There you will see him, just as he told you." Trembling and bewildered, the women went out and fled from the tomb. They said nothing to anyone, because they were afraid. When Jesus rose early on the first day of the week, he appeared first to Mary Magdalene, out of whom he had driven seven demons. She went and told those who had been with him and who were mourning and weeping. When they heard that Jesus was alive and that she had seen him, they did not believe it. Afterward Jesus appeared in a different form to two of them while they were walking in the country. These returned and reported it to the rest; but they did not believe them either. Later Jesus appeared to the Eleven as they were eating; he rebuked them for their lack of faith and their stubborn refusal to believe those who had seen him after he had risen. He said to them, "Go into all the world and preach the gospel to all creation. Whoever believes and is baptized will be saved, but whoever does not believe will be condemned. And these signs will accompany those who believe: In my name they will drive out demons; they will speak in new tongues; they will pick up snakes with their hands; and when they drink deadly poison, it will not hurt them at all; they will place their hands on sick people, and they will get well." After the Lord Jesus had spoken to them, he was taken up into heaven and he sat at the right hand of God. Then the disciples went out and preached everywhere, and the Lord worked with them and confirmed his word by the signs that accompanied it.

### Easter 5

### **Collect**

Lord Christ, whose wonderful triumph your faithful people celebrate every year, we pray to you that as time goes on we may also triumph over sin, and , following your amazing example, may rise into the fullness of our spiritual heritage; O you who lives and reigns with the Father and the Holy Spirit, God throughout eternity.

## **Psalm**

### Psalm 22 v 25-31

From you my God comes my praise in the great congregation;

My vows I will pay before those who fear him. The poor shall eat and be satisfied; those who seek him shall praise the Lord.

From you my God comes my praise in the great congregation;

May your hearts live forever! All the ends of the earth shall remember and turn to the Lord; and all the families of the nations shall worship before him.

From you my God comes my praise in the great congregation;

For dominion belongs to the Lord, and he rules over the nations. To him, indeed, shall all who sleep in the earth bow down; before him shall bow all who go down to the dust, and I shall live for him.

Posterity will serve him; future generations will be told about the Lord, and proclaim his deliverance to a people yet unborn, saying that he has done it.

From you my God comes my praise in the great congregation;

### **Old Testament**

### Hosea 6 v 1-6

"Come, let us return to the Lord. He has torn us to pieces, but he will heal us; he has injured us, but he will bind up our wounds. After two days he will revive us; on the third day he will restore us, that we may live in his presence. Let us acknowledge the Lord; let us press on to acknowledge him. As surely as the sun rises, he will appear; he will come to us like the winter rains, like the spring rains that water the earth." "What can I do with you, Ephraim? What can I do with you, Judah? Your love is like the morning mist, like the early dew that disappears. Therefore I cut you in pieces with my prophets, I killed you with the words of my mouth— then my judgments go forth like the sun. For I desire mercy, not sacrifice, and acknowledgment of God rather than burnt offerings.

# First New Testament Reading

#### Acts 2 v 22 - 28

Listen to this: Jesus of Nazareth was a man accredited by God to you by miracles, wonders and signs, which God did among you through him, as you yourselves know. This man was handed over to you by God's deliberate plan and foreknowledge; and you, with the help of wicked men, put him to death by nailing him to the cross. But God raised him from the dead, freeing him from the agony of death, because it was impossible for death to keep its hold on him. David said about him: "'I saw the Lord always before me. Because he is at my right hand, I will not be shaken. Therefore my heart is glad and my tongue rejoices; my body also will rest in hope, because you will not abandon me to the realm of the dead, you will not let your holy one see decay. You have made known to me the paths of life; you will fill me with joy in your presence.

# Gospel

## Mark 16 v 9ff

When Jesus rose early on the first day of the week, he appeared first to Mary Magdalene, out of whom he had driven seven demons. She went and told those who had been with him and who were mourning and weeping. When they heard that Jesus was alive and that she had seen him, they did not believe it. Afterward Jesus appeared in a different form to two of them while they were walking in the country. These returned and reported it to the rest; but they did not believe them either. Later Jesus appeared to the Eleven as they were eating; he rebuked them for their lack of faith and their stubborn refusal to believe those who had seen him after he had risen. He said to them, "Go into all the world and preach the gospel to all creation. Whoever believes and is baptized will be saved, but whoever does not believe will be condemned. And these signs will accompany those who believe: In my name they will drive out demons; they will speak in new tongues; they will pick up snakes with their hands; and when they drink deadly poison, it will not hurt them at all; they will place their hands on sick people, and they will get well." After the Lord Jesus had spoken to them, he was taken up into heaven and he sat at the right hand of God. Then the disciples went out and preached everywhere, and the Lord worked with them and confirmed his word by the signs that accompanied it.

# **Ascension Day**

## **Collect**

O God, King of Glory, we pray that, as your only son Jesus Christ has ascended into the heavens, may we also ascend with him in heart and mind and dwell with him forever, who lives and reigns with you and the Holy Spirit, one God, through all ages. Amen.

### **Psalm**

## Psalm 21 v 1-7

The king rejoices in your strength, Lord. How great is his joy in the victories you give! You have granted him his heart's desire and have not withheld the request of his lips.

He asked you for life, and you gave it to him—length of days, for ever and ever.

You came to greet him with rich blessings and placed a crown of pure gold on his head. Through the victories you gave, his glory is great; you have bestowed on him splendour and majesty.

He asked you for life, and you gave it to him—length of days, for ever and ever.

Surely you have granted him unending blessings and made him glad with the joy of your presence. For the king trusts in the Lord; through the unfailing love of the Most High, he will not be shaken.

He asked you for life, and you gave it to him—length of days, for ever and ever.

# **Old Testament**

#### Leviticus 16 v 15

Then he shall slaughter the goat of the sin offering which is for the people, and bring its blood inside the veil and do with its blood as he did with the blood of the bull, and sprinkle it on the mercy seat and in front of the mercy seat.

# The First New Testament Reading

# Acts 1 v 4b - 11

Wait for the gift my Father promised, which you have heard me speak about. For John baptized with water, but in a few days you will be baptized with the Holy Spirit." Then they gathered around him and asked him, "Lord, are you at this time going to restore the kingdom to Israel?" He said to them: "It is not for you to know the times or dates the Father has set by his own authority. But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth." After he said this, he was taken up before their very eyes, and a cloud hid him from their sight. They were looking intently up into the sky as he was going, when suddenly two men dressed in white stood beside them. "Men of Galilee," they said, "why do you stand here looking into the sky? This same Jesus, who has been taken from you into heaven, will come back in the same way you have seen him go into heaven."

# Gospel

### Luke 24 v 49 - 53

I am going to send you what my Father has promised; but stay in the city until you have been clothed with power from on high." When he had led them out to the vicinity of Bethany, he lifted up his hands and blessed them. While he was blessing them, he left them and was taken up into heaven. Then they worshiped him and returned to Jerusalem with great joy. And they stayed continually at the temple, praising God.

# **Sunday after Ascension Day**

### **Collect**

Eternal God, you have exalted your only Son with great triumph to your heavenly kingdom, do not leave us comfortless, but send your Holy Spirit to strengthen us and exalt us to the place where Christ has gone before, and where, with you and the Spirit, he is worshipped and glorified, now and always.

### **Psalm**

### Psalm 1

The Lord watches over the way of the righteous,

Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the Lord, and who meditates on his law day and night.

The Lord watches over the way of the righteous,

That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither— whatever they do prospers. Not so the wicked! They are like chaff that the wind blows away. Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous.

The Lord watches over the way of the righteous,

For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.

### **Old Testament**

#### Daniel 7 v 9-14

"I kept on watching until the Ancient of Days was seated. His clothes were white, like snow, and the hair on his head was like pure wool. His throne burned with flaming fire, and its wheels burned with fire. A river of fire flowed out from before him. Thousands upon thousands were serving him, with millions upon millions waiting before him. The court sat in judgment and record books were unsealed. "I continued watching because of the audacious words that the horn was speaking. I kept observing until the animal was killed and its body destroyed and given over to burning fire. Now as

to the other animals, their authority was removed, but they were granted a reprieve from execution[b] for an appointed period of time." "I continued to observe the night vision—and look!— someone like the Son of Man was coming, accompanied by heavenly clouds. He approached the Ancient of Days and was presented before him. 14 To him dominion was bestowed, along with glory and a kingdom, so that all people, nations, and languages are to serve him. His dominion is an everlasting dominion—it will never pass away—and his kingdom is one that will never be destroyed."

# **Epistle**

# Ephesians 1 v 15 -23

Because I have heard about your faith in the Lord Jesus and your love[u] for all the saints, 16 I never stop giving thanks for you as I mention you in my prayers. I pray that the God of our Lord Jesus, the Messiah, the most glorious Father, would give you a wise spirit, along with revelation that comes through knowing the Messiah fully. Then, with the eyes of your hearts enlightened, you will know the confidence that is produced by God[z] having called you, the rich glory that is his inheritance among the saints, and the unlimited greatness of his power for us who believe, according to the working of his mighty strength, which he brought about in the Messiah when he raised him from the dead and seated him at his right hand in the heavenly realm. He is far above every ruler, authority, power, dominion, and every name that can be named, not only in the present age, but also in the one to come. God has put everything under the Messiah's feet and has made him the head of everything for the good of the church, which is his body, the fullness of the one who fills everything in every way.

### Gospel

### John 14 v 15-26

"If you love me, keep my commands. And I will ask the Father, and he will give you another advocate to help you and be with you forever— the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be[a] in you. I will not leave you as orphans; I will come to you. Before long, the world will not see me anymore, but you will see me. Because I live, you also will live. On that day you will realize that I am in my Father, and you are in me, and I am in you. Whoever has my commands and keeps them is the one who loves me. The one who loves me will be loved by my Father, and I too will love them and show myself to them." Then Judas (not Judas Iscariot) said, "But, Lord, why do you intend to show yourself to us and not to the world?" Jesus replied, "Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them. Anyone who does not love me will not obey my teaching. These words you hear are not my own; they belong to the Father who sent me. "All this I have spoken while still with you. 26 But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.

#### **Pentecost**

## **Collect**

O God, who at this time did touch the hearts of the faithful by sending to them the light and power of the Holy Spirit,; grant us by that same Spirit to have right judgement in all things and to evermore to rejoice; through the love of Christ our Saviour, who lives and reigns with you, in unity with the Spirit.

### **Psalm**

#### Psalm 29 v 1-11

The voice of the Lord is powerful; the voice of the Lord is majestic

Ascribe to the Lord, you heavenly beings, ascribe to the Lord glory and strength. The voice of the Lord is over the waters; the God of glory thunders, the Lord thunders over the mighty waters.

The voice of the Lord is powerful; the voice of the Lord is majestic

The voice of the Lord breaks the cedars; the Lord breaks in pieces the cedars of Lebanon. He makes Lebanon leap like a calf, Sirion like a young wild ox. The voice of the Lord strikes with flashes of lightning.

The voice of the Lord is powerful; the voice of the Lord is majestic

The voice of the Lord shakes the desert; the Lord shakes the Desert of Kadesh. The voice of the Lord twists the oak sand strips the forests bare. And in his temple all cry, "Glory!" The Lord sits enthroned over the flood; the Lord is enthroned as King forever.

The voice of the Lord is powerful; the voice of the Lord is majestic

The Lord gives strength to his people; the Lord blesses his people with peace.

The voice of the Lord is powerful; the voice of the Lord is majestic

# **Old Testament**

# **Ezekiel 37 v 1-14**

The hand of the Lord was on me, and he brought me out by the Spirit of the Lord and set me in the middle of a valley; it was full of bones. He led me back and forth among them, and I saw a great many bones on the floor of the valley, bones that were very dry. He asked me, "Son of man, can these bones live?" I said, "Sovereign Lord, you alone know." Then he said to me, "Prophesy to these bones and say to them, 'Dry bones, hear the word of the Lord! This is what the Sovereign Lord says to these bones: I will make breath[a] enter you, and you will come to life. I will attach tendons to you and make flesh come upon you and cover you with skin; I will put breath in you, and you will come to life. Then you will know that I am the Lord.""

So I prophesied as I was commanded. And as I was prophesying, there was a noise, a rattling sound, and the bones came together, bone to bone. I looked, and tendons and flesh appeared on them and skin covered them, but there was no breath in them. Then he said to me, "Prophesy to the breath;

prophesy, son of man, and say to it, 'This is what the Sovereign Lord says: Come, breath, from the four winds and breathe into these slain, that they may live.'" So I prophesied as he commanded me, and breath entered them; they came to life and stood up on their feet—a vast army. Then he said to me: "Son of man, these bones are the people of Israel. They say, 'Our bones are dried up and our hope is gone; we are cut off.' Therefore prophesy and say to them: 'This is what the Sovereign Lord says: My people, I am going to open your graves and bring you up from them; I will bring you back to the land of Israel. Then you, my people, will know that I am the Lord, when I open your graves and bring you up from them. I will put my Spirit in you and you will live, and I will settle you in your own land. Then you will know that I the Lord have spoken, and I have done it, declares the Lord."

# First New Testament Reading

# Acts 2 v 1 -11

When the day of Pentecost came, they were all together in one place. Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. They saw what seemed to be tongues of fire that separated and came to rest on each of them. All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them. Now there were staying in Jerusalem God-fearing Jews from every nation under heaven. When they heard this sound, a crowd came together in bewilderment, because each one heard their own language being spoken. Utterly amazed, they asked: "Aren't all these who are speaking Galileans? Then how is it that each of us hears them in our native language? Parthians, Medes and Elamites; residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya near Cyrene; visitors from Rome (both Jews and converts to Judaism); Cretans and Arabs—we hear them declaring the wonders of God in our own tongues!"

# Gospel

## John 14 v 16 -27

I will ask the Father, and he will give you another advocate to help you and be with you forever—the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you. I will not leave you as orphans; I will come to you. Before long, the world will not see me anymore, but you will see me. Because I live, you also will live. On that day you will realize that I am in my Father, and you are in me, and I am in you. Whoever has my commands and keeps them is the one who loves me. The one who loves me will be loved by my Father, and I too will love them and show myself to them." Then Judas (not Judas Iscariot) said, "But, Lord, why do you intend to show yourself to us and not to the world?" Jesus replied, "Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them. Anyone who does not love me will not obey my teaching. These words you hear are not my own; they belong to the Father who sent me. "All this I have spoken while still with you. But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you. Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

# **Trinity Sunday**

## **Collect**

Almighty and Everlasting God who, by their true faith, has enabled your people to acknowledge the power of the Trinity, and to worship that Unity, we pray that we will keep us steadfast in that knowledge and always defend us from error, who lives and reigns, one God, throughout the ages.

### **Psalm**

### Psalm 104 v 24-34

How many are your works, Lord! In wisdom you made them all;

The earth is full of your creatures. There is the sea, vast and spacious, teeming with creatures beyond number— living things both large and small. There the ships go to and fro, and Leviathan, which you formed to frolic there.

How many are your works, Lord! In wisdom you made them all;

All creatures look to you to give them their food at the proper time. When you give it to them, they gather it up; when you open your hand, they are satisfied with good things. When you hide your face, they are terrified, when you take away their breath, they die and return to the dust.

How many are your works, Lord! In wisdom you made them all;

When you send your Spirit, they are created, and you renew the face of the ground. May the glory of the Lord endure forever; may the Lord rejoice in his works—he who looks at the earth, and it trembles, who touches the mountains, and they smoke.

How many are your works, Lord! In wisdom you made them all;

I will sing to the Lord all my life; I will sing praise to my God as long as I live. May my meditation be pleasing to him, as I rejoice in the Lord.

How many are your works, Lord! In wisdom you made them all;

# **Old Testament**

# Isaiah 6 v 1-8

In the year that King Uzziah died, I saw the Lord, high and exalted, seated on a throne; and the train of his robe filled the temple. Above him were seraphim, each with six wings: With two wings they covered their faces, with two they covered their feet, and with two they were flying. And they were calling to one another: "Holy, holy, holy is the Lord Almighty; the whole earth is full of his glory." At the sound of their voices the doorposts and thresholds shook and the temple was filled with smoke. "Woe to me!" I cried. "I am ruined! For I am a man of unclean lips, and I live among a people of unclean lips, and my eyes have seen the King, the Lord Almighty." Then one of the seraphim flew to me with a live coal in his hand, which he had taken with tongs from the altar. With it he touched my mouth and said, "See, this has touched your lips; your guilt is taken away and your sin atoned for." Then I heard the voice of the Lord saying, "Whom shall I send? And who will go for us?" And I said, "Here am I. Send me!"

# First New Testament Reading

### Revelation 4 v 2 - 11

At once I was in the Spirit, and there before me was a throne in heaven with someone sitting on it. And the one who sat there had the appearance of jasper and ruby. A rainbow that shone like an emerald encircled the throne. Surrounding the throne were twenty-four other thrones, and seated on them were twenty-four elders. They were dressed in white and had crowns of gold on their heads. From the throne came flashes of lightning, rumblings and peals of thunder. In front of the throne, seven lamps were blazing. These are the seven spirits of God. Also in front of the throne there was what looked like a sea of glass, clear as crystal. In the centre, around the throne, were four living creatures, and they were covered with eyes, in front and in back. The first living creature was like a lion, the second was like an ox, the third had a face like a man, the fourth was like a flying eagle. Each of the four living creatures had six wings and was covered with eyes all around, even under its wings. Day and night they never stop saying: "'Holy, holy, holy is the Lord God Almighty, who was, and is, and is to come." Whenever the living creatures give glory, honour and thanks to him who sits on the throne and who lives for ever and ever, the twenty-four elders fall down before him who sits on the throne and worship him who lives for ever and ever. They lay their crowns before the throne and say: "You are worthy, our Lord and God, to receive glory and honour and power, for you created all things, and by your will they were created and have their being."

# Gospel

### John 14 v 6-21

Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me. If you really know me, you will know my Father as well. From now on, you do know him and have seen him." Philip said, "Lord, show us the Father and that will be enough for us." Jesus answered: "Don't you know me, Philip, even after I have been among you such a long time? Anyone who has seen me has seen the Father. How can you say, 'Show us the Father'? Don't you believe that I am in the Father, and that the Father is in me? The words I say to you I do not speak on my own authority. Rather, it is the Father, living in me, who is doing his work. Believe me when I say that I am in the Father and the Father is in me; or at least believe on the evidence of the works themselves. Very truly I tell you, whoever believes in me will do the works I have been doing, and they will do even greater things than these, because I am going to the Father. And I will do whatever you ask in my name, so that the Father may be glorified in the Son. You may ask me for anything in my name, and I will do it. "If you love me, keep my commands. And I will ask the Father, and he will give you another advocate to help you and be with you forever— the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you. I will not leave you as orphans; I will come to you. Before long, the world will not see me anymore, but you will see me. Because I live, you also will live. On that day you will realize that I am in my Father, and you are in me, and I am in you. Whoever has my commands and keeps them is the one who loves me. The one who loves me will be loved by my Father, and I too will love them and show myself to them.

# **Corpus Christi (the Thursday after Trinity Sunday)**

## **Collect**

Christ, our Holy Lord, who in this wonderful sacrament of the altar has given us the grace of your perpetual presence, and an abiding memorial of your all surpassing love; grant us the ability to receive this precious gift, so that our hearts may be pure in your sight, and our lives be ever dedicated to your service, who lives and reigns with the Father and with the Holy Spirit, one God eternally.

# **Psalm**

# Psalm 147, v 12-15, 19 and 20

Alleluia! Glorify the LORD, O Jerusalem;

Praise your God, O Zion. For he has strengthened the bars of your gates; he has blessed your children within you. Praise the Lord, Jerusalem.

Alleluia! Glorify the LORD, O Jerusalem;

He has granted peace in your borders; with the best of wheat he fills you. He sends forth his command to the earth; swiftly runs his word! Praise the Lord, Jerusalem.

Alleluia! Glorify the LORD, O Jerusalem;

He has proclaimed his word to Jacob, his statutes and his ordinances to Israel. He has not done thus for any other nation; his ordinances he has not made known to them. Alleluia. Praise the Lord, Jerusalem.

Alleluia! Glorify the LORD, O Jerusalem.

# **Old Testament**

# Genesis 15 v 12-20

As the sun was setting, Abram fell into a deep sleep, and a thick and dreadful darkness came over him. Then the Lord said to him, "Know for certain that for four hundred years your descendants will be strangers in a country not their own and that they will be enslaved and mistreated there. But I will punish the nation they serve as slaves, and afterward they will come out with great possessions. You, however, will go to your ancestors in peace and be buried at a good old age. In the fourth generation your descendants will come back here, for the sin of the Amorites has not yet reached its full measure." When the sun had set and darkness had fallen, a smoking firepot with a blazing torch appeared and passed between the pieces. On that day the Lord made a covenant with Abram and said, "To your descendants I give this land, from the Wadi of Egypt to the great river, the Euphrates.

# **Epistle**

## 1 Corinthians 11 v 23 - 26

I received from the Lord what I also passed on to you—how the Lord Jesus, on the night he was betrayed, took a loaf of bread, gave thanks for it, and broke it in pieces, saying, "This is my body that is for you. Keep doing this in memory of me." He did the same with the cup after the supper, saying, "This cup is the new covenant in my blood. As often as you drink from it, keep doing this in

memory of me." For as often as you eat this bread and drink from this cup, you proclaim the Lord's death until he comes.

# Gospel

### John 6 v 47 -58

Very truly I tell you, the one who believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, yet they died. But here is the bread that comes down from heaven, which anyone may eat and not die. I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world." Then the Jews began to argue sharply among themselves, "How can this man give us his flesh to eat?" Jesus said to them, "Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day. For my flesh is real food and my blood is real drink. Whoever eats my flesh and drinks my blood remains in me, and I in them. Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me. This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live forever."

(At this point in the 1949 liturgy book it says that the same collect, epistle and gospel shall serve for the following Sunday until the second Sunday after Trinity. For this reason I am deviating from the original.)

# The Ordinary Sundays of the Year

# Pentecost 2

## **Collect**

Almighty and everlasting God, by whose Spirit the whole body of the church is governed and sanctified: hear our prayer which we offer for all your faithful people that each in his vocation and ministry may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ.

# **Psalm**

#### Psalm 20

This I know: The Lord gives victory to his anointed.

May the Lord answer you when you are in distress; may the name of the God of Jacob protect you. May he send you help from the sanctuary and grant you support from Zion. May he remember all your sacrifices and accept your burnt offerings.

This I know: The Lord gives victory to his anointed.

May he give you the desire of your heart and make all your plans succeed. May we shout for joy over your victory and lift up our banners in the name of our God .May the Lord grant all your requests. He answers him from his heavenly sanctuary with the victorious power of his right hand.

This I know: The Lord gives victory to his anointed.

Some trust in chariots and some in horses but we trust in the name of the Lord our God. They are brought to their knees and fall, but we rise up and stand firm. Lord, give victory to the king! Answer us when we call.

This I know: The Lord gives victory to his anointed.

### **Old Testament**

#### I Samuel 16 v 1-13

The Lord said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the Lord said, "Take a heifer with you, and say, 'I have come to sacrifice to the Lord.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you." Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice. When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now before the Lord." But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." Then Jesse called Abinadab, and made him pass before Samuel. He said, "Neither has the Lord chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the Lord chosen this one." Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The Lord has not chosen any of these." Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep. "And Samuel said to Jesse, "Send and bring him; for we will not sit down until he comes here." He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, "Rise and anoint him; for this is the one." Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward.

# **Epistle**

### I Peter 2 v 1-10

Rid yourselves of all malice and all deceit, hypocrisy, envy, and slander of every kind. Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation, now that you have tasted that the Lord is good. As you come to him, the living Stone—rejected by humans but chosen by God and precious to him— you also, like living stones, are being built into a spiritual house[a] to be a holy priesthood, offering spiritual sacrifices acceptable to God through Jesus Christ. For in Scripture it says: "See, I lay a stone in Zion, a chosen and precious cornerstone, and the one who trusts in him will never be put to shame." Now to you who believe, this stone is precious. But to those who do not believe, "The stone the builders rejected has become the cornerstone," and, "A stone that causes people to stumble and a rock that makes them fall. "They stumble because they disobey the message—which is also what they were destined for. But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him

who called you out of darkness into his wonderful light. Once you were not a people, but now you are the people of God; once you had not received mercy, but now you have received mercy.

# Gospel

#### John 15 v 1-5

"I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. You are already clean because of the word I have spoken to you. Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing."

#### Pentecost 3

# Collect

Lord God our father, through our Saviour Jesus Christ, you have assured mankind of eternal life and in baptism have made us one with him, deliver us from the death of sin, and raise us to new life in your love, in the fellowship of the Holy Spirit, by the grace of our Lord Jesus Christ.

#### **Psalm**

# Psalm 57

Have mercy on me, my God, have mercy on me,

In you I take refuge. I will take refuge in the shadow of your wings

I cry out to God Most High, to God, who vindicates me .He sends from heaven and saves me, rebuking those who hotly pursue me— God sends forth his love and his faithfulness.

In you I take refuge. I will take refuge in the shadow of your wings

I am in the midst of lions; I am forced to dwell among ravenous beasts—men whose teeth are spears and arrows, whose tongues are sharp swords.

In you I take refuge. I will take refuge in the shadow of your wings

They spread a net for my feet— I was bowed down in distress. They dug a pit in my path— but they have fallen into it themselves. My heart, O God, is steadfast, my heart is steadfast; I will sing and make music.

In you I take refuge. I will take refuge in the shadow of your wings

Awake, my soul! Awake, harp and lyre. I will awaken the dawn. I will praise you, Lord, among the nations; I will sing of you among the peoples. For great is your love, reaching to the heavens; your faithfulness reaches to the skies.

In you I take refuge. I will take refuge in the shadow of your wings

# **Old Testament**

#### 1 Samuel 16 v 14 -23

Now the Spirit of the Lord had departed from Saul, and an evil spirit from the Lord tormented him. Saul's attendants said to him, "See, an evil spirit from God is tormenting you. Let our lord command his servants here to search for someone who can play the lyre. He will play when the evil spirit from God comes on you, and you will feel better." So Saul said to his attendants, "Find someone who plays well and bring him to me." One of the servants answered, "I have seen a son of Jesse of Bethlehem who knows how to play the lyre. He is a brave man and a warrior. He speaks well and is a fine-looking man. And the Lord is with him." Then Saul sent messengers to Jesse and said, "Send me your son David, who is with the sheep." So Jesse took a donkey loaded with bread, a skin of wine and a young goat and sent them with his son David to Saul. David came to Saul and entered his service. Saul liked him very much, and David became one of his armour-bearers. Then Saul sent word to Jesse, saying, "Allow David to remain in my service, for I am pleased with him." Whenever the spirit from God came on Saul, David would take up his lyre and play. Then relief would come to Saul; he would feel better, and the evil spirit would leave him.

# **Epistle**

# Romans 6 v 3 -7

Don't you know that all of us who were baptized into Christ Jesus were baptized into his death? We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life. For if we have been united with him in a death like his, we will certainly also be united with him in a resurrection like his. For we know that our old self was crucified with him so that the body ruled by sin might be done away with, that we should no longer be slaves to sin— because anyone who has died has been set free from sin. Now if we died with Christ, we believe that we will also live with him. For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him. The death he died, he died to sin once for all; but the life he lives, he lives to God. In the same way, count yourselves dead to sin but alive to God in Christ Jesus.

# Gospel

### John 15 v 6-17

If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned. If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples. As the Father has loved me, so have I loved you. Now remain in my love. If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete. My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one's life for one's friends. You are my friends if you do what I command. I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you. You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that

will last—and so that whatever you ask in my name the Father will give you. This is my command: love each other.

### Pentecost 4

### **Collect**

Almighty God, you have broken the tyrannical power of sin, and have sent the Spirit of your Son into our hearts, so that we call you Father. Give us the grace to use this freedom in your service, that all people may be bought to glorious liberty as children of God.

#### **Psalm**

# Psalm 63 v 1-8

You, God, are my God, earnestly I seek you;

I thirst for you, my whole being longs for you, in a dry and parched land where there is no water.

You, God, are my God, earnestly I seek you;

I have seen you in the sanctuary and beheld your power and your glory. Because your love is better than life, my lips will glorify you.

You, God, are my God, earnestly I seek you;

I will praise you as long as I live, and in your name I will lift up my hands. I will be fully satisfied as with the richest of foods; with singing lips my mouth will praise you.

You, God, are my God, earnestly I seek you;

On my bed I remember you; I think of you through the watches of the night. Because you are my help, I sing in the shadow of your wings. I cling to you; your right hand upholds me.

You, God, are my God, earnestly I seek you;

# **Old Testament**

## 2 Samuel 1 v 17-27

After the death of Saul, David returned from striking down the Amalekites and stayed in Ziklag two days. David took up this lament concerning Saul and his son Jonathan, and he ordered that the people of Judah be taught this lament of the bow (it is written in the Book of Jashar): "A gazelle[a] lies slain on your heights, Israel. How the mighty have fallen! Tell it not in Gath, proclaim it not in the streets of Ashkelon, lest the daughters of the Philistines be glad, lest the daughters of the uncircumcised rejoice. Mountains of Gilboa, may you have neither dew nor rain, may no showers fall on your terraced fields. For there the shield of the mighty was despised, the shield of Saul—no longer rubbed with oil. From the blood of the slain, from the flesh of the mighty, the bow of Jonathan did not turn back, the sword of Saul did not return unsatisfied. Saul and Jonathan— in life they were loved and admired, and in death they were not parted. They were swifter than eagles, they were stronger than lions. Daughters of Israel, weep for Saul, who clothed you in scarlet and

finery, who adorned your garments with ornaments of gold. How the mighty have fallen in battle! Jonathan lies slain on your heights. I grieve for you, Jonathan my brother; you were very dear to me. Your love for me was wonderful, more wonderful than that of women. How the mighty have fallen! The weapons of war have perished!"

# **Epistle**

### 2 Corinthians 5 v 6-10 & 14-17

We are always confident and know that while we are at home in the body we are away from the Lord. For we walk by faith, not by sight. In fact, we are confident, and we would prefer to be away from the body and at home with the Lord. Therefore, whether we are at home or away, we make it our aim to be pleasing to him. For we must all appear before the judgment seat of Christ, so that each may be repaid for what he has done in the body, whether good or evil. For the love of Christ compels us, since we have reached this conclusion: If one died for all, then all died. And he died for all so that those who live should no longer live for themselves, but for the one who died for them and was raised. From now on, then, we do not know anyone from a worldly perspective. Even if we have known Christ from a worldly perspective,[c] yet now we no longer know him in this way. Therefore, if anyone is in Christ, he is a new creation; the old has passed away, and see, the new has come!

# Gospel

# Mark 4 v 26-34

He also said, "This is what the kingdom of God is like. A man scatters seed on the ground. Night and day, whether he sleeps or gets up, the seed sprouts and grows, though he does not know how. All by itself the soil produces grain—first the stalk, then the head, then the full kernel in the head. As soon as the grain is ripe, he puts the sickle to it, because the harvest has come." He said, "What shall we say the kingdom of God is like, or what parable shall we use to describe it? It is like a mustard seed, which is the smallest of all seeds on earth. Yet when planted, it grows and becomes the largest of all garden plants, with such big branches that the birds can perch in its shade." With many similar parables Jesus spoke the word to them, as much as they could understand. He did not say anything to them without using a parable. But when he was alone with his own disciples, he explained everything.

#### Pentecost 5

## **Collect**

Almighty God, you show to those who are in error the light of your truth, that they may find the path of righteousness. May we who can claim the name of Christian follow all such things which are agreeable to you, through Christ Jesus our Lord.

### **Psalm**

#### Psalm 48

Great is the Lord and greatly to be praised in the city of our God.

His holy mountain, beautiful in elevation, is the joy of all the earth, Mount Zion, in the far north, the city of the great King. Within its citadels God has shown himself a sure defence.

Great is the Lord and greatly to be praised in the city of our God.

Then the kings assembled, they came on together .As soon as they saw it, they were astounded; they were in panic, they took to flight; trembling took hold of them there, pains as of a woman in labour, as when an east wind shatters the ships of Tarshish.

Great is the Lord and greatly to be praised in the city of our God.

As we have heard, so have we seen in the city of the Lord of hosts, in the city of our God, which God establishes forever .We ponder your steadfast love, O God, in the midst of your temple. Your name, O God, like your praise, reaches to the ends of the earth.

Great is the Lord and greatly to be praised in the city of our God.

Your right hand is filled with victory. Let Mount Zion be glad, Walk about Zion, go all around it, count its towers, consider well its ramparts; go through its citadels, that you may tell the next generation.

Great is the Lord and greatly to be praised in the city of our God.

This is God, our God forever and ever. He will be our guide forever

# **Old Testament**

# 2 Samuel 5 verses 1-5

All the tribes of Israel came to David at Hebron and said, "We are your own flesh and blood. In the past, while Saul was king over us, you were the one who led Israel on their military campaigns. And the LORD said to you, 'You will shepherd my people Israel, and you will become their ruler.' " When all the elders of Israel had come to King David at Hebron, the king made a covenant with them at Hebron before the LORD, and they anointed David king over Israel. David was thirty years old when he became king, and he reigned forty years. In Hebron he reigned over Judah seven years and six months, and in Jerusalem he reigned over all Israel and Judah thirty-three years.

# **Epistle**

## 2 Corinthians 5 v 18 to 2 Corinthians 6 v 2

All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation: that God was reconciling the world to himself in Christ, not counting people's sins against them. And he has committed to us the message of reconciliation. We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf: Be reconciled to God. God made him who had no sin to be sin for us, so that in him we might become the righteousness of God. As God's co-workers we urge you not to receive God's grace in vain. For he says, "In the time of my favour I heard you, and in the day of salvation I helped you. "I tell you, now is the time of God's favour, now is the day of salvation.

# Gospel

#### Mark 4 v 35-41

That day, as it was getting late, Jesus said, "Let us go across to the other shore". They dismissed the crowd and took Jesus as he was into the boat. There were other boats with them .A very strong wind squall blew up, and waves were breaking over the boat, threatening to fill it. He was in the stern asleep on the cushion. They woke him up and said, "Teacher, does it not concern you that we are sinking?" He roused himself, rebuked the wind, and said to the sea, "Be calmed! Be silenced!" The wind dropped, and there was great stillness.

### Pentecost 6

# **Collect**

Almighty God, without your help we are not able to please you. Mercifully grant that your Holy Spirit may in everything direct and rule our hearts and our actions, through Christ Jesus our Lord.

## **Psalm**

# Psalm 24

The earth is the Lord's and all that is in it, the world, and those who live in it;

For he has founded it on the seas, and established it on the rivers. Who shall ascend the hill of the Lord? And who shall stand in his holy place? Those who have clean hands and pure hearts, who do not lift up their souls to what is false, and do not swear deceitfully.

The earth is the Lord's and all that is in it, the world, and those who live in it;

They will receive blessing from the Lord, and vindication from the God of their salvation. Such is the company of those who seek him, who seek the face of the God of Jacob. Lift up your heads, O gates! and be lifted up, O ancient doors! that the King of glory may come in.

The earth is the Lord's and all that is in it, the world, and those who live in it;

Who is the King of glory? The Lord, strong and mighty, the Lord, mighty in battle. Lift up your heads, O gates! and be lifted up, O ancient doors! that the King of glory may come in.

The earth is the Lord's and all that is in it, the world, and those who live in it;

Who is this King of glory? The Lord of hosts, he is the King of glory.

#### **Old Testament**

# 2 Samuel 6 v 1-15

David again brought together all the able young men of Israel—thirty thousand. He and all his men went to Baalah in Judah to bring up from there the ark of God, which is called by the Name, the name of the Lord Almighty, who is enthroned between the cherubim on the ark. They set the ark of God on a new cart and brought it from the house of Abinadab, which was on the hill. Uzzah and Ahio, sons of Abinadab, were guiding the new cart with the ark of God on it, and Ahio was walking in front of it. David and all Israel were celebrating with all their might before the Lord, with castanets, harps, lyres, timbrels, sistrums and cymbals. When they came to the threshing floor of Nakon, Uzzah reached out and took hold of the ark of God, because the oxen stumbled. The Lord's anger burned against Uzzah because of his irreverent act; therefore God struck him down, and he died there beside the ark of God. Then David was angry because the Lord's wrath had broken out against Uzzah, and to this day that place is called Perez Uzzah. David was afraid of the Lord that day and said, "How can the ark of the Lord ever come to me?" He was not willing to take the ark of the Lord to be with him in the City of David. Instead, he took it to the house of Obed-Edom the Gittite. The ark of the Lord remained in the house of Obed-Edom the Gittite for three months, and the Lord blessed him and his entire household. Now King David was told, "The Lord has blessed the household of Obed-Edom and everything he has, because of the ark of God." So David went to bring up the ark of God from the house of Obed-Edom to the City of David with rejoicing. When those who were carrying the ark of the Lord had taken six steps, he sacrificed a bull and a fattened calf. Wearing a linen ephod, David was dancing before the Lord with all his might, while he and all Israel were bringing up the ark of the Lord with shouts and the sound of trumpets.

## **Epistle**

# 2 Corinthians 8 v 7-15

You do everything better than anyone else. You have stronger faith. You speak better and know more. You are eager to give, and you love us better. Now you must give more generously than anyone else. I am not ordering you to do this. I am simply testing how real your love is by comparing it with the concern that others have shown. You know that our Lord Jesus Christ was kind enough to give up all his riches and become poor, so that you could become rich. A year ago you were the first ones to give, and you gave because you wanted to. So listen to my advice. I think you should finish what you started. If you give according to what you have, you will prove that you are as eager to give as you were to think about giving. It doesn't matter how much you have. What matters is how much you are willing to give from what you have. I am not trying to make life easier for others by making life harder for you. But it is only fair for you to share with them when you have so much, and they have so little. Later, when they have more than enough, and you are in need, they can share with you. Then everyone will have a fair share, just as the Scriptures say, "Those who gathered too much had nothing left. Those who gathered only a little had all they needed."

# Gospel

### Mark 5 v 21-43

A large crowd followed and pressed around him. And a woman was there who had been subject to bleeding for twelve years. She had suffered a great deal under the care of many doctors and had spent all she had, yet instead of getting better she grew worse. When she heard about Jesus, she came up behind him in the crowd and touched his cloak, because she thought, "If I just touch his clothes, I will be healed." Immediately her bleeding stopped and she felt in her body that she was freed from her suffering. At once Jesus realized that power had gone out from him. He turned around in the crowd and asked, "Who touched my clothes?" "You see the people crowding against you," his disciples answered, "and yet you can ask, 'Who touched me?' " But Jesus kept looking around to see who had done it. Then the woman, knowing what had happened to her, came and fell at his feet and, trembling with fear, told him the whole truth. He said to her, "Daughter, your faith has healed you. Go in peace and be freed from your suffering." While Jesus was still speaking, some people came from the house of Jairus, the synagogue leader. "Your daughter is dead," they said. "Why bother the teacher anymore?" Overhearing what they said, Jesus told him, "Don't be afraid; just believe." He did not let anyone follow him except Peter, James and John the brother of James. When they came to the home of the synagogue leader, Jesus saw a commotion, with people crying and wailing loudly. He went in and said to them, "Why all this commotion and wailing? The child is not dead but asleep." But they laughed at him. After he put them all out, he took the child's father and mother and the disciples who were with him, and went in where the child was. He took her by the hand and said to her, "Talitha koum!" (which means "Little girl, I say to you, get up!"). Immediately the girl stood up and began to walk around (she was twelve years old). At this they were completely astonished. He gave strict orders not to let anyone know about this, and told them to give her something to eat.

# Pentecost 7

#### Collect

Lord you have taught us that if we do something without love it is worthless. Send your gift of love, pour it out into our hearts and lives, the true bond of all love and virtue, without which we are as if dead before you. Grant this for your Son's sake. Amen.

# **Psalm**

### Psalm 89 v 20-37

I have found David my servant; with my sacred oil I have anointed him. My hand will sustain him; surely my arm will strengthen him. The enemy will not get the better of him; the wicked will not oppress him.

'You are my Father, my God, the Rock my Saviour.'

I will crush his foes before him and strike down his adversaries. My faithful love will be with him, and through my name his horn will be exalted. I will set his hand over the sea, his right hand over the rivers.

'You are my Father, my God, the Rock my Saviour.'

He will call out to me, 'You are my Father, my God, the Rock my Saviour. 'And I will appoint him to be my firstborn, the most exalted of the kings of the earth. I will maintain my love to him forever, and my covenant with him will never fail.

'You are my Father, my God, the Rock my Saviour.'

I will establish his line forever, his throne as long as the heavens endure. "If his sons forsake my law and do not follow my statutes, if they violate my decrees and fail to keep my commands, I will punish their sin with the rod, their iniquity with flogging;

'You are my Father, my God, the Rock my Saviour.'

I will not take my love from him, nor will I ever betray my faithfulness. I will not violate my covenant or alter what my lips have uttered .Once for all, I have sworn by my holiness—

'You are my Father, my God, the Rock my Saviour.'

I will not lie to David—that his line will continue forever and his throne endure before me like the sun; I t will be established forever like the moon, the faithful witness in the sky."

'You are my Father, my God, the Rock my Saviour.'

#### **Old Testament**

# 2 Samuel 7 v 1-17

After the king was settled in his palace and the Lord had given him rest from all his enemies around him, he said to Nathan the prophet, "Here I am, living in a house of cedar, while the ark of God remains in a tent." Nathan replied to the king, "Whatever you have in mind, go ahead and do it, for the Lord is with you." But that night the word of the Lord came to Nathan, saying: "Go and tell my servant David, 'This is what the Lord says: Are you the one to build me a house to dwell in? I have not dwelt in a house from the day I brought the Israelites up out of Egypt to this day. I have been moving from place to place with a tent as my dwelling. Wherever I have moved with all the Israelites, did I ever say to any of their rulers whom I commanded to shepherd my people Israel, "Why have you not built me a house of cedar? Now then, tell my servant David, 'This is what the Lord Almighty says: I took you from the pasture, from tending the flock, and appointed you ruler over my people Israel. I have been with you wherever you have gone, and I have cut off all your enemies from before you. Now I will make your name great, like the names of the greatest men on earth. And I will provide a place for my people Israel and will plant them so that they can have a home of their own and no longer be disturbed. Wicked people will not oppress them anymore, as they did at the beginning and have done ever since the time I appointed leaders over my people Israel. I will also give you rest from all your enemies. The Lord declares to you that the Lord himself will establish a house for you: When your days are over and you rest with your ancestors, I will raise up your offspring to succeed you, your own flesh and blood, and I will establish his kingdom. He is the one who will build a house for my Name, and I will establish the throne of his kingdom forever. I will be his father, and he will be my son. When he does wrong, I will punish him with a rod wielded by men, with floggings inflicted by human hands. But my love will never be taken away from him, as I took it away from Saul, whom I removed from before you. Your house and your kingdom will endure forever before me[b]; your throne will be established forever." Nathan reported to David all the words of this entire revelation.

# **Epistle**

### 2 Corinthians 12 v 1-10

I must go on boasting. Although there is nothing to be gained, I will go on to visions and revelations from the Lord. I know a man in Christ who fourteen years ago was caught up to the third heaven. Whether it was in the body or out of the body I do not know—God knows. And I know that this man—whether in the body or apart from the body I do not know, but God knows— was caught up to paradise and heard inexpressible things, things that no one is permitted to tell. I will boast about a man like that, but I will not boast about myself, except about my weaknesses. Even if I should choose to boast, I would not be a fool, because I would be speaking the truth. But I refrain, so no one will think more of me than is warranted by what I do or say, or because of these surpassingly great revelations. Therefore, in order to keep me from becoming conceited, I was given a thorn in my flesh, a messenger of Satan, to torment me. Three times I pleaded with the Lord to take it away from me. But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

# Gospel

#### Mark 6 v 1-6

Jesus left there and went to his hometown, accompanied by his disciples. When the Sabbath came, he began to teach in the synagogue, and many who heard him were amazed. "Where did this man get these things?" they asked. "What's this wisdom that has been given him? What are these remarkable miracles he is performing? Isn't this the carpenter? Isn't this Mary's son and the brother of James, Joseph, Judas and Simon? Aren't his sisters here with us?" And they took offense at him. Jesus said to them, "A prophet is not without honour except in his own town, among his relatives and in his own home." He could not do any miracles there, except lay his hands on a few sick people and heal them. He was amazed at their lack of faith.

# Pentecost 8

### **Collect**

Almighty God, who sent your Holy Spirit to be the life and light of your church, open our hearts to the riches of your grace, that we may develop in our lives the fruit of the Spirit in love, peace and joy, through our Lord Jesus Christ.

## **Psalm**

# Psalm 25 v 1-10

*In you, Lord my God, I put my trust.* 

I trust in you; do not let me be put to shame, nor let my enemies triumph over me. No one who hopes in you will ever be put to shame, but shame will come on those who are treacherous without cause.

*In you, Lord my God, I put my trust.* 

Show me your ways, Lord, teach me your paths. Guide me in your truth and teach me, for you are God my Saviour, and my hope is in you all day long.

*In you, Lord my God, I put my trust.* 

Remember, Lord, your great mercy and love, for they are from of old. Do not remember the sins of my youth and my rebellious ways; according to your love remember me, for you, Lord, are good.

In you, Lord my God, I put my trust.

Good and upright is the Lord; therefore he instructs sinners in his ways. He guides the humble in what is right and teaches them his way. All the ways of the Lord are loving and faithful toward those who keep the demands of his covenant.

In you, Lord my God, I put my trust.

#### **Old Testament**

### 2 Samuel 7 v 18-29

Then King David went in to the presence of the Lord, sat down, and said: "Who am I, Lord God, and what is my family, that you have brought me to this? And this is still a small thing to you, Lord God you also have spoken about the future of your servant's house, and this is the charter for mankind, O Lord God! What more can David say to you, and you surely know your servant, Lord God. For the sake of your word and consistent with your desire, you have done all of these great things, informing your servant. And therefore you are great, Lord God, there is no one like you, there is no God except for you, just as we've heard with our own ears. And who is like your people, like Israel, the one nation on earth that God went out to redeem as a people for himself, to make a name for himself, and to carry out for them great and awe-inspiring accomplishments, driving out nations and their gods in front of your people, whom you redeemed to yourself from Egypt? You have prepared your people Israel to be your very own people for ever, and you, Lord, have become their God! And now, Lord God, let what you have spoken concerning your servant and his household be done—and let it be done just as you've promised. May your name be made great forever with the result that it is said that the Lord of the Heavenly Armies is God over Israel, and that the household of your servant David may be established before you. For you, Lord of the Heavenly Armies, the God of Israel, have revealed this to your servant, telling him, 'I will build a dynasty for you,' so that your servant has found fortitude to pray this prayer to you. "Now therefore, Lord God, you are God, and your words are true, and you have spoken to your servant these good things. So may it please you to bless the household of your servant, so that it might remain forever in your presence, because you, Lord God, have spoken, and from your blessing may the household of your servant be blessed forever."

# **Epistle**

### Ephesians 1 v 1-10

Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God. But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people. Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving. For of this you can be sure: No immoral, impure or greedy person—such a person is an idolater—has any inheritance in the kingdom of Christ and of God. Let no one deceive you with empty words, for because of such things God's wrath comes on those who are disobedient. Therefore do not be partners with them. For you were once darkness, but now you are light in the Lord. Live as children of light (for the fruit of the light consists in all goodness, righteousness and truth) and find out what pleases the Lord.

# Gospel

### Mark 6 v 7-13

Calling the Twelve to him, he began to send them out two by two and gave them authority over impure spirits. These were his instructions: "Take nothing for the journey except a staff—no bread, no bag, no money in your belts. Wear sandals but not an extra shirt. Whenever you enter a house, stay there until you leave that town. And if any place will not welcome you or listen to you, leave that place and shake the dust off your feet as a testimony against them." They went out and preached that people should repent. They drove out many demons and anointed many sick people with oil and healed them.

#### **Pentecost Nine**

# Collect

O God, you know all that will make up our lives this day, its joys, its difficulties and the opportunities there are. Forgive us Lord when we do not take full advantage of what each day has to offer, and give us each day, a fresh dependence upon you, for it is you who have set us in our places to love and to serve. Amen.

# **Psalm**

### Psalm 53

The fool says in his heart, "There is no God." They have not opened their heart to the Divine Guest, to the Beloved who dwells within. Oh, that salvation for Israel would come out of Zion!

When God restores his people, let Jacob rejoice and Israel be glad!

God looks down from heaven on all people to see if there are any who understand, any who seek him. Everyone has turned away, all have become corrupt; there is no one who does good, not even one.

When God restores his people, let Jacob rejoice and Israel be glad!

Do all these evildoers know nothing? They devour my people as though eating bread; they never call on God. But there they are, overwhelmed with dread, where there was nothing to dread. God scattered the bones of those who attacked you; you put them to shame, for God despised them

When God restores his people, let Jacob rejoice and Israel be glad!

Oh, that salvation for Israel would come out of Zion! When God restores his people, let Jacob

### **Old Testament**

#### 2 Samuel 11 v 1-15

In the spring of the year, the time when kings go out to battle, David sent Joab, and his servants with him, and all Israel. And they ravaged the Ammonites and besieged Rabbah. But David remained at Jerusalem. It happened, late one afternoon, when David arose from his couch and was walking on the roof of the king's house, that he saw from the roof a woman bathing; and the woman was very beautiful. And David sent and inquired about the woman. And one said, "Is not this Bathsheba, the daughter of Eliam, the wife of Uriah the Hittite?" So David sent messengers and took her, and she came to him, and he lay with her. (Now she had been purifying herself from her uncleanness.) Then she returned to her house. And the woman conceived, and she sent and told David, "I am pregnant."

So David sent word to Joab, "Send me Uriah the Hittite." And Joab sent Uriah to David. When Uriah came to him, David asked how Joab was doing and how the people were doing and how the war was going. Then David said to Uriah, "Go down to your house and wash your feet." And Uriah went out of the king's house, and there followed him a present from the king. But Uriah slept at the door of the king's house with all the servants of his lord, and did not go down to his house. When they told David, "Uriah did not go down to his house," David said to Uriah, "Have you not come from a journey? Why did you not go down to your house?" Uriah said to David, "The ark and Israel and Judah dwell in booths, and my lord Joab and the servants of my lord are camping in the open field. Shall I then go to my house, to eat and to drink and to lie with my wife? As you live, and as your soul lives, I will not do this thing." Then David said to Uriah, "Remain here today also, and tomorrow I will send you back." So Uriah remained in Jerusalem that day and the next. And David invited him, and he ate in his presence and drank, so that he made him drunk. And in the evening he went out to lie on his couch with the servants of his lord, but he did not go down to his house.

# **Epistle**

## Ephesians 2 v 11-22

Therefore remember that at one time you Gentiles in the flesh, called "the uncircumcision" by what is called the circumcision, which is made in the flesh by hands— remember that you were at that time separated from Christ, alienated from the commonwealth of Israel and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he himself is our peace, who has made us both one and has broken down in his flesh the dividing wall of hostility by abolishing the law of commandments expressed in ordinances, that he might create in himself one new man in place of the two, so making peace, and might reconcile us both to God in one body through the cross, thereby killing the hostility. And he came and preached peace to you who were far off and peace to those who were near. For through him we both have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are fellow citizens with the saints

and members of the household of God, built on the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone, in whom the whole structure, being joined together, grows into a holy temple in the Lord. In him you also are being built together into a dwelling place for God by the Spirit.

# Gospel

#### Mark 6 v 30-34

The apostles returned to Jesus from their ministry tour and told him all they had done and taught. Then Jesus said, "Let's go off by ourselves to a quiet place and rest awhile." He said this because there were so many people coming and going that Jesus and his apostles didn't even have time to So they left by boat for a quiet place, where they could be alone. But many people recognized them and saw them leaving, and people from many towns ran ahead along the shore and got there ahead of them. Jesus saw the huge crowd as he stepped from the boat, and he had compassion on them because they were like sheep without a shepherd. So he began teaching them many things.

# Pentecost 10

### **Collect**

Creator of all, who gave your only begotten son to take on the form of a servant and to be obedient, even death on the cross give us we pray the same mind of Christ, his humility, so that we might come to be with him in glory, who is alive and reigns with you and the Holy Spirit, one God, now and forever.

#### **Psalm**

#### Psalm 32

Blessed is the one whose transgressions are forgiven, whose sins are covered.

Blessed is the one whose sin the Lord does not count against them and in whose spirit is no deceit. When I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy on me; my strength was sapped as in the heat of summer.

Blessed is the one whose transgressions are forgiven, whose sins are covered.

Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the Lord." And you forgave the guilt of my sin. Therefore let all the faithful pray to you while you may be found; surely the rising of the mighty waters will not reach them.

Blessed is the one whose transgressions are forgiven, whose sins are covered.

You are my hiding place; you will protect me from trouble and surround me with songs of deliverance. I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you.

Blessed is the one whose transgressions are forgiven, whose sins are covered.

Do not be like the horse or the mule, which have no understanding, but must be controlled by bit and bridle or they will not come to you. Many are the woes of the wicked, but the Lord's unfailing love surrounds the one who trusts in him.

Blessed is the one whose transgressions are forgiven, whose sins are covered.

Rejoice in the Lord and be glad, you righteous; sing, all you who are upright in heart!

Blessed is the one whose transgressions are forgiven, whose sins are covered.

### **Old Testament**

### Job 42 v 1-6

Then Job replied to the Lord: "I know that you can do all things; no purpose of yours can be thwarted. You asked, 'Who is this that obscures my plans without knowledge?' Surely I spoke of things I did not understand, things too wonderful for me to know. "You said, 'Listen now, and I will speak; I will question you, and you shall answer me.' My ears had heard of you but now my eyes have seen you. Therefore I despise myself and repent in dust and ashes."

# **Epistle**

# Philippians 2 v 1-11

If you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, 2 then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. In your relationships with one another, have the same mindset as Christ Jesus: who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross! Therefore God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father.

#### Pentecost 11

## **Collect**

Great God, Jesus Christ has taught us that what we do for the least of our brothers and sisters we do also for him. Give us the will, O God, to be the servants of others, as he was the servant of all, who gave up his life and died for us, but is alive and who lives with you and the Spirit in heaven, now and forever.

#### **Psalm**

#### Psalm 34 v 11-22

The Lord looks on the righteous, and he listens to their cries.

Come, children, listen to me, and I will teach you the fear of the Lord. Who among you desires life, and wants long life in order to see good? Then keep your tongue from doing evil and your lips from spreading lies.

The Lord looks on the righteous, and he listens to their cries.

Avoid evil and do good! Seek peace and pursue it! The face of the Lord is set against those who do evil, and he will remove people's recollection of them from the earth. The Lord hears those who cry out, and he delivers them from all their distress.

The Lord looks on the righteous, and he listens to their cries.

The Lord is close to the broken-hearted, and he delivers those whose spirit has been crushed. A righteous person will have many troubles, but the Lord will deliver him from them all. God protects all his bones; not one of them will be broken.

The Lord looks on the righteous, and he listens to their cries.

Evil will kill the wicked; those who hate the righteous will be held guilty. The Lord redeems the lives of his servants; and none of those who trust in him will be held guilty.

# **Old Testament**

# Isaiah 42 v 1-7

"Here is my servant, whom I uphold, my chosen one in whom I delight; I will put my Spirit on him, and he will bring justice to the nations. He will not shout or cry out, or raise his voice in the streets. A bruised reed he will not break, and a smouldering wick he will not snuff out. In faithfulness he will bring forth justice; he will not falter or be discouraged till he establishes justice on earth. In his teaching the islands will put their hope." This is what God the Lord says— The Creator of the heavens, who stretches them out, who spreads out the earth with all that springs from it, who gives breath to its people, and life to those who walk on it: "I, the Lord, have called you in righteousness; I will take hold of your hand. I will keep you and will make you to be a covenant for the people and a light for the Gentiles, to open eyes that are blind, to free captives from prison and to release from the dungeon those who sit in darkness.

# **Epistle**

### 2 Corinthians 4 v 1-10

By the humility and gentleness of Christ, I appeal to you—I, Paul, who am "timid" when face to face with you, but "bold" toward you when away! I beg you that when I come I may not have to be as bold as I expect to be toward some people who think that we live by the standards of this world. For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. And we will be ready to punish every act of disobedience, once your obedience is complete. You are judging by appearances. If anyone is confident that they belong to Christ, they should consider again that we belong to Christ just as much as they do. So even if I boast somewhat freely about the authority the Lord gave us for building you up rather than tearing you down, I will not be ashamed of it. I do not want to seem to be trying to frighten you with my letters. For some say, "His letters are weighty and forceful, but in person he is unimpressive and his speaking amounts to nothing." Such people should realize that what we are in our letters when we are absent, we will be in our actions when we are present.

# Gospel

### John 13 v 31-35

When he was gone, Jesus said, "Now the Son of Man is glorified and God is glorified in him. If God is glorified in him, God will glorify the Son in himself, and will glorify him at once. "My children, I will be with you only a little longer. You will look for me, and just as I told the Jews, so I tell you now: Where I am going, you cannot come. A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another."

# Pentecost 12

### Collect

Pilgrim God, You are our origin and our destination. Travel with us, we pray, in every pilgrimage of faith, and every journey of the heart. Give us the courage to set off, the nourishment we need to travel well, and the welcome we long for at our journey's end, so that may we grow in grace and love of you in the service of others. Through Jesus Christ our Lord.

#### **Psalm**

# Psalm 143, 1-8

Lord, hear my prayer, listen to my cry for mercy;

Lord, in your faithfulness and righteousness come to my relief. Do not bring your servant into judgment, for no one living is righteous before you. The enemy pursues me, he crushes me to the ground; he makes me dwell in the darkness like those long dead.

Lord, hear my prayer, listen to my cry for mercy;

So my spirit grows faint within me; my heart within me is dismayed .I remember the days of long ago; I meditate on all your works and consider what your hands have done. I spread out my hands to you; I thirst for you like a parched land.

Lord, hear my prayer, listen to my cry for mercy;

Answer me quickly, Lord; my spirit fails. Do not hide your face from me or I will be like those who go down to the pit. Let the morning bring me word of your unfailing love, for I have put my trust in you.

Lord, hear my prayer, listen to my cry for mercy;

Show me the way I should go, for to you I entrust my life.

#### **Old Testament**

### 2 Samuel 12 v 15b-24

The Lord sent a deadly illness to the child of David and Uriah's wife. David begged God to spare the child. He went without food and lay all night on the bare ground. The elders of his household pleaded with him to get up and eat with them, but he refused. Then on the seventh day the child died. David's advisers were afraid to tell him. "He wouldn't listen to reason while the child was ill," they said. What drastic thing will he do when we tell him the child is dead?" When David saw them whispering, he realized what had happened. "Is the child dead?" he asked. "Yes," they replied, "he is dead." Then David got up from the ground, washed himself, put on lotions, and changed his clothes. He went to the Tabernacle and worshipped the Lord. After that, he returned to the palace and was served food and ate. His advisers were amazed. "We don't understand you," they told him. "While the child was still living, you wept and refused to eat. But now that the child is dead, you have stopped your mourning and are eating again." David replied, "I fasted and wept while the child was alive, for I said, 'Perhaps the Lord will be gracious to me and let the child live.' But why should I fast when he is dead? Can I bring him back again? I will go to him one day, but he cannot return to me." Then David comforted Bathsheba, his wife, and slept with her. She became pregnant and gave birth to a son, and David named him Solomon. The Lord loved the child.

### **Epistle**

# Ephesians 4 v 1-6

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace. 4 There is one body and one Spirit, just as you were called to one hope when you were called; one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all.

## Gospel

### John 6 v 24-35

When they found him on the other side of the lake, they asked him, "Rabbi, when did you get here?" Jesus answered, "Very truly I tell you, you are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill. Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval." Then they asked him, "What must we do to do the works God requires?" Jesus answered, "The work of God is this: to believe in the one he has sent." So they asked him, "What sign then will you give that we may see it and believe you? What will you do? Our ancestors ate the manna in the wilderness; as it is written: 'He gave them bread from heaven to eat.'" Jesus said to them, "Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is the bread that comes down from heaven and gives life to the world." "Sir," they said, "always give us this bread." Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

# Pentecost 13

### **Collect**

Almighty God, who called your church to witness that you were in Christ reconciling humanity to yourself, help us so to proclaim the good news of your love, that who hear it may be reconciled to you. Amen.

## **Psalm**

# Psalm 31 v 1-5, 24

In you, Lord, I have taken refuge;

Let me never be put to shame; deliver me in your righteousness. Turn your ear to me, come quickly to my rescue; be my rock of refuge, a strong fortress to save me.

In you, Lord, I have taken refuge;

Since you are my rock and my fortress, for the sake of your name lead and guide me. Keep me free from the trap that is set for me, for you are my refuge.

In you, Lord, I have taken refuge;

Into your hands I commit my spirit; deliver me, Lord, my faithful God. Be strong, and let your heart be courageous, all you who put your hope in the Lord.

In you, Lord, I have taken refuge;

# **Old Testament**

### 2 Samuel 14 v 4-17

When the woman from Tekoa went to the king, she fell with her face to the ground to pay him honour, and she said, "Help me, Your Majesty!" The king asked her, "What is troubling you?" She said, "I am a widow; my husband is dead. I your servant had two sons. They got into a fight with each other in the field, and no one was there to separate them. One struck the other and killed him. Now the whole clan has risen up against your servant; they say, 'Hand over the one who struck his brother down, so that we may put him to death for the life of his brother whom he killed; then we will get rid of the heir as well.' They would put out the only burning coal I have left, leaving my husband neither name nor descendant on the face of the earth." The king said to the woman, "Go home, and I will issue an order in your behalf." But the woman from Tekoa said to him, "Let my lord the king pardon me and my family, and let the king and his throne be without guilt." The king replied, "If anyone says anything to you, bring them to me, and they will not bother you again." She said, "Then let the king invoke the Lord his God to prevent the avenger of blood from adding to the destruction, so that my son will not be destroyed." "As surely as the Lord lives," he said, "not one hair of your son's head will fall to the ground." Then the woman said, "Let your servant speak a word to my lord the king." "Speak," he replied. The woman said, "Why then have you devised a thing like this against the people of God? When the king says this, does he not convict himself, for the king has not brought back his banished son? Like water spilled on the ground, which cannot be recovered, so we must die. But that is not what God desires; rather, he devises ways so that a banished person does not remain banished from him. And now I have come to say this to my lord the king because the people have made me afraid. Your servant thought, 'I will speak to the king; perhaps he will grant his servant's request. Perhaps the king will agree to deliver his servant from the hand of the man who is trying to cut off both me and my son from God's inheritance. And now your servant says, 'May the word of my lord the king secure my inheritance, for my lord the king is like an angel of God in discerning good and evil. May the Lord your God be with you."

# **Epistle**

# Ephesians 4 v25—32 5v 1-2

Each of you must put off falsehood and speak truthfully to your neighbour, for we are all members of one body. "In your anger do not sin": Do not let the sun go down while you are still angry, and do not give the devil a foothold. Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need. Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

# Gospel

#### John 8 v 2-11

At dawn he appeared again in the temple courts, where all the people gathered around him, and he sat down to teach them. The teachers of the law and the Pharisees brought in a woman caught in

adultery. They made her stand before the group and said to Jesus, "Teacher, this woman was caught in the act of adultery. In the Law Moses commanded us to stone such women. Now what do you say?" They were using this question as a trap, in order to have a basis for accusing him. But Jesus bent down and started to write on the ground with his finger. When they kept on questioning him, he straightened up and said to them, "Let any one of you who is without sin be the first to throw a stone at her." Again he stooped down and wrote on the ground. At this, those who heard began to go away one at a time, the older ones first, until only Jesus was left, with the woman still standing there. Jesus straightened up and asked her, "Woman, where are they? Has no one condemned you?" "No one, sir," she said. "Then neither do I condemn you," Jesus declared. "Go now and leave your life of sin."

### Pentecost 14

# **Collect**

Stir up Lord, the hearts of your faithful people, so that they bring forth Spiritual fruit abundantly, through Jesus Christ, Amen .

### **Psalm**

#### Psalm 127

Unless the Lord watches over the city, the guards stand watch in vain.

Unless the Lord builds the house, the builders labour in vain. In vain you rise early and stay up late, toiling for food to eat— for he grants sleep to those he loves.

Unless the Lord watches over the city, the guards stand watch in vain.

Children are a heritage from the Lord, offspring a reward from him. Like arrows in the hands of a warrior are children born in one's youth. Blessed is the one whose quiver is full of them. They will not be put to shame when they contend with their opponents in court.

Unless the Lord watches over the city, the guards stand watch in vain.

# **Old Testament**

# 2 Samuel 18 v 24-33

While David was sitting between the inner and outer gates, the watchman went up to the roof of the gateway by the wall. As he looked out, he saw a man running alone. The watchman called out to the king and reported it. The king said, "If he is alone, he must have good news." And the runner came closer and closer. Then the watchman saw another runner, and he called down to the gatekeeper, "Look, another man running alone!" The king said, "He must be bringing good news, too." The watchman said, "It seems to me that the first one runs like Ahimaaz son of Zadok." "He's a good man," the king said. "He comes with good news." Then Ahimaaz called out to the king, "All is well!" He bowed down before the king with his face to the ground and said, "Praise be to the Lord your God! He has delivered up those who lifted their hands against my lord the king." The king asked, "Is the young man Absalom safe?" Ahimaaz answered, "I saw great confusion just as Joab was about to send the king's servant and me, your servant, but I don't know what it was." The king said, "Stand aside and wait here." So he stepped aside and stood there. Then the Cushite arrived and said, "My

lord the king, hear the good news! The Lord has vindicated you today by delivering you from the hand of all who rose up against you." The king asked the Cushite, "Is the young man Absalom safe?" The Cushite replied, "May the enemies of my lord the king and all who rise up to harm you be like that young man."

The king was shaken. He went up to the room over the gateway and wept. As he went, he said: "O my son Absalom! My son, my son Absalom! If only I had died instead of you—O Absalom, my son, my son!"

# **Epistle**

### Ephesians 5 v 15-20

Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord's will is. Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

# Gospel

# John 6 v 51-58

'I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.' The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.

# Pentecost 15

## **Collect**

Lord God, protector of all who trust in you, without whom nothing is strong, nothing is holy. You are our ruler and guide, so that if we follow you we may never lose the things eternal. Grant this we pray, for the sake of Jesus Christ our Lord.

#### **Psalm**

#### Psalm 121

I lift my eyes to the hills, from where will my help come?

My help is from the Lord, maker of heaven and earth.

He will never let your foot slip, Nor will your guardian become drowsy. Look! The one who is guarding Israel never sleeps and does not take naps.

My help is from the Lord, maker of heaven and earth.

The Lord is your guardian; the Lord is your shade at your right side. The sun will not ravage you by day, nor the moon by night. The Lord will guard you from all evil, preserving your life.

My help is from the Lord, maker of heaven and earth.

My help is from the Lord, maker of heaven and earth .The Lord will guard your goings and comings, from this time on and forever.

### **Old Testament**

### 2 Samuel 23 v 1-7

These are the last words of David: The inspired utterance of David son of Jesse, the utterance of the man exalted by the Most High, the man anointed by the God of Jacob, the hero of Israel's songs: "The Spirit of the Lord spoke through me; his word was on my tongue. The God of Israel spoke, the Rock of Israel said to me: 'When one rules over people in righteousness, when he rules in the fear of God, he is like the light of morning at sunrise on a cloudless morning, like the brightness after rain that brings grass from the earth.' "If my house were not right with God, surely he would not have made with me an everlasting covenant, arranged and secured in every part; surely he would not bring to fruition my salvation and grant me my every desire. But evil men are all to be cast aside like thorns which are not gathered with the hand. Whoever touches thorns uses a tool of iron or the shaft of a spear; they are burned up where they lie."

# **Epistle**

# Ephesians 5 v 18b - 6 v 4

Be filled with the Spirit, speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ. Submit to one another out of reverence for Christ. Those of you in committed relationships should submit to each other as you do to the Lord. Now as the church submits to Christ, so also should you yield to your partner in everything. Love one another, just as Christ loved the church. He gave up everything for it and to make it holy, cleansing it by the washing with water through the word, and to present it as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. You ought to love one another as your own bodies. Those who love their partner loves themselves. After all, no one ever hated their own body, but they feed and care for their body, just as Christ does the church— for we are members of his body. "For this reason one person leaves and becomes united to their partner, and the two will become one flesh. "This is a profound mystery—but I am talking about Christ and the church. However, each one of you also must love their partner as they love themselves, and each must respect the other. Children, obey your parents in the Lord, for this is right. "Honour your father and mother"—which is the first commandment with a promise—"so that it may go well with you and that you may enjoy long life on the earth." Parents do not exasperate your children; instead, bring them up in the training and instruction of the Lord.

## Gospel

### John 6 v 55-69

My flesh is real food and my blood is real drink. Whoever eats my flesh and drinks my blood remains in me, and I in them. Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me. This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live forever." He said this while teaching in the synagogue in Capernaum. On hearing it, many of his disciples said, "This is a hard teaching. Who can accept it?" Aware that his disciples were grumbling about this, Jesus said to them, "Does this offend you? Then what if you see the Son of Man ascend to where he was before! The Spirit gives life; the flesh counts for nothing. The words I have spoken to you—they are full of the Spirit and life. Yet there are some of you who do not believe." For Jesus had known from the beginning which of them did not believe, and who would betray him. He went on to say, "This is why I told you that no one can come to me unless the Father has enabled them." From this time many of his disciples turned back and no longer followed him. "You do not want to leave too, do you?" Jesus asked the Twelve. Simon Peter answered him, "Lord, to whom shall we go? You have the words of eternal life. We have come to believe and to know that you are the Holy One of God."

# Pentecost 16

# **Collect**

May You Christ O Lord we pray, at all times go before us, and make us ever more determined to carry out good works, through Jesus Christ our Lord, Amen.

## **Psalm**

## Psalm 119 v 129 -136

Your statutes are wonderful therefore I obey them. They give understanding to the simple.

The unfolding of your words gives light;

I open my mouth and pant, longing for your commands. Turn to me and have mercy on me, as you always do to those who love your name.

The unfolding of your words gives light;

Direct my footsteps according to your word; let no sin rule over me. Redeem me from human oppression that I may obey your precepts.

The unfolding of your words gives light;

Make your face shine on your servant and teach me your decrees. Streams of tears flow from my eyes, for your law is not obeyed.

The unfolding of your words gives light.

### **Old Testament**

#### I Kings 2 v 1-4 & 10-12

When the time drew near for David to die, he gave a charge to Solomon his son. "I am about to go the way of all the earth," he said. "So be strong, act like a man, and observe what the Lord your God requires: Walk in obedience to him, and keep his decrees and commands, his laws and regulations, as written in the Law of Moses. Do this so that you may prosper in all you do and wherever you go and that the Lord may keep his promise to me: 'If your descendants watch how they live, and if they walk faithfully before me with all their heart and soul, you will never fail to have a successor on the throne of Israel.' Then David rested with his ancestors and was buried in the City of David. He had reigned forty years over Israel—seven years in Hebron and thirty-three in Jerusalem. So Solomon sat on the throne of his father David, and his rule was firmly established.

# **Epistle**

# Ephesians 6 v 10-20

Be strong in the Lord and in his mighty power. Put on the full armour of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.

# Gospel

### Mark 7 v 1-8, 14, 15, & 21-23

The Pharisees and some of the teachers of the law who had come from Jerusalem gathered around Jesus and saw some of his disciples eating food with hands that were defiled, that is, unwashed. (The Pharisees and all the Jews do not eat unless they give their hands a ceremonial washing, holding to the tradition of the elders. When they come from the marketplace they do not eat unless they wash. And they observe many other traditions, such as the washing of cups, pitchers and kettles. So the Pharisees and teachers of the law asked Jesus, "Why don't your disciples live according to the tradition of the elders instead of eating their food with defiled hands?" He replied, "Isaiah was right when he prophesied about you hypocrites; as it is written:

'These people honour me with their lips, but their hearts are far from me. They worship me in vain; their teachings are merely human rules. You have let go of the commands of God and are holding on to human traditions.' Again Jesus called the crowd to him and said, "Listen to me, everyone, and understand this. Nothing outside a person can defile them by going into them. Rather, it is what comes out of a person that defiles them.

For it is from within, out of a person's heart, that evil thoughts come—sexual immorality, theft, murder, adultery, greed, malice, deceit, lewdness, envy, slander, arrogance and folly. All these evils come from inside and defile a person."

## Pentecost 17

#### **Collect**

Almighty God, through your Son you have taught us that love is the fulfilling of your law. Grant that we may love you with our whole heart, and our neighbours as ourselves, through Christ our Lord.

## **Psalm**

#### Psalm 125

Those who trust in the Lord are like Mount Zion, which cannot be overthrown.

They remain forever. Just as mountains encircle Jerusalem, so the Lord encircles his people, from now to eternity.

Those who trust in the Lord are like Mount Zion, which cannot be overthrown.

For evil's sceptre will not rest on the land that has been allotted to the righteous, and so the righteous will not direct themselves to do wrong. Lord, do good to those who are good, and to those who are upright in heart.

Those who trust in the Lord are like Mount Zion, which cannot be overthrown.

But for those who choose their own devious paths, the Lord will lead them away, along with those who practice evil.

Those who trust in the Lord are like Mount Zion, which cannot be overthrown.

### **Old Testament**

#### Isaiah 50 v 5-9a

The Lord God has opened my ear, and I was not rebellious; I turned not backward. I gave my back to those who strike, and my cheeks to those who pull out the beard; I hid not my face from disgrace and spitting. But the Lord God helps me; therefore I have not been disgraced; therefore I have set my face like a flint, and I know that I shall not be put to shame. He who vindicates me is near. Who will contend with me? Let us stand up together. Who is my adversary? Let him come near to me, Behold, the Lord God helps me; who will declare me guilty? Behold, all of them will wear out like a garment; the moth will eat them up.

### **Epistle**

## James 1 v 17-27

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires.

Therefore, get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you. Do not merely listen to the word, and so deceive yourselves. Do what it says. Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like. But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do. Those who consider themselves religious and yet do not keep a tight rein on their tongues deceive themselves, and their religion is worthless. Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world.

# Gospel

### Mark 7 v 31-27

Jesus left the vicinity of Tyre and went through Sidon, down to the Sea of Galilee and into the region of the Decapolis. There some people brought to him a man who was deaf and could hardly talk, and they begged Jesus to place his hand on him.

After he took him aside, away from the crowd, Jesus put his fingers into the man's ears. Then he spit and touched the man's tongue. He looked up to heaven and with a deep sigh said to him, "Ephphatha!" (which means "Be opened!"). At this, the man's ears were opened, his tongue was loosened and he began to speak plainly. Jesus commanded them not to tell anyone. But the more he did so, the more they kept talking about it. People were overwhelmed with amazement. "He has done everything well," they said. "He even makes the deaf hear and the mute speak."

### Pentecost 18

# Collect

Lord of all power, creator and giver of all good things, graft into our hearts Lord the love of your name, increase in us true faith, and nourish in us true goodness, through your great mercy in Christ Jesus.

# **Psalm**

# Psalm 26 1-6

Vindicate me, LORD, for I have led a blameless life; I have trusted in the LORD and have not faltered. Test me, LORD, and try me, examine my heart and my mind;

I have always been mindful of your unfailing love and have lived in reliance on your faithfulness.

I do not sit with the deceitful, nor do I associate with hypocrites. I abhor the assembly of evildoers and refuse to sit with the wicked.

I have always been mindful of your unfailing love and have lived in reliance on your faithfulness.

I wash my hands in innocence, and go about your altar, LORD,

I have always been mindful of your unfailing love and have lived in reliance on your faithfulness.

### **Old Testament**

#### Proverbs 22 v 1 -2 & 8 - 9

A good name is more desirable than great riches; to be esteemed is better than silver or gold.

Rich and poor have this in common: The Lord is the Maker of them all

Whoever sows injustice reaps calamity, and the rod they wield in fury will be broken.

The generous will themselves be blessed, for they share their food with the poor.

# **Epistle**

### James 2 v 1-5, 8-10, 14-17

My brothers and sisters, believers in our glorious Lord Jesus Christ must not show favouritism. Suppose a man comes into your meeting wearing a gold ring and fine clothes, and a poor man in filthy old clothes also comes in. If you show special attention to the man wearing fine clothes and say, "Here's a good seat for you," but say to the poor man, "You stand there" or "Sit on the floor by my feet," have you not discriminated among yourselves and become judges with evil thoughts? Listen, my dear brothers and sisters: Has not God chosen those who are poor in the eyes of the world to be rich in faith and to inherit the kingdom he promised those who love him? If you really keep the royal law found in Scripture, "Love your neighbour as yourself," you are doing right. But if you show favouritism, you sin and are convicted by the law as lawbreakers. For whoever keeps the whole law and yet stumbles at just one point is guilty of breaking all of it. What good is it, my brothers and sisters, if someone claims to have faith but has no deeds? Can such faith save them? Suppose a brother or a sister is without clothes and daily food. If one of you says to them, "Go in peace; keep warm and well fed," but does nothing about their physical needs, what good is it? In the same way, faith by itself, if it is not accompanied by action, is dead.

# Gospel

## Mark 8 v 27-38

Jesus and his disciples went on to the villages around Caesarea Philippi. On the way he asked them, "Who do people say I am?" They replied, "Some say John the Baptist; others say Elijah; and still others, one of the prophets." "But what about you?" he asked. "Who do you say I am?" Peter answered, "You are the Messiah." Jesus warned them not to tell anyone about him. He then began to teach them that the Son of Man must suffer many things and be rejected by the elders, the chief priests and the teachers of the law, and that he must be killed and after three days rise again. He spoke plainly about this, and Peter took him aside and began to rebuke him. But when Jesus turned and looked at his disciples, he rebuked Peter. "Get behind me, Satan!" he said. "You do not have in mind the concerns of God, but merely human concerns." Then he called the crowd to him along with his disciples and said: "Whoever wants to be my disciple must deny themselves and take up their cross and follow me. For whoever wants to save their life will lose it, but whoever loses their life for me and for the gospel will save it. What good is it for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul? If anyone is ashamed of

me and my words in this adulterous and sinful generation, the Son of Man will be ashamed of them when he comes in his Father's glory with the holy angels."

### Pentecost 19

### **Collect**

Almighty God, you have made us for yourself, and our hearts are restless until they find their rest in you. Teach us how to so offer ourselves in your service that in doing so we may find true peace, and in the world to come we may see we may see you face to face. Amen.

#### **Psalm**

#### Psalm 27 v 7-14

Hear my voice when I call, Lord; be merciful to me and answer me.

My heart says of you, "Seek his face!" Your face, Lord, I will seek. Do not hide your face from me, do not turn your servant away in anger;

Hear my voice when I call, Lord; be merciful to me and answer me.

You have been my helper. Do not reject me or forsake me, God my Saviour. Though my father and mother forsake me, the Lord will receive me.

Hear my voice when I call, Lord; be merciful to me and answer me.

Teach me your way, Lord; lead me in a straight path because of my oppressors .Do not turn me over to the desire of my foes, for false witnesses rise up against me, spouting malicious accusations.

Hear my voice when I call, Lord; be merciful to me and answer me.

I remain confident of this: I will see the goodness of the Lord in the land of the living. Wait for the Lord; be strong and take heart and wait for the Lord.

Hear my voice when I call, Lord; be merciful to me and answer me.

# **Old Testament**

## Job 28 v 20-28

Where then does wisdom come from? Where does understanding dwell? It is hidden from the eyes of every living thing, concealed even from the birds in the sky. Destruction and Death say, "Only a rumour of it has reached our ears." God understands the way to it and he alone knows where it dwells, for he views the ends of the earth and sees everything under the heavens. When he established the force of the wind and measured out the waters, when he made a decree for the rain and a path for the thunderstorm, then he looked at wisdom and appraised it; he confirmed it and tested it. And he said to the human race, "The fear of the Lord—that is wisdom, and to shun evil is understanding."

# **Epistle**

### James 3 v 13-18

Who is wise and understanding among you? Let them show it by their good life, by deeds done in the humility that comes from wisdom. But if you harbour bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth. Such "wisdom" does not come down from heaven but is earthly, unspiritual, demonic. For where you have envy and selfish ambition, there you find disorder and every evil practice. But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere. Peacemakers who sow in peace reap a harvest of righteousness.

# Gospel

### Mark 9 v30-37

They left that place and passed through Galilee. Jesus did not want anyone to know where they were, because he was teaching his disciples. He said to them, "The Son of Man is going to be delivered into the hands of men. They will kill him, and after three days he will rise." But they did not understand what he meant and were afraid to ask him about it. They came to Capernaum. When he was in the house, he asked them, "What were you arguing about on the road?" But they kept quiet because on the way they had argued about who was the greatest. Sitting down, Jesus called the Twelve and said, "Anyone who wants to be first must be the very last, and the servant of all." He took a little child whom he placed among them. Taking the child in his arms, he said to them, "Whoever welcomes one of these little children in my name welcomes me; and whoever welcomes me does not welcome me but the one who sent me."

#### Pentecost 20

# Collect

God almighty and eternal, increase in each one of us your gift of faith; so that, forsaking what is behind us, we can reach out to that which lies before us, we may run the way you have opened to us, and win the crown of everlasting joy, through Christ our Lord.

## **Psalm**

## Psalm 128

The Lord is my strength and my shield; my heart trusts in him, and I received help.

To you, Lord, I cry out! My Rock, do not refuse to answer me. If you remain silent, I will become like those who descend into the Pit.

The Lord is my strength and my shield; my heart trusts in him, and I received help.

Hear the sound of my supplications when I cry to you for help, as I lift up my hands toward your most holy sanctuary. Do not drag me away with the wicked with those who practice iniquity ,who speak peace to their neighbours while harbouring evil in their hearts.

The Lord is my strength and my shield; my heart trusts in him, and I received help.

Reward them according to their deeds; according to the evil of their actions. Reward them based on what they do; give them what they deserve. Because they do not understand the deeds of the Lord or the work of his hands, He will tear them down and never build them up.

The Lord is my strength and my shield; my heart trusts in him, and I received help.

Blessed be the Lord! For he has heard the sound of my supplications. My heart rejoices, and I give thanks to him with my song. The Lord is the strength of his people; he is a refuge of deliverance for his anointed.

The Lord is my strength and my shield; my heart trusts in him, and I received help.

Deliver your people and bless your inheritance! Shepherd them and lift them up forever.

#### **Old Testament**

### Job 42 v 1-6

Job replied to the Lord: "I know that you can do all things, no purpose of yours can be thwarted. You asked, 'Who is this that obscures my plans without knowledge?' Surely I spoke of things I did not understand, things too wonderful for me to know. "You said, 'Listen now, and I will speak; I will question you, and you shall answer me.' My ears had heard of you, but now my eyes have seen you. Therefore I despise myself and repent in dust and ashes."

## **Epistle**

#### James 4 v 13-17 & James 5 v 7-11

Now listen, you who say, "Today or tomorrow we will go to this or that city, spend a year there, carry on business and make money." Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes. Instead, you ought to say, "If it is the Lord's will, we will live and do this or that." As it is, you boast in your arrogant schemes. All such boasting is evil. If anyone, then, knows the good they ought to do and doesn't do it, it is sin for them. Be patient, then, brothers and sisters, until the Lord's coming. See how the farmer waits for the land to yield its valuable crop, patiently waiting for the autumn and spring rains. You too, be patient and stand firm, because the Lord's coming is near. Don't grumble against one another, brothers and sisters, or you will be judged. The Judge is standing at the door! Brothers and sisters, as an example of patience in the face of suffering, take the prophets who spoke in the name of the Lord. As you know, we count as blessed those who have persevered. You have heard of Job's perseverance and have seen what the Lord finally brought about. The Lord is full of compassion and mercy.

# Gospel

# Mark 9 v 38-50

Teacher," said John, "we saw someone driving out demons in your name and we told him to stop, because he was not one of us." "Do not stop him," Jesus said. "For no one who does a miracle in my name can in the next moment say anything bad about me, 40 for whoever is not against us is for us.

Truly I tell you, anyone who gives you a cup of water in my name because you belong to the Messiah will certainly not lose their reward. "If anyone causes one of these little ones—those who believe in me—to stumble, it would be better for them if a large millstone were hung around their neck and they were thrown into the sea. If your hand causes you to stumble, cut it off. It is better for you to enter life maimed than with two hands to go into hell, where the fire never goes out. And if your foot causes you to stumble, cut it off. It is better for you to enter life crippled than to have two feet and be thrown into hell. And if your eye causes you to stumble, pluck it out. It is better for you to enter the kingdom of God with one eye than to have two eyes and be thrown into hell, where 'the worms that eat them do not die, and the fire is not quenched.' Everyone will be salted with fire. "Salt is good, but if it loses its saltiness, how can you make it salty again? Have salt among yourselves, and be at peace with each other."

## Pentecost 21

### **Collect**

Almighty God, your Son has opened for us a new and living way in to your presence. Give us we pray, pure hearts and steadfast wills, to worship you in spirit and truth through Christ Jesus, our Saviour. Amen.

### **Psalm**

## Psalm 90 v 14-17

Satisfy us in the morning with your gracious love so we may sing for joy and rejoice every day.

Cause us to rejoice throughout the time when you have afflicted us, the years when we have known trouble .May your awesome deeds be revealed to your servants, as well as your splendour to their children.

Satisfy us in the morning with your gracious love so we may sing for joy and rejoice every day.

Cause us to rejoice throughout the time when you have afflicted us, the years when we have known trouble. May your awesome deeds be revealed to your servants, as well as your splendour to their children.

Satisfy us in the morning with your gracious love so we may sing for joy and rejoice every day.

Cause us to rejoice throughout the time when you have afflicted us, the years when we have known trouble. May your awesome deeds be revealed to your servants as well as your splendour to their children.

Satisfy us in the morning with your gracious love so we may sing for joy and rejoice every day.

#### **Old Testament**

## Genesis 2 v 18-24

The Lord God said, "It is not good that the man should be alone; I will make him a helper fit for him." Now out of the ground the Lord God had formed every beast of the field and every bird of the heavens and brought them to the man to see what he would call them. And whatever the man called every living creature, that was its name. The man gave names to all livestock and to the birds

of the heavens and to every beast of the field. But for Adam there was not found a helper fit for him. So the Lord God caused a deep sleep to fall upon the man, and while he slept took one of his ribs and closed up its place with flesh. And the rib that the Lord God had taken from the man he made into a woman and brought her to the man. Then the man said, "This at last is bone of my bones and flesh of my flesh; She shall be called Woman, and I will be called Man. This is why people leave their parents and become bonded to one another, and the two become one flesh.

## **Epistle**

## Hebrews 1 v 1-4, 2 v 9-11

In the past God spoke to our ancestors through the prophets at many times and in various ways, 2 but in these last days he has spoken to us by his Son, whom he appointed heir of all things, and through whom also he made the universe.

We do see Jesus, who was made lower than the angels for a little while, now crowned with glory and honour because he suffered death, so that by the grace of God he might taste death for everyone. In bringing many sons and daughters to glory, it was fitting that God, for whom and through whom everything exists, should make the pioneer of their salvation perfect through what he suffered. Both the one who makes people holy and those who are made holy are of the same family. So Jesus is not ashamed to call them brothers and sisters.

# Gospel

### Mark 10 v 2-16

Some Pharisees came and tested him by asking, "Is it lawful for a man to divorce his wife?" "What did Moses command you?" he replied. They said, "Moses permitted a man to write a certificate of divorce and send her away." "It was because your hearts were hard that Moses wrote you this law," Jesus replied. "But at the beginning of creation God 'made them male and female.' 'For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.' So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate." When they were in the house again, the disciples asked Jesus about this. He answered, "Anyone who divorces his wife and marries another woman commits adultery against her. And if she divorces her husband and marries another man, she commits adultery." People were bringing little children to Jesus for him to place his hands on them, but the disciples rebuked them. When Jesus saw this, he was indignant. He said to them, "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these. Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it." And he took the children in his arms, placed his hands on them and blessed them.

## Pentecost 22

### Collect

Eternal God, whose Son Jesus Christ ascended to the throne of heaven, keep the church in the unity of the Spirit, and in the bond of peace, bring the whole created world to worship at his feet, who is alive and reigns with you and the Holy Spirit, one God, now and forever.

## **Psalm**

### Psalm 35 v 17-28

How long, Lord, will you look on? Rescue me from their ravages, my precious life from these lions. do not let those who hate me without reason maliciously wink the eye.

My tongue will proclaim your righteousness, your praises all day long

Who are my enemies without cause; They do not speak peaceably ,but devise false accusations against those who live quietly in the land. They sneer at me and say, "Aha! Aha! With our own eyes we have seen it."

My tongue will proclaim your righteousness, your praises all day long

Lord, you have seen this; do not be silent. Do not be far from me, Lord. Awake, and rise to my defence! Contend for me, my God and Lord.

My tongue will proclaim your righteousness, your praises all day long

Vindicate me in your righteousness, Lord my God; do not let them gloat over me. Do not let them think, "Aha, just what we wanted!" or say, "We have swallowed him up."

My tongue will proclaim your righteousness, your praises all day long

May all who gloat over my distress be put to shame and confusion; may all who exalt themselves over me be clothed with shame and disgrace May those who delight in my vindication shout for joy and gladness; may they always say, "The Lord be exalted, who delights in the well-being of his servant."

My tongue will proclaim your righteousness, your praises all day long

#### **Old Testament**

## Genesis 3 v 8-19

The man and his wife heard the sound of the Lord God as he was walking in the garden in the cool of the day, and they hid from the Lord God among the trees of the garden. But the Lord God called to the man, "Where are you?" He answered, "I heard you in the garden, and I was afraid because I was naked; so I hid." And he said, "Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?" The man said, "The woman you put here with me—she gave me some fruit from the tree, and I ate it." Then the Lord God said to the woman, "What is this you have done?" The woman said, "The serpent deceived me, and I ate."

So the Lord God said to the serpent, "Because you have done this, cursed are you above all livestock and all wild animals! You will crawl on your belly and you will eat dust all the days of your life .And I will put enmity between you and the woman, and between your offspring and hers, he will crush your head, and you will strike his heel." To the woman he said, "I will make your pains in childbearing very severe; with painful labour you will give birth to children .Your desire will be for your husband, and he will be bent on subjugating you."

To Adam he said, "Because you listened to your wife and ate fruit from the tree about which I commanded you, 'You must not eat from it,' Cursed is the ground because of you; through painful

toil you will eat food from it all the days of your life. It will produce thorns and thistles for you, and you will eat the plants of the field. By the sweat of your brow you will eat your food, until you return to the ground, since from it you were taken; for dust you are and to dust you will return."

# **Epistle**

## Hebrews 4 v1-3, 9-13

Since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it. For we also have had the good news proclaimed to us, just as they did; but the message they heard was of no value to them, because they did not share the faith of those who obeyed. Now we who have believed enter that rest, just as God has said, "So I declared on oath in my anger, 'They shall never enter my rest." And yet his works have been finished since the creation of the world. There remains, then, a Sabbath-rest for the people of God; for anyone who enters God's rest also rests from their works, just as God did from his. Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience. For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account.

# Gospel

## Mark 10 v 17-30

As Jesus started on his way, a man ran up to him and fell on his knees before him. "Good teacher," he asked, "what must I do to inherit eternal life?" "Why do you call me good?" Jesus answered. "No one is good—except God alone. You know the commandments: 'You shall not murder, you shall not commit adultery, you shall not steal, you shall not give false testimony, you shall not defraud, honour your father and mother." "Teacher," he declared, "all these I have kept since I was a boy." Jesus looked at him and loved him. "One thing you lack," he said. "Go, sell everything you have and give to the poor, and you will have treasure in heaven. Then come, follow me." At this the man's face fell. He went away sad, because he had great wealth. Jesus looked around and said to his disciples, "How hard it is for the rich to enter the kingdom of God!" The disciples were amazed at his words. But Jesus said again, "Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God." The disciples were even more amazed, and said to each other, "Who then can be saved?" Then Peter spoke up, "We have left everything to follow you!" "Truly I tell you," Jesus replied, "no one who has left home or brothers or sisters or mother or father or children or fields for me and the gospel will fail to receive a hundred times as much in this present age: homes, brothers, sisters, mothers, children and fields—along with persecutions—and in the age to come eternal life.

# Pentecost 23

#### Collect

Stir up, O God, the wills of your faithful people; that richly carrying the fruit of good works, they may be richly rewarded, through Jesus Christ our Lord.

#### **Psalm**

#### Psalm 11

The Lord is righteous, he loves justice; the upright will see his face

In the Lord I take refuge. How then can you say to me: "Flee like a bird to your mountain .For look, the wicked bend their bows; they set their arrows against the strings to shoot from the shadows at the upright in heart.

The Lord is righteous, he loves justice; the upright will see his face

When the foundations are being destroyed, what can the righteous do? "The Lord is in his holy temple; the Lord is on his heavenly throne He observes everyone on earth; his eyes examine them.

The Lord is righteous, he loves justice; the upright will see his face

The Lord examines the righteous, but the wicked, those who love violence, he hates with a passion .On the wicked he will rain fiery coals and burning sulphur; a scorching wind will be their lot.

The Lord is righteous, he loves justice; the upright will see his face

#### **Old Testament**

### Isaiah 53 v 7-10

He was oppressed and afflicted, yet he did not open his mouth; he was led like a lamb to the slaughter, and as a sheep before its shearers is silent, so he did not open his mouth. By oppression and judgment he was taken away. Yet who of his generation protested? For he was cut off from the land of the living; for the transgression of my people he was punished. He was assigned a grave with the wicked, and with the rich in his death, though he had done no violence, nor was any deceit in his mouth. Yet it was the Lord's will to crush him and cause him to suffer, and though the Lord makes his life an offering for sin, he will see his offspring and prolong his days, and the will of the Lord will prosper in his hand.

## **Epistle**

### Hebrews 4 v 14-16

Seeing then that we have a great high priest, that is passed into the heavens, Jesus the Son of God, let us hold fast our profession. For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin. Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

## Gospel

### Mark 10 v 35-45

James and John, the sons of Zebedee, came to him. 'Teacher,' they said, 'we want you to do for us whatever we ask.' 'What do you want me to do for you?' he asked. They replied, 'Let one of us sit at your right and the other at your left in your glory.' 'You don't know what you are asking,' Jesus said. 'Can you drink the cup I drink or be baptised with the baptism I am baptised with?' 'We can,' they answered. Jesus said to them, 'You will drink the cup I drink and be baptised with the baptism I am baptised with, but to sit at my right or left is not for me to grant. These places belong to those for whom they have been prepared.' When the ten heard about this, they became indignant with James and John. Jesus called them together and said, 'You know that those who are regarded as rulers of the Gentiles lord it over them, and their high officials exercise authority over them. Not so with you. Instead, whoever wants to become great among you must be your servant and whoever wants to be first must be slave of all. For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.'

### Pentecost 24

### **Collect**

Almighty God, you know we are often in the midst of dangers, and that, because of our frailties we cannot always stand upright. Give us your powerful protection and strength we pray, to support us in danger and carry us through times of temptation, through Jesus Christ we pray.

## **Psalm**

## Psalm 119 v 41-48

May your unfailing love come to me, Lord, your salvation, according to your promise;

I can answer anyone who taunts me, for I trust in your word. Never take your word of truth from my mouth, for I have put my hope in your laws.

May your unfailing love come to me, Lord, your salvation, according to your promise;

I will always obey your law, for ever and ever. I will walk about in freedom, for I have sought out your precepts. I will speak of your statutes before kings and will not be put to shame,

May your unfailing love come to me, Lord, your salvation, according to your promise;

I delight in your commands because I love them .I reach out for your commands, which I love, that I may meditate on your decrees.

## **Old Testament**

#### Jeremiah 31 v 7-9

This is what the Lord says: "Sing with joy for Jacob; shout for the foremost of the nations. Make your praises heard, and say, 'Lord, save your people, the remnant of Israel.' See, I will bring them from

the land of the north and gather them from the ends of the earth. Among them will be the blind and the lame, expectant mothers and women in labour; a great throng will return. They will come with weeping; they will pray as I bring them back. I will lead them beside streams of water on a level path where they will not stumble, because I am Israel's father, and Ephraim is my firstborn son.

# **Epistle**

#### Hebrews 5 v 1-6

Every high priest is selected from among the people and is appointed to represent the people in matters related to God, to offer gifts and sacrifices for sins. He is able to deal gently with those who are ignorant and are going astray, since he himself is subject to weakness. This is why he has to offer sacrifices for his own sins, as well as for the sins of the people. And no one takes this honour on himself, but he receives it when called by God, just as Aaron was. In the same way, Christ did not take on himself the glory of becoming a high priest. But God said to him, "You are my Son; today I have become your Father." And he says in another place, "You are a priest forever, in the order of Melchizedek."

#### **New Testament**

#### Mark 10 v 46-52

They came to Jericho. As Jesus and his disciples, together with a large crowd, were leaving the city, a blind man, Bartimaeus (which means "son of Timaeus"), was sitting by the roadside begging. When he heard that it was Jesus of Nazareth, he began to shout, "Jesus, Son of David, have mercy on me!" Many rebuked him and told him to be quiet, but he shouted all the more, "Son of David, have mercy on me!" Jesus stopped and said, "Call him." So they called to the blind man, "Cheer up! On your feet! He's calling you." Throwing his cloak aside, he jumped to his feet and came to Jesus. "What do you want me to do for you?" Jesus asked him. The blind man said, "Rabbi, I want to see." "Go," said Jesus, "your faith has healed you." Immediately he received his sight and followed Jesus along the road.

## Pentecost 25

#### **Collect**

Almighty God, we gather in the presence of your love. We ask that you unite our work with yours, and so bring it to fulfilment. Just as a small drop of water, poured into a river, becomes one with the flowing waters, so may all we do become a part of all that you do. In Christ Jesus we pray.

#### **Old Testament**

# I Kings 17 v 8-16

The word of the Lord came to him: "Go at once to Zarephath in the region of Sidon and stay there. I have directed a widow there to supply you with food." So he went to Zarephath. When he came to the town gate, a widow was there gathering sticks. He called to her and asked, "Would you bring me

a little water in a jar so I may have a drink?" As she was going to get it, he called, "And bring me, please, a piece of bread." "As surely as the Lord your God lives," she replied, "I don't have any bread—only a handful of flour in a jar and a little olive oil in a jug. I am gathering a few sticks to take home and make a meal for myself and my son, that we may eat it—and die." Elijah said to her, "Don't be afraid. Go home and do as you have said. But first make a small loaf of bread for me from what you have and bring it to me, and then make something for yourself and your son. For this is what the Lord, the God of Israel, says: 'The jar of flour will not be used up and the jug of oil will not run dry until the day the Lord sends rain on the land." She went away and did as Elijah had told her. So there was food every day for Elijah and for the woman and her family. For the jar of flour was not used up, and the jug of oil did not run dry, in keeping with the word of the Lord spoken by Elijah.

## **Epistle**

### Hebrews 9 v 24-28

Christ did not enter a sanctuary made with human hands that was only a copy of the true one; he entered heaven itself, now to appear for us in God's presence. Nor did he enter heaven to offer himself again and again, the way the high priest enters the Most Holy Place every year with blood that is not his own. Otherwise Christ would have had to suffer many times since the creation of the world. But he has appeared once for all at the culmination of the ages to do away with sin by the sacrifice of himself. Just as people are destined to die once, and after that to face judgment, so Christ was sacrificed once to take away the sins of many; and he will appear a second time, not to bear sin, but to bring salvation to those who are waiting for him.

#### **New Testament**

## Revelation 7 v 2-4 and 9 -17

I saw another angel coming up from the east, having the seal of the living God. He called out in a loud voice to the four angels who had been given power to harm the land and the sea: "Do not harm the land or the sea or the trees until we put a seal on the foreheads of the servants of our God." Then I heard the number of those who were sealed: 144,000 from all the tribes of Israel.

After this I looked, and there before me was a great multitude that no one could count, from every nation, tribe, people and language, standing before the throne and before the Lamb. They were wearing white robes and were holding palm branches in their hands. And they cried out in a loud voice: "Salvation belongs to our God, who sits on the throne, and to the Lamb." All the angels were standing around the throne and around the elders and the four living creatures. They fell down on their faces before the throne and worshipped God, saying: "Amen! Praise and glory and wisdom and thanks and honour and power and strength be to our God for ever and ever. Amen!" Then one of the elders asked me, "These in white robes—who are they, and where did they come from?" I answered, "Sir, you know." And he said, "These are they who have come out of the great tribulation; they have washed their robes and made them white in the blood of the Lamb. Therefore, they are before the throne of God and serve him day and night in his temple; and he who sits on the throne will shelter them with his presence. Never again will they hunger; never again will they thirst. The sun will not beat down on them, nor any scorching heat. For the Lamb at the centre of the throne will be their shepherd; 'he will lead them to springs of living water. 'And God will wipe away every tear from their eyes.

# **Last Sunday after Pentecost**

## **Collect**

Merciful God, you have prepared for us such good things beyond our understanding; pour out too we ask such love towards you, that loving you above all else, we may obtain your promises, which far exceed all that we might desire, through Jesus Christ we pray. Amen.

### **Psalm**

#### Psalm 93

The Lord reigns, he is robed in majesty;

The Lord is robed in majesty and armed with strength; indeed, the world is established, firm and secure.

The Lord reigns, he is robed in majesty;

Your throne was established long ago; you are from all eternity. The seas have lifted up, Lord, the seas have lifted up their voice; the seas have lifted up their pounding waves.

The Lord reigns, he is robed in majesty;

Mightier than the thunder of the great waters, mightier than the breakers of the sea— the Lord on high is mighty.

The Lord reigns, he is robed in majesty;

Your statutes, Lord, stand firm; holiness adorns your house for endless days.

## **Old Testament**

## Deuteronomy 6 v 1-9

These are the commands, decrees and laws the Lord your God directed me to teach you to observe in the land that you are crossing the Jordan to possess, so that you, your children and their children after them may fear the Lord your God as long as you live by keeping all his decrees and commands that I give you, and so that you may enjoy long life. Hear, Israel, and be careful to obey so that it may go well with you and that you may increase greatly in a land flowing with milk and honey, just as the Lord, the God of your ancestors, promised you. Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates.

# **Epistle**

### Hebrews 7 v 23-28

Now there have been many of those priests, since death prevented them from continuing in office; but because Jesus lives forever, he has a permanent priesthood. Therefore he is able to save completely those who come to God through him, because he always lives to intercede for them.

Such a high priest truly meets our need—one who is holy, blameless, pure, set apart from sinners, exalted above the heavens. Unlike the other high priests, he does not need to offer sacrifices day after day, first for his own sins, and then for the sins of the people. He sacrificed for their sins once for all when he offered himself. For the law appoints as high priests men in all their weakness; but the oath, which came after the law, appointed the Son, who has been made perfect forever.

# Gospel

### Mark 12 v 28-34

One of the teachers of religious law was standing there listening to the debate. He realized that Jesus had answered well, so he asked, "Of all the commandments, which is the most important?" Jesus replied, "The most important commandment is this: 'Listen, O Israel! The Lord our God is the one and only Lord. And you must love the Lord your God with all your heart, all your soul, all your mind, and all your strength.' The second is equally important: 'Love your neighbour as yourself.' No other commandment is greater than these." The teacher of religious law replied, "Well said, Teacher. You have spoken the truth by saying that there is only one God and no other. And I know it is important to love him with all my heart and all my understanding and all my strength, and to love my neighbour as myself. This is more important than to offer all of the burnt offerings and sacrifices required in the law." Realizing how much the man understood, Jesus said to him, "You are not far from the Kingdom of God." And after that, no one dared to ask him any more questions.